

# July 2026 EAP Webinar

Sponsored by: Wayne Corporation EAP

## Downsizing Your Home and Belongings

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Our possessions often reflect a lifetime of memories, milestones, and relationships. Whether downsizing or sorting through a loved one's belongings, deciding what to keep, share, or donate can be challenging.

This workshop provides practical guidance and proven strategies for navigating the process while preserving what matters most. Participants will learn that letting go of possessions does not mean letting go of the memories and connections they hold.

