

# ESTHER N.K. MALM, PhD

## ***Assistant Professor***

Department of Psychology  
emalm@murraystate.edu

Murray State University, Murray, Kentucky, USA

### ACADEMIC POSITIONS

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2017 -Present Assistant Professor in Psychology  
**Murray State University, Murray, Kentucky, USA**

2014-2017 Postdoctoral Teaching and Research Associate  
**Georgia State University, Atlanta, Georgia, USA**

### EDUCATION

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2016 **Post Graduate Diploma In Marriage and Family Therapy**  
The Link Counseling Centre & Marriage and Family Therapy Institute, *Sandy Springs, Atlanta, GA, USA*

2014 **PhD, Developmental Psychology**  
Georgia State University, *Atlanta, Georgia, USA*  
Dissertation: *The Association of Parent Factors with Bullying, Victimization and Bystander Behaviors.*

2014 **Graduate Certificate in Public Health**  
Georgia State University, *Atlanta, Georgia, USA*

2014 **Certificate of Excellence in College Teaching**  
Georgia State University, *Atlanta, Georgia, USA*

2008 **MPhil, Clinical Psychology**  
University of Ghana, *Legon, Ghana*  
Thesis: *Family Structure and the Onset of Sexual Activity in Adolescent Girls -A Study in Accra, Ghana.*

2004 **BSc, Psychology**  
Minor: Zoology  
University of Ghana, *Legon, Ghana*  
Thesis: *The Psychological Impact of HIV/AIDS Testing on Persons Awaiting Results.*

### TEACHING EXPERIENCE

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**Murray State University, Murray, Kentucky, USA**

2017 – Present ***Undergraduate Courses (number of semesters so far)***

- General Psychology (6 semesters),
- Introduction to Writing in the Psychological Sciences (2 semesters)
- Lifespan Development (2 semesters)
- Cross-cultural Psychology (2 Semesters)
- Directed Independent studies (6 semesters; graduate and undergraduate)

***Graduate Courses (number of semesters so far)***

- Graduate Thesis (4 semesters)
- Graduate Developmental Bases of Behavior (2 semesters)
- Multicultural Competency (Workshop)

**Georgia State University, Atlanta, Georgia, USA**2016- 2017 **Course Coordinator:** Cross-Cultural Psychology2014 – 2017 **Instructor:** Introduction to Psychology of Adjustment, Cross-Cultural Psychology, Abnormal Child Psychology, Lifespan Development2011-2013 **Graduate Student Instructor:** Lifespan Development, Developmental Psychology**Ashesi University, Accra, Ghana**2008-2009 **Co-Instructor:** Organizational Behavior, Negotiations and Conflict Resolution**University Of Ghana, Legon, Ghana**2006-2007 **Graduate Student Instructor:** Developmental Psychology, Everyday Living, Abnormal Psychology, Clinical Psychology**Advanced Training in College Teaching****Georgia State University Center for Instructional Effectiveness**

2015-2016 Training in Online teaching

2014-Present Ongoing peer sessions with Center for Instructional Innovation

2011 -2013 Graduate Instructor Training in classroom effectiveness

2010 Graduate Student Instructor Training

**STATISTICAL SOFTWARE & RESEARCH PROGRAMS**

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MPlus, SPSS, SAS, Excel, Qualtrics

**RESEARCH INTERESTS**

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- Transactional associations between family factors and child/Adolescent development
- Parenting, Parent protective and risk factors and child/adolescents behaviors
- Adolescent problem behaviors including bullying, peer victimization, bystander behaviors, delinquency high risk sexual activity
- Parent and Child mental health on family outcomes
- Cross-cultural research in the family context and child outcomes

**RESEARCH EXPERIENCE**

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2017- Present **Faculty Mentor:** Multiple Undergraduate and graduate Directed independent Research and Thesis (Family and Culture Lab).2017- Present **Co-Researcher on Multiple Projects,** Murray State University:

- Evaluation Research -Engineering Physics Program at Murray State University
- Parental Involvement and Student engagement Project with collaborators at Georgia State University.
- Marital Conflict and Intimate Relationships among Ghanaian population worldwide.
- Marital Conflict and Training Needs of Ghanaian counselors/Psychotherapists/Psychologists (with Collaborators in USA and Ghana)
- Multiple and ongoing student-led studies.

