

**Joseph A. DeBella, Ph.D.**  
**Associate Professor**  
**Health & Physical Education Programs**  
**Department of Adolescent, Career and Special Education**  
**College of Education and Human Services**  
**Murray State University**  
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**EDUCATION:**

1989	Ph.D.	Physical Education, Texas A&M University, College Station, TX
1981	M.Ed.	Physical Education, Norwich University, Northfield, VT
1969	B.S.	Physical Education, Northeastern University, Boston, MA

**Professional Experience - Collegiate Level:**

8/08-present    **Associate Professor**, Department of Adolescent, Career and Special Education, Murray State University, Murray, KY;  
**Assistant Professor** (8/02 - 7/08)  
**Co-coordinator**, Health & Physical Education Programs (8/07- 9/12)

- College of Education – taught graduate and undergraduate HPE courses, education foundation course, elementary education course; carried out administrative/teaching/advising duties
- College of Health Sciences & Human Services – taught recreation courses
- MSU Community College – taught developmental math courses
- Bachelor of Integrated Studies – advised senior projects

1997 - 1998    **Chair, Associate Professor**, Health & Physical Education Department, College of Education, Eastern New Mexico University, Portales, NM

1994 – 1997    **Coordinator, Associate Professor**, Physical Education Department, Salt Lake Community College, Salt Lake City, UT

1993 - 1994    **Assistant Professor**, Physical Education Department, **Athletic Director**, Sue Bennett College, London, KY

1989 - 1993    **Vice President for Student Affairs, Assistant Professor**, Physical Education Department, **Athletic Director**, Oklahoma Panhandle State University, Goodwell, OK

1985 - 1988    **Assistant Professor**, Health & Physical Education Department, *Sports Science Majors* Director, *Fitness for Life* Director, *Loras Life after 55* Director, Loras College, Dubuque, IA

1984 – 1985 **Chair, Assistant Professor**, Physical Education Department, Jamestown College, Jamestown, ND

1981 – 1984 **Lecturer**, Health & Physical Education Department, Texas A&M University, College Station, TX

### **Courses Taught at Murray State University**

<b>Course #</b>	<b>Title</b>	<b>Credit Hours</b>
<b><u>Graduate Courses</u></b>		
PHE 605	Curriculum in Health & Physical Education	3
PHE 615	Model Physical Education Programs	3
PHE 680	Independent Study in Health & Physical Education	1-3
<b><u>Undergraduate Courses</u></b>		
BIS 437	Bachelor of Integrated Study Senior Project	6
EDU 403	Structures and Foundation of Education	2
ELE 311	Health, Wellness, and Movement	3
HEA 470	Education for Drug Abuse Prevention	3
HPE 099	Freshmen Orientation	1
HPE 175	Foundations of Health & Physical Education	3
HPE 409	Evaluation & Assessment in Health & Physical Education	3
HPE 450	Teaching Strategies in Health Education	3
HPE 459/PHE 459	Teaching Adolescent Physical Education	3
HPE 480	Special Problems in Health & Physical Education	1-3
MAT 100	Developmental Math	3
PHE 205	Lifetime Activities	3
PHE 206	Team Sports	3
PHE 306	Dance & Gymnastics	3
PHE 310	Fundamentals of Athletic Coaching	2
PHE 314	Coaching Basketball I	2
PHE 375	Movement Analysis for Physical Educators	4
PHE 400	Teaching Physical Education in the Elementary Schools	3
PHE 403	Adapted Physical Education	3
REC 108	Golf	1
REC 126	Social Dance	1
REC 134	Weight Training	1

#### **Other higher education courses previously taught:**

Anatomy	PE Internship	Test & Measurement
Exercise Physiology	Psychology of Sport	
Facilities Design & Management	Sociology of Sport	
Foundations of Kinesiology	Sports Marketing	
Organ. & Admin. of H&PE	Statistics	

#### **Other activity courses previously taught:**

Aerobics	Non-contact Boxing
Anaerobics	Racquetball
Football Theory	Wrestling
Handball	

### **Publications/Intellectual Contributions:**

DeBella, J. (2012). *Fundamentals of golf*. DVD vol. 2. Murray, KY: T.A. Enterprises.

DeBella, J. (2012). *Fundamentals of golf*. DVD vol. 1. Murray, KY: T.A. Enterprises.

### **Presentations:**

*Merging math and physical education*. Kentucky Association of Health, Physical Education, Recreation and Dance (KAHPERD) Convention. Lexington, KY. Nov 16, 2015.

*The Nightmare: hidden issues of eating disorders and bipolar disorder*. Teacher Quality Institute College and Career Readiness Summit. Murray State University, Murray, KY. Jun 16, 2015.

*How to improve your golf game on the range*. Southern District Association of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Convention. Lexington, KY. Feb 20, 2014.

*Circuit training model for pe activity skills*. Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD) Convention. Lexington, KY. Nov 4, 2011.

