Racer Wellness Savings Plan

The Racer Wellness Savings Plan allows employees the opportunity to receive $15 off of their monthly premiums by completing three preventative screenings of their choice.

How do I qualify for the Racer Wellness Savings Plan?
1. The Racer Wellness Savings Plan will be available to full-time regular employees who opt to receive healthcare coverage from Murray State University. Any employee enrolled in health insurance through Affordable Care Act eligibility, and not full-time employment eligibility, will not be eligible for the Racer Wellness Savings Plan.

What are my screening options to qualify?
2. Employees must choose three different preventative screenings to complete that are recommended for your age range:
   a. Annual Women’s Examination (including Pap Smear)
   b. Colonoscopy
   c. Dental Examination
   d. Mammogram
   e. Physical (must include a lipid panel)
   f. Prostate Preventive Examination
   g. Type 2 Diabetes Screening (HGB AIC)
   h. Vision Screening
   i. Dermatology Skin Screening
   j. Bone Density
3. Complete and have the attending medical professional sign a form for EACH preventative screening you complete (i.e., three forms should be turned in to complete the process). Forms will be available on the HR website or by visiting the HR office. Forms can be returned in person, mail, or fax. Address: Human Resources Office, 412 Sparks Hall, Murray KY 42071. Fax: 270.809.3464.

How will I receive payment?
4. Any employee that is not on a 12 month payment schedule (i.e., 10, 20, 26) will have their savings distributed evenly over their paychecks.
5. To participate in the Racer Wellness Savings Plan:
   k. Must select option during Open Enrollment
   l. By doing so, the employee is agreeing to the conditions provided in order to receive the premium savings.
6. The $15 premium savings will be applied with the first paycheck in January 2017.
7. Forms must be complete and turned into Human Resources on or before September 1, 2017 in order to continue receiving the $15 savings for 2018.
8. Employees will have 12 months prior to the September 1st deadline to complete preventative examinations each year.

How will the Savings Plan appear on my paycheck?
9. The Savings Plan will be lumped in to your health insurance premium. For example, if you are a bi-weekly employee then your health insurance premium deduction will be $7.50 less per paycheck.