- 2015-2017 **Co-Researcher:** Comprehensive School Safety Grant for Atlanta Public schools (National Institute of Justice; West Ed and Georgia State University and Atlanta Public Schools). Team of GSU researchers are responsible for survey design, data collection, analyses and preparation of White papers, publications
- 2014-2017 **Researcher:** Data analyses of Parent factors associated with Bullying, Peer Victimization and Bystander behaviors; Ongoing data collection, evaluation, analyses and publication of longitudinal data on outcomes of after-school programs in Kansas City, Mo.
- 2012-2013 **Graduate Research Assistant:** The Bully Project (Center for Research on School Safety, School Climate and Classroom Management; GSU; PIs: Kris Varjas, Joel Meyers & C. Henrich). Analyzed longitudinal data related to parent factors and bullying, peer victimization and bystander behaviors in children; conducted a cross-sectional research on parent's knowledge and readiness to handle bullying behaviors; Created a corresponding parent Needs Assessment for parents in the elementary school (data collection site); Managed data entry, analyses, reports and presentations
- 2009-2013 **Graduate Research Assistant:** After-School Evaluation Research, Kansas City Missouri (PI: Christopher Henrich). Participated as a graduate research assistant in the running of a 5-year annual evaluation of Kansas City/LINC After-School Programs; Scheduled data collection and collected data in Kansas City, Missouri; Assisted in developing a coding system for qualitative focus group data; Cleaned, analyzed and reported data findings
- 2009-2013 **Graduate Research Assistant:** Korean Youth & Family Project (Culture, Ecological Context, and Youth Development Laboratory, Department of Psychology, GSU). Co-assisted the principal investigator on the Korean Youth & Family Project; Coordinated lab activities and duties; supervised undergraduate research assistants; Assisted in recruitment and training of new lab assistants; Collected, cleaned, analyzed and reported data findings
- 2008 **Project coordinator:** University of Ghana; PI: Angela Ofori-Atta). Standardization of Wide Range Achievement Test (version 4). Data collection from designated Junior and Senior High Schools in Ghana; Supervised junior interns during data collection
- 2007-2009 **Country Project Research Assistant:** Mental Health and Poverty Prevention Project (MHAPP\_ World Health Organization). Collected data that was used to lobby for Mental Health and Tobacco related policy changes in Ghana's parliament; prepared manuscripts and policy briefs; launched the Assessment report of the State of Mental Health and Poverty in Ghana
- 2007-2008 **Graduate Research Assistant:** Research projects included parenting styles in Ghana; Women's perception of men as leaders and household heads; Perceptions of suicide in Ghana

## PUBLICATIONS

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- Malm, E. K., & Henrich, C.** (2019). Longitudinal Relationships between Parent Factors, Children's Bullying and Victimization behaviors. *Child Psychiatry and Human Development, 1-14*.
- Oti-Boadi, M., Asante, K. O., & **Malm, E. K.** (2019). The Experiences of Ageing Parents of Young Adults with Autism Spectrum Disorders (ASD). *Journal of Adult Development, 1-12*.
- Malm, E.,** Hufstetler, S., Dietz, S., Malikina, M. V., & Henrich, C. (2017). Associations of parent and staff factors with parent engagement in after-school programs. *Journal of Community Psychology, 45(4), 473-485*.
- Malm, E.,** Henrich, C., Varjas, K & Meyers, J. (2016). Parental self-efficacy and bullying in elementary school. *Journal of School Violence, 16, 411-425*.

Barrett, A.N., Barile, J, **Malm, E.**, & Weaver, S.R. (2012). English Proficiency and Racial Harmony as predictors of Motivation and Math Achievement. *Journal of Adolescence*, 35(6), 1619-1628.

