

April 2026 EAP Webinar

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Financial and Mental Health

Accessible in April 2026

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Money can be an emotional topic and bad money habits often leads to mental stress. In this webinar, we will learn how to navigate emotional money situations with purpose and confidence. We will pull back the curtain on why we do what we do with our money, address approaches to personal finance, and learn how to harness the power of positive thought and emotions.

