Murray State University
Major: Recreation & Leisure Services
Concentration: Outdoor Recreation

Suggested Courses for the First Semester:

All New Freshman Must Take:

→ Developmental courses required by the University

→ REC 099 (1 Credit Hour)  Freshman Orientation
→ ENG 105 [or ENG 104] (4)  English
→ REC 101 (3)  Introduction to Recreation & Leisure Services
→ REC 150 (1)  Seminar in Recreational Activities

Additional Suggested Courses:

→ HEA 191 (3)  Personal Health
→ COM 161 [or HON 165] (3)  Introduction to Public Speaking
→ PSY 180 (3)  General Psychology
→ Science Course w/ Lab (4-5)  See University Studies Requirements
→ MAT 117 or Higher (3-5)  Mathematical Concepts
→ University Studies Elective (3)  See University Studies Requirements
→ Minor Course  Meet with a minor advisor
→ REC Elective  REC 102 (3), 129 (1), 162 (1), 163 (1) or 164 (1)

*At least a C average is required in ENG 105 [ENG 104].

For Additional Information Please Contact:

Dr. Kelly Rogers, Ph. D.
Coordinator, Service-Learning & Civic Engagement
Associate Professor & Program Director
Recreation and Leisure Services (RLS)
Department of Wellness and Therapeutic Sciences
College of Health Sciences and Human Services
Murray State University
Murray, Kentucky 42071
Ph. (270) 809-3144
Fax (270) 809-6803
Email: kelly.rogers@murraystate.edu