Manuscripts under Review (\* denotes student led research)

Weinstein, A., **Malm, E.**, Hufstetler, S., Varjas, K., & Meyers, J., & Henrich, C. (2018, Nov). The effects of peer victimization: coping and self-efficacy as protective factors. *Merrill-Palmer Quarterly*.

Langley, N., **Malm, E.**, Evans, C., Reed, M., & Henrich, C (2018, Sept). Student Engagement and its Associations with Parental Depression, Parental Involvement, and Academic Achievement. *Journal of Family Issues*.

\*Dodd, E., & **Malm, E.** The Santa Effect: Examining the Effects of Beliefs in Childhood Fantasy Characters. *Developmental Science*.

Manuscripts In Progress (\* denotes student led research)

\*Cole, S., & **Malm, E.** Parental Work Flexibility & Adolescent Delinquency.

\*Dodd, E., & **Malm, E.** Effects of Parenting by Lying in Childhood on Adult Functioning and Relationships.

\*Gonzalez, C., & **Malm, E.** Aggravation in Parenting as a Moderator of Maternal Involvement and Child Social Skills.

\*Joachim, K., **Malm, E.**, & McCue, T. Chronicity of Early Childhood Stressors on Teen Personality.

**Malm, E.**, & Odei, J. Family Structure and the Onset of Sexual Activity in Adolescent Girls –A Study in Accra, Ghana.

**Malm, E** & Hackathorn, J. The Experience of Sexual Guilt: The Role of Parenting, Attachment, and Sociosexuality

PRESENTATIONS (conferences including poster presentations; \* denotes student led research)

\*dePrado, C., & **Malm, E.** (2018, Nov). *Head Start and Externalizing/Internalizing Behaviors*. Poster presentation at Fall Scholars Week, Psychology: Projects in Progress. Murray State University.

\*Joachim, K., & **Malm, E.** (2018, Nov). *Early Childhood Stressors and Negative Personality Behaviors*. Poster presentation at Fall Scholars Week, Psychology: Projects in Progress. Murray State University.

\*Brice, O., & **Malm, E.** (2018, Nov). *College Concerns & Coping*. Poster presentation at Spring Scholars Week, Psychology: Completed Projects. Murray State University.

\*Cole, S., & **Malm, E.** (2018, Nov). *Parental Work Flexibility & Adolescent Delinquency*. Poster presentation at Spring Scholars Week, Psychology: Completed Projects. Murray State University.

\*Gonzalez, C., & **Malm, E.** (2018, Nov). *Parenting During Childhood on Adolescent Social Engagement*. Poster presentation at Spring Scholars Week, Psychology: Completed Projects. Murray State University.

\*Cole, S., & **Malm, E.** (2018, May). *Parental Incarceration & Child Delinquency, What Helps?* Poster Presentation at ResilienceCon 2018, Nashville, TN. USA

\*Brice, O. & **Malm, E.** (2018, April). *High School Discrimination and College Stress and Anxiety*. Poster presentation at Spring Scholars Week, Psychology: Completed Projects. Murray State University.

\*Hollingsworth, B., & **Malm, E.** (2018, April). The Effects of Parental Relationships and Psychological Wellbeing on Childhood Depression. Poster presentation at Spring Scholars Week, Psychology: Completed Projects. Murray State University.

\*Rao, S., \*Hodges, J., \*Cushman, G & **Malm, E.** (2018, April). Projects in Progress. Murray State University. Say What? Strategies for Accent Comprehension. Poster presentation at Spring Scholars Week, Psychology: Projects in Progress. Murray State University.

Oti-Boadi, M., & **Malm, E.** (2017). *What does the future hold: Experiences of Ageing caregivers with Adult children with intellectual disabilities*. Poster Presentation at First Annual International Research Conference on Ageing, University of Ghana, Legon, Accra.

\*Velez, A., & **Malm, E.** (2017). Factors that Influence Changes in A Child's Response to IPV. Abstract

Presentation at Fall Scholars Week, Psychology: Projects in Progress. Murray State University.