### **Certification/Licensures:**

- Administrative License (NM)
- Teaching License – health, physical education, K-12; social studies, 7-12 (NM)
- Coaching License (NM)
- Sports Safety Course Certification (KY)
- Coaching Rules Clinic Certification (KY)

### **Professional Affiliations:**

- Applied Research in Coaching and Athletics Annual (ARCAA) – review board
- Applied Recreational Research & Programming Annual (ARRPA) – review board
- Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD) - member
- Kentucky High School Coaches Association (KHSCA) - member

**Professional Development:**

- Kentucky High School Athletic Association (KHSAA)/Kentucky Medical Association (KMA), *Sports Safety Course and Medical Symposium*, online training modules, completed July 4, 2015.
- Kentucky High School Athletic Association (KHSAA), *Rules clinic*, online training modules, completed September 1, 2015.
- Murray State University Title IX Coordinator, *Harassment prevention training for faculty*, online training modules, September, 2015.
- Murray State University, *Academic Advisor Training*, Fall, 2015.
- Gmelich, W. *Blending/Merging Academic units: a dozen lessons learned and why changing efforts fail*. COEHS, August 13, 2014.
- Kentucky Educational Television (KET), *Promoting positive behavior in schools II*, PBS TeacherLine K-12 Self-Paced Modules (2 hours of PD credit), completed June 23, 2014.
- Murray State University Women's Center. National Eating Disorders Awareness Week. *Eating Disorder Panel Discussion*, Murray, KY. February 27, 2014.

**University Service - Committees:**

- University Academic Budget Task Force – member (spring 2016)
- Faculty Senate President – (May 2015-present)
- Faculty Senate Representative – Department of Adolescent, Career & Special Education (ACS) (fall 2013-present)
- Faculty Senate Executive Committee – member (fall 2013-spring 2015; chair- fall 2015-present)
- Strategic Planning Executive Committee - Ex-officio member (fall 2015-present)
- Health & Wellness Task Force – member (fall 2015-present)
- Faculty/Staff Leadership Council – member (fall 2015-present)
  
- **College of Education and Human Services**
  - Dean's Program Prioritization Subcommittee - member (spring 2016)
  - Tenure Committee – member (2011-present)
  - Ad Hoc Handbook Committee – member (fall 2015-present)
  
- **Department**
  - ACS Tenure Committee – member (2010-present)
  
- **Other**
  - HPE Program Advisory Council – member (2002-present)

### **University Service – Other:**

- Fitness Consultant, MSU and Murray, KY: Give advice concerning health-related fitness, wellness and conditioning to various MSU faculty, staff, and students and members of the Murray community January, 2015 to present.
- Guest instructor, PHE 205 *Lifetime Activities*: taught several folk dances February 5, 2015 and February 19, 2014.
- Guest speaker. COEHS SED 300-01 *Educating Students with Disabilities*. The role of physical education for students with disabilities. October 16, 2014.
- Guest speaker. COEHS REC 306 *Leisure and Aging*. Adapting dance to diverse populations. October 21, 2014.
- Guest speaker. COEHS SED 300-02 *Educating Students with Disabilities*. The role of physical education for students with disabilities. Fall, 2014.
- Guest speaker, Springer College, MSU: presented proper weight training, conditioning, and fitness techniques March 6, 2014.
- *Handling of inclement weather advisory*, MSU Provost Ad Hoc Committee member February, 2014.

### **Community Service:**

- Golf instructor: *Basic Swing Mechanics and Weight Training for Golfers*. Yarbrough High School Golf Team. Goodwell, OK. Mar 21-23, 2016.
- Football Coach, Murray High School, Murray, KY: developed weight training and conditioning program Jan-Apr 2016
- Baseball instructor: gave lessons to Murray Middle School student in preparation for baseball tryouts Jan-Feb, 2016
- Dance instructor: gave dance lessons to Marshall County, KY residents Feb-Mar 2016
- Volunteer football coach, Murray High School, Murray, KY: Assisted with weight training and conditioning, kicking game and offensive play January-July 2015.
- Dance instructor: gave dance lessons to Murray, KY community April, 2015

- Golf instructor: gave golf lessons to Paris, TN community resident May-July, 2015.
- Wrestling instructor: gave wrestling lessons to Calloway County high school student May-July, 2015
- Tutored student in math May-June 2015
- Assisted Murray Middle School student with basketball skills before tryouts. August 30, 2014.
- *Mock Senior Interviews*, Murray High School, Murray, KY: Interviewed students who were interested in a career in teaching physical education/coaching November 25, 2014.
- Volunteer football coach, Murray High School, Murray, KY: Assist with weight training and conditioning, kicking game and offensive play January-July 2014.
- Dance lessons for MSU faculty and Murray community members January-March 2014.
- Assisted Murray Middle School student with basketball skills before tryouts. August 30, 2014.
- Golf instructor: gave golf lessons to Calloway County community residents June-July, 2014.

### **Honors and Awards:**

*Fabulous Faculty Award*, Murray State University Student Support Services 2011

*Board of Regents' Awards for Teaching Excellence*, Murray State University Department of Adolescent, Career and Special Education nominee 2005

Teaching Scholars Institute, Murray State University *Teaching Scholar* representative 2005

National Residence Hall Honorary *Angel Award* nominee, Murray State University 2003

National Honor Society Member's *Excellence in Teaching* recipient, Portales High School, Portales, NM 1999