

# January EAP Webinar

Sponsored by: Wayne Corporation EAP

## Budgeting Basics

*Accessible in January 2026*

Where: [waynecorp.com](http://waynecorp.com) on Front Page

- Work-Life Portal (upper right corner)
- Log In/Register & click on “webinars” tile - follow prompts

**This interactive session teaches you to master the emotional side of money and regain your financial dignity. We will discuss why traditional budgets fail and what you need instead; the two critical pre-planning steps; how to have productive money discussions with your significant other; the keys to outsmart emotional spending before it happens; and how to create a personalized plan that works for you. You will be provided a Spending Plan worksheet to apply the principles learned immediately. This session will help you become and stay financially healthy.**