- \*Hollingsworth, B., & **Malm, E.** (2017). Parental Relationships, Mental Health History, and Involvement on Childhood Wellbeing. Abstract presentation at Fall Scholars Week, Psychology: Projects in Progress. Murray State University.
- \*Cole, S., & **Malm, E.** (2017). The Effects of Parental Incarceration on Childhood Well-being and Delinquency. Abstract presentation at Fall Scholars Week, Psychology: Projects in Progress. Murray State University.
- \*Gonzalez, C., & **Malm, E.** (2017). Parental Responsiveness Impact on Social Skills Development Among Children of Alcohol-Using Single-Parent Mothers. Abstract presentation at Fall Scholars Week, Psychology: Projects in Progress. Murray State University.
- Malm, E.,** & Kuperminc, G., & Henrich, C. (2017). *Peer victimization and Community violence Effects on Post-Traumatic Stress in children.* Oral presentation at ResilienceCon, Nashville, TN, USA
- Weinstein, A., **Malm, E.** Hufstetler, S., Henrich, C., Varjas, K., & Meyers, J. (2013). *Victimization, Coping and Self-efficacy interventions and School problems in elementary Schools.* Poster presentation at Society of Research in Child Development (SRCD), Seattle, WA.
- Malm, E.** (2012). *Family Structure and the Onset of Sexual Activity in Adolescent Girls -A Study in Accra, Ghana.* Poster presentation at Society of Research in Adolescence (SRA), Vancouver, Canada.
- Barclay, C. M. & **Malm, E.** (2011). *Relationships between Language Brokering, Scholastic Competence and School Grades among Korean American Adolescents.* Poster presentation, Undergraduate Research conference, Kennesaw, GA.

### **Workshops, Panels and Invited Presentations**

- Malm, E** (2019, April) Panel Host, Improving Professional Responses to Client/Patient's Adversities. ResilienceCon 2019, Nashville, TN, USA
- Malm, E** (2018, September). *Counseling the culturally different.* Half-day workshop presented for the Mental Health Practice in Rural/Underserved Setting: Strategies for the Generalist Practitioner Continuing Education Conference. Murray, KY.
- Malm, E** (2018, March). *Mental Health Care among Multicultural Students.* Presentation to Murray State University Multicultural students, Office of Multicultural Affairs, Murray, KY.
- Malm, E.** (2016). *Parental Self-Efficacy and Bullying in Elementary School.* Guest Lecture, Reinhardt College, Georgia.
- Malm, E.** (2015 & 2013). The Association of Parent Factors With Bullying and Peer Victimization Behaviors in Children. Guest Lectures in Georgia College and State University, and Reinhardt College, Georgia.
- Malm, E.** (2014). Parents, children's engagement in bullying and peer victimization. Guest Lecture with family therapists at the Link Counseling Center, Atlanta, Georgia at Georgia
- Malm, E.** (June 2009). Health of mind, basic preventive measures and healthy lifestyle practices. Synod, Anglican Diocese of Accra, Ghana
- Malm, E.** (December, 2008). *Supportive Therapy.* Psychiatric rotation for Registered Nurses And Midwifery students. Accra
- Malm, E.** (October, 2008). *Self-Esteem.* Two day end of year review and strategic planning on HIV-AIDS programs. Opportunities Industrialization Centers International, Accra- Ghana.
- Malm, E.** (September, 2008). *Updates on Adolescent Sexuality and Relationships.* Three day Refresher course in counseling adolescents toward behavior change. Adolescent Development Program- Ghana Health Service.
- Malm, E.** (September, 2008). *Peer Education.* Three day refresher course in counseling Adolescents toward behavior change. Adolescent Development Program; Ghana Health Service.
- Malm, E., & Sefa-Dedeh, A.** (February, 2008). *Behavior modification techniques for parents with Mentally handicapped children.* New Horizon Special School, Accra, Ghana.
- Malm, E.** (April, 2008). *Understanding and enjoying ones unique personality.* Confidence Group, Ghana
- Malm, E.** (January & March, 2008). *Skills in Counseling.* Accra Psychiatric Hospital Nurses Association.
- Malm, E.** (January, 2007). *Skills in Peer Counseling.* Kwagyie Counseling Center.

