

# Chrissy Shelton, MA

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- Education:**
- Spalding University** (Louisville, KY)  
**Doctoral Candidate in Clinical Psychology-(ABD)**  
Department of Psychology  
Attendance Dates: August 2005-August 2009
- Murray State University** (Murray, KY)  
**Master of Arts in Clinical Psychology**  
Department of Psychology  
Attendance Dates: August 2003 – May 2005
- Murray State University** (Murray, KY)  
**Bachelor of Arts in Psychology**  
Department of Psychology  
Attendance Dates: August 1999 – May 2002

## Work Experience:

**Community Living in Kentucky (CLiK)** (Paducah, KY)  
**Position:** *Positive Behavior Support Specialist (PBSS)* 11/2015-present  
**Supervisor(s):** Alessa Brennan, BCBA, Laura Liljequist, Ph.D  
**Responsibilities:** Provide behavior supports to individuals with Developmental and Intellectual Disabilities by taking a person centered and community-based approach. Additional tasks include providing training to team members on implementing the Positive Behavior Support Plan (PBSP) and intervention training. Also serve on an area Behavior Intervention Committee (BIC) with a multi-disciplinary team reviewing various PBSP's from the region.

**Southern Illinois University Counseling and Psychological Services** (Carbondale, IL)  
**Position:** *Staff Counselor* 08/2009-09/2015  
**Supervisor(s):** Abigail Bilderback, Ph.D, Holly Cormier, Ph.D, Rosemary Simmons, Ph.D  
**Responsibilities:** Provided individual, crisis, and group psychotherapy to university students. Provided individual and group supervision to 3<sup>rd</sup> year graduate students under the supervision of a Licensed Psychologist. Provide services and consultation based on campus needs. Additional tasks included but not limited.

- Coordinated the *Dialectical and Behavior Therapy* treatment team and area of concentration for predoctoral interns.
- Specialize in working with survivors of complex trauma and provided supervision and trainings in this area
- *Coordinator of Care* through recent integration with the University Student Health Center. Managed administrative responsibilities through transitioning and served on a task force through the integration process. Coordinated providing a crisis counselor in

the medical clinic during hours of operation. Oversaw all clinical contacts via consultation and note review.

- Served as a liaison for the campus wide program *Saluki Cares*. This was a service that provided services to students identified as in need of support or assistance.
- Co-led the group supervision for interns and graduate students specializing in the *Alcohol and Other Drug (AOD)* area of concentration. This group primarily worked with college students that had received university disciplinary actions based on his/her alcohol or drug use and were mandated for assessment and treatment.
- Served on various treatment teams and task force including the *Sexual Assault Response Team, Campus Violence Response Team, LGBT task force for health services, and Transitioning Students Treatment Support Team*.
- Co-developed an abbreviated DBT group for higher functioning clients and implemented this group to appropriate referrals.
- Member of the agency Training Team for interns and practicum students.
- Participated each year on the Intern Selection Committee.
- Participated and/or chaired on numerous staff search committees.

## **Practicum and Internship Experience:**

### **Southern Illinois University-Carbondale-Counseling Center (Carbondale, IL)**

**Position:** *Professional Psychology Pre-Doctoral Intern*

*08/2008-08/2009*

**Supervisor(s):** Rosemary Simmons, PhD, Jean Cunningham, PhD, Holly Cormier, PhD

**Responsibilities:** Completed a 2000 hour APA accredited pre-doctoral internship.

Provided individual and group psychotherapy to university students. Provided emergency and crisis counseling on a walk-in basis. Completed intensive training in *Dialectical Behavioral Therapy (DBT)* based on Marsha Linehan's model including co-leading a year long Skills group. Trained in multicultural competency throughout multiple roles.

This internship was APA accredited and provided a generalist training with the opportunity to specialize in various treatment populations and/or presenting issues. Additional tasks included:

- Participated in campus relationships via outreach and consultation
- Specialized in working with individuals who had experience interpersonal and complex trauma
- Provided outreach and trainings to the campus community based on campus needs
- Completed several intake assessments weekly
- Provided clinical supervision to second year graduate students under the supervision of a licensed psychologist.
- Completed the *Dialectical Behavior Treatment (DBT)* training concentration.

### **Seven Counties Services**

**(Louisville, KY)**

**Position:** *Therapy and Assessment Practicum Student*

*08/2006-08/2007*

**Supervisor:** Geeta Gulati, Psy.D

**Responsibilities:** Provide individual therapy and assessment to a diverse caseload in a community mental health setting. Participated in multi-disciplinary treatment planning on a weekly basis. Worked on court ordered and CPS ordered cases and gained additional training working with these organizations. Additional tasks included:

- Attended numerous all staff trainings and meetings
- Worked in constant collaboration with the on-site medical staff
- Testified in court for CPS case
- Worked in collaboration with translators with non-English speaking clients

**Kentucky State Reformatory****(LaGrange, KY)****Position:** *Therapy and Assessment Practicum Student*

08/2005-08/2006

**Supervisor:** Tanya Young, Psy.D**Responsibilities:** Carry a full and varied caseload while supervised by a licensed psychologist. Work in the state correctional psychiatric and medical facility providing therapy and assessment to incarcerated clients. Additional tasks included:

- Co-facilitate the *Sex Offender Treatment Program* group sessions
- Conducted Mental Status Examinations
- Provided individual therapy for various presenting issues
- Assisted in monitoring the Hospice program within the facility
- Facilitated various types of support/psycho-educational groups including: Chronic Pain Management, Hepatitis C support group, Diabetes Management and Terminal Cancer Support Group.

**Psychology Resource Group****(Louisville, KY)****Position:** *Assessment Practicum Student*

08/2005-02/2006

Present employee

**Supervisor:** Larry Raskin, Ph.D**Responsibilities:** Administered assessments for various referral questions on clients ranging from small children to the geriatric population in a private practice setting. Also received training and experience in neuropsychological evaluations, including conducting independent living and dementia evaluations at community nursing homes. Additional tasks included:

- Organized and managed test instruments
- Trained new staff members
- Provided peer supervision to incoming practicum students
- Traveled to numerous convalescence facilities to conduct dementia and independent living assessments

**Murray State University Psychological Center****(Murray, KY)****Position:** *Therapy and Assessment Practicum Student*

08/2004-05/2005

**Supervisor:** Laura Liljequist, Ph.D

Stephanie Muller, Ph.D

**Responsibilities:** Carried a full and varied caseload of clients while supervised by a licensed psychologist. Worked set on-call hours throughout the week in order to assist in new client paperwork and crisis intervention. Clients included university students with pathological symptoms and community members with limited resources. Additional tasks included:

- Conducted therapy with clients for a variety of presenting complaints.
- Administered assessments for learning disabilities, ADHD, and other psychological evaluations.
- Maintained client charts, reports and correspondence to contribute to the overall functioning of the center that was primarily student operated.

**Teaching Experience:****Jefferson Community and Technical College****(Louisville, KY)**

01/2006-12/2007

Taught several sections per semester of *Introduction to Psychology* and *Developmental Psychology*