DEPARTMENT: Community College / Center for Academic Success
COURSE PREFIX: ESS          COURSE NUMBER: 130          CREDIT HOURS: 3

I. TITLE: College Success Strategies

II. COURSE DESCRIPTION AND PREREQUISITE(S):

This course explores strategies for academic success and personal management leading to improved academic performance. The course focuses on areas in which students need assistance, awareness, and extra support. Topics discussed include college transitions; characteristics of successful college students; strategic learning; and major and career exploration. This is a first-year experience course that is required of all students admitted into the Pathways to Success (P2S) Program.

Prerequisite(s):
Admission into the Pathways to Success Program

III. COURSE OBJECTIVES:

The student will be able to
A. identify and define reasons for seeking a college education,
B. discuss and apply strategic learning skills and student success research to daily practices as a college student,
C. identify and critically evaluate information related to success in college,
D. demonstrate effective interpersonal skills in groups and connections outside of the classroom,
E. improve creative and critical thinking skills for analyzing and solving problems,
F. successfully transition into Murray State University, and
G. develop skills and attitudes that will make the student a more successful learner and college student.

IV. CONTENT OUTLINE:

A. Introductions and Course Orientation
   Self-Assessment (pre-assessment)
   Getting on Course with Your Success
B. Accepting Personal Responsibility; Resiliency
C. Discovering Self-Motivation
D. Mastering Self-Management; MAP-Works Survey
E. Employing Interdependence
F. Strategic Learning: Textbook Reading
G. Strategic Learning: Taking Notes
H. Strategic Learning: Study Strategies
I. Strategic Learning: Taking Exams
J. Gaining Self Awareness
K. Adapting Lifelong Learning
L. Developing Emotional Intelligence
M. Major and Career Exploration
N. Major and Career Exploration
O. Self-Assessment (post assessment)
   Career Success Factors Index Assessment
   Course Wrap Up

V. INSTRUCTIONAL ACTIVITIES:

A variety of instructional activities will be used including lectures, seminars, small group discussions, individual conferences and demonstrations.

VI. FIELD, CLINICAL, AND/OR LABORATORY EXPERIENCES:

None
VII. TEXT(S) AND RESOURCES:
   On Course by Downing (3rd edition)

VIII. EVALUATION AND GRADING PROCEDURES:
   Attendance & Participation
   Self-Assessments:
   - Learning Styles; MAP-Works Survey; Pre- and post – assessment; Alcohol Edu: Title IX; Career Exploration; Career Success Factors Index
   Strategic Learning Assignments:
   - Time and goal analysis; Previewing; Notetaking; Time Management; Study strategies
   Tutoring (Required visits to tutoring for academic support)

   Grading Scale
   100-90% = A
   89-80% = B
   79-70% = C
   69-60% = D
   59% and below = E (Failing grade)

IX. ATTENDANCE POLICY:
   Your attendance and participation are vital to your success in this course. If you have six or more unexcused absences, you will receive a failing grade for ESS 130. Participation will be evaluated based on your engagement in the class, substantial contributions to class discussions, evidence of having completed the readings, and positive attitude. Students are expected to adhere to the MSU Attendance Policy outlined in the current MSU Bulletin.

X. ACADEMIC HONESTY POLICY:
   Murray State University takes seriously its moral and educational obligation to maintain high standards of academic honesty and ethical behavior. Instructors are expected to evaluate students’ academic achievements accurately, as well as ascertain that work submitted by students is authentic and the result of their own efforts, and consistent with established academic standards. Students are obligated to respect and abide by the basic standards of personal and professional integrity.

   Violations of Academic Honesty include:
   - Cheating - Intentionally using or attempting to use unauthorized information such as books, notes, study aids, or other electronic, online, or digital devices in any academic exercise; as well as unauthorized communication of information by any means to or from others during any academic exercise.
   - Fabrication and Falsification - Intentional alteration or invention of any information or citation in an academic exercise. Falsification involves changing information whereas fabrication involves inventing or counterfeiting information.
   - Multiple Submission - The submission of substantial portions of the same academic work, including oral reports, for credit more than once without authorization from the instructor.
   - Plagiarism - Intentionally or knowingly representing the words, ideas, creative work, or data of someone else as one’s own in any academic exercise, without due and proper acknowledgement.

   Instructors should outline their expectations that may go beyond the scope of this policy at the beginning of each course and identify such expectations and restrictions in the course syllabus. When an instructor receives evidence, either directly or indirectly, of academic dishonesty, he or she should investigate the instance. The faculty member should then take appropriate disciplinary action.

   Disciplinary action may include, but is not limited to the following:
   1) Requiring the student(s) to repeat the exercise or do additional related exercise(s).
   2) Lowering the grade or failing the student(s) on the particular exercise(s) involved.
   3) Lowering the grade or failing the student(s) in the course.

   If the disciplinary action results in the awarding of a grade of E in the course, the student(s) may not drop the course.
NOTE: This is a sample syllabus. Content, assignments, and evaluation may change.
Faculty reserve the right to invalidate any exercise or other evaluative measures if substantial evidence exists that the integrity of the exercise has been compromised. Faculty also reserve the right to document in the course syllabi further academic honesty policy elements related to the individual disciplines.

A student may appeal the decision of the faculty member with the department chair in writing within five working days. Note: If, at any point in this process, the student alleges that actions have taken place that may be in violation of the Murray State University Non-Discrimination Statement, this process must be suspended and the matter be directed to the Office of Institutional Diversity, Equity and Access. Any appeal will be forwarded to the appropriate university committee as determined by the Provost.

XI. NON-DISCRIMINATION POLICY AND STUDENTS WITH DISABILITIES:

Policy Statement
Murray State University endorses the intent of all federal and state laws created to prohibit discrimination. Murray State University does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, veteran status, or disability in employment, admissions, or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities equal access to participate in all programs and activities.

In addition, Murray State University does not discriminate on the basis of sex in its educational programs and activities and is required by Title IX and 34 CFR part 106 not to discriminate in such a manner. The prohibition against sex discrimination specifically includes a prohibition of sexual harassment and sexual violence. This non-discrimination in education programs and activities extends to employment and admissions and to recruitment, financial aid, academic programs, student services, athletics, and housing.

For more information, contact the Title IX Coordinator and Executive Director of Institutional Diversity, Equity and Access, 103 Wells Hall, (270) 809-3155 (voice), (270) 809-3361 (TDD).

Students with Disabilities
Students requiring special assistance due to a disability should visit the Office of Student Disability Services immediately for assistance with accommodations. For more information, students should contact the Office of Student Disability Services, 423 Wells Hall, Murray, KY 42071. 270-809-2018 (voice) 270-809-5889 (TDD).