**Sefa-Dedeh, A., & Malm, E.** (September, 2008). *Adolescent Mental Health and Substance abuse*. Three day refresher course in counseling adolescents toward behavior change. Adolescent Development Training programme - Ghana Health Service.

## EDITORIAL SERVICE

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Occasional reviewer for: Journal of Early Adolescence, Child Development, Journal of School Violence, Journal of Family Psychology; APA division 15 (Educational Psychology); American Association of Marriage and Family Therapy; Grant Review for Society of Community Research and Action; Society for Research in Child Development (SRCD), Scholarship of Teaching and Learning in Psychology, Child Psychiatry and Human Development.

## GRANT WRITING & DATABASE ACCESS

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2016 - Present Fragile Families and Child Wellbeing Longitudinal Study  
 2013 & 2016 National Institute of Child and Human Development Study of Early Child Care and Youth Development (NICHD\_SECCYD)  
 2011 **Parental Factors in Youth Bullying and Victimization**; Emory Center of Injury Control; Faculty Pilot Grant Program (Role: Co-Investigator).  
 Served as a counselor for emotional and psychological problems of students.

## CLINICAL EXPERIENCE

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2017 - Current Licensed Marriage And Family Therapist (State: Georgia; MFT001559; Kentucky 245914)  
 2013- 2016 **Marriage and Family Therapy Resident**  
**The Link Counseling Centre & Marriage and Family Therapy Institute, Sandy Springs, Atlanta**  
 Provide therapy for individuals, couples and families guided by the family systems perspective.  
 2008 -2009 **College Counselor**  
**Ashesi University, Accra, Ghana**  
 2007-2009 Clinical Psychologist Intern, Accra Psychiatric Hospital and Pantang Hospital, Accra  
 2007 – 2009 **Practicum Clinical Psychologist Intern**  
**Accra Psychiatric Hospital, Accra, Ghana**  
 2006 -2007 **Pantang Psychiatric Hospital, Accra, Ghana**  
 Conducted assessment, therapy and counseling sessions for teenagers, adults and families with different levels of substance addictions and disorders; Assessed children with various forms of mental disorders and make recommendation for therapy and school placements; Offered psycho-education on varied disorders; Supervised interns in daily work at the psychology unit of the hospital.

## ACADEMIC/UNIVERSITY SERVICE

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### Murray State University

2017- Present Study Abroad Co-Ambassador  
 Scholarship & Student Awards Committee  
 Brummer Colloquium series committee  
 Program Evaluation -Engineering Physics Program, Institute of Engineering, MSU  
 Leadership Team: Murray Women's Society  
 Academic Appeals and Grievances Committee

### Georgia State University

2017 Departmental Staff Search Committee  
 2012-2015 **Judge, Psychology Undergraduate Research Conference (PURC)**

Evaluated undergraduate research posters

2012-2013

**Communications Chair, Graduate Student Association of Student Psychologists (GASP)**

Secretary to the GASP Board on meetings within and with the department; Relayed information to all graduate students; Co-organized town hall meetings

2010-2012

**Developmental Psychology Program Representative**

Paired incoming students with graduate students for mentorship (Big Sib program); Supervised the Big Sib program; Liaison between students in the Developmental program and the GASP Board; Coordinated annual welcome party for first year students, and other events through my tenure

2009-2011

**Volunteer International Student Assistant (V.I.S.A Leader)**

Welcomed GSU international students and assisted in orientation programs for three semesters; Provided information for housing, campus tours for new international students; Provided guidance during course registration

**PROFESSIONAL INVOLVEMENT**

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American Psychological Association (APA).

Division 7: *Developmental Psychology*

Division 15: *Educational Psychology*

Midwestern Psychological Association (MPA)

American Association of Marriage and Family Therapists (AAMFT)

Georgia American Association of Marriage and Family Therapists (GAMFT)

The International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)

ResilienceCon: Life Paths Research Centre

Last updated: August, 2019