Thoroughbred Room Nutrition Information

Grab & Go

Food Item	kCals	Fat	Pro	Carb
American Cheese	70	5g	3g	2g
English Muffin	130	1g	5g	27g
Bacon (3 slices)	135	11g	8g	0g
Biscuit	184	7g	3g	29g
Bacon Biscuit	192	13g	8g	27g
Bagel	208	1.5g	6g	41g
Bacon, Egg & Cheese Biscuit	262	18g	26g	2g
Egg	272	18g	26g	2g
Sausage Patty	338	32g	10g	1g
Chicken Biscuit	415	28g	6.5g	34g
Sausage, Egg & Cheese Biscuit	475	28g	15g	34g
Sausage Biscuit	522	39g	13g	30g

*Menu items are subject to change based on availability of ingredients.

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Thoroughbread Room Nutrition Information

Off the Grill

Food Item	kCals	Fat	Pro	Carb
Lettuce	3	0g	0g	0g
Onions	4	0g	0g	1g
Tomato	5	0g	0g	1g
American Cheese	70	5g	3g	2g
Ham	100	4g	11g	5g
Wheat Bread (1 slice)	107	2g	3g	21g
White Bread (1 slice)	112	1g	3g	22g
Wheat Hamburger Bun	122	2g	6g	23g
Grilled Chicken	122	4g	21g	0g
English Muffin	130	1g	5g	27g
Bacon (3 slices)	135	11g	8g	0g
Hamburger Bun	140	2g	5g	26g
Mozzarella Sticks	180	9g	8g	18g
Bagels	208	1.5g	6g	41g
Tater Tots	246	28g	2g	14g
Onion Rings	304	22g	3g	22g
French Fries	308	20g	3g	27g
Omelet	309	14g	21g	5g
French Toast Sticks	310	18g	5g	32g
Hamburger	351	30g	17g	1g

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Thoroughbred Room Nutrition Information

Sunset Strips

Food Item	kCals	Fat	Pro	Carb
Home Style Chicken Strips	307	11g	25g	30g
Grilled Chicken Sandwich	348	7g	27g	44g
Honey BBQ Chicken Strips	397	13g	25g	49g
Original Popcorn Chicken	425	18g	18g	48g
Buffalo Popcorn Chicken	468	31g	12g	33g
Frank's Red Hot Chicken Sandwich	543	20g	24g	64g

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Thoroughbred Room Nutrition Information

Salad Dressings

Food Item	kCals	Fat	Pro	Carb
Italian	15	1g	0g	2g
Fat Free Italian	20	0g	0g	4g
Fat Free Ranch	30	0g	0g	7g
1000 Island	96	8g	0g	6g
French	110	7g	0g	13g
Ranch	110	11g	0g	2g
Honey Mustard	133	12g	0g	5g
Poppyseed	136	10g	1g	11g
Caesar	160	17g	1g	1g
Parmesan Peppercorn	162	17g	0g	2g

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