



MURRAY STATE
UNIVERSITY

We are Racers.

STUDENT AFFAIRS RESOURCES

**Racer Nation Orientation
2024**

murraystate.edu/studentaffairs

| 270.809.6831

Our Goals for Students:

- ✓ Graduate
- ✓ Get involved
- ✓ Have an international experience
- ✓ Become a part of the Racer family



Role of Student Affairs



- **We care about students.** We want them to have a positive campus life experience, be successful academically and graduate.
- To **support** families and students
- To **encourage engagement** of students with various living and learning resources



Topics covered in this presentation include:

- Campus Recreation
 - Career Services
 - Education Abroad
 - Great Beginnings
 - Housing and Residence Life
 - International Student Services
 - LGBTQ Programming Pride Center
 - Multicultural Initiatives/Mills Center
 - Murray State Police Department
 - Parking Services
 - Racer Dining
 - Residential Colleges
 - Student Disability Services
 - Student Engagement and Success
 - Student Support Services
 - University Counseling Services
 - Veteran and Military Student Success
 - Wellness Center
 - Women's Center
- 

MENTAL HEALTH SERVICES AVAILABLE

University Counseling Center
Division of Student Affairs
C104 Oakley Applied Science Building
270.809.6851

Students can start the process by completing the initial paperwork online. Email us at msu.counselingcenter@murraystate.edu to request the link to the paperwork.

Website: murraystate.edu/counselingcenter

SERVICES OFFERED

- Counseling sessions are free and confidential
 - On-call counselors are available to meet with walk-in clients 9-3 Monday-Friday during the school year
 - Ongoing counseling sessions are scheduled biweekly
 - Sessions can be in-person or via Zoom
- 
- A decorative graphic consisting of several parallel white lines of varying lengths and orientations, located in the bottom right corner of the slide.

ISSUES WE CAN HELP YOU WITH

- Adjusting to new situations
- Depression
- Managing stress
- Homesickness
- Anxiety, including social anxiety
- Poor anger control
- Grief or loss
- Eating and body image issues

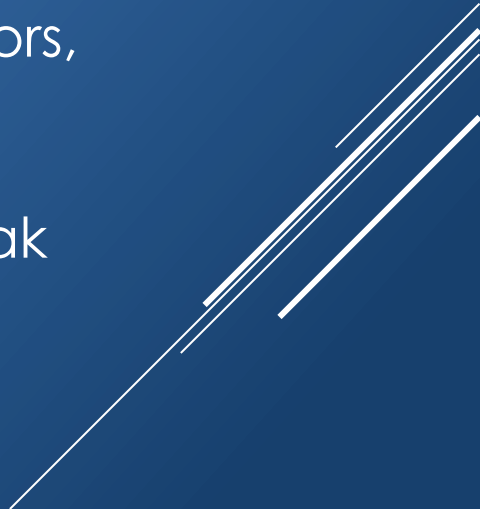


OTHER COMMON ISSUES

- Relationship or social issues
- Suicidal thoughts
- Family problems
- Diversity and cultural issues
- LGBTQ+ concerns
- Self-awareness and self-care
- Autism Spectrum Disorder
- Trauma recovery



CONFIDENTIALITY

- Discussions with counselors cannot be shared with anyone without a signed release from the student
 - This means that we cannot speak with professors, roommates, or even parents
 - In emergency situations, we may need to break confidentiality if we are concerned for the client's safety
- 

MORE FREE COUNSELING AVAILABLE

Psychological Center

Psychology Department, 401 Wells Hall

270.809.2504

On-call counselors available during business hours
Monday through Friday

Weekly counseling sessions and comprehensive
assessments available throughout the year

Website: murraystate.edu/psychologicalcenter



Health Services



Murray State University's health services are provided by Village Medical of Murray.

- The clinic is staffed with an advanced practice provider and clinical staff.


Location: First Floor of Wells Hall, facing the quad

Hours:

- 8:00 am-12:30 pm & 1:00 - 4:30 pm Monday-Thursday
- 8:00 am - 12 pm (Noon) Friday. Provider not in office after 12pm on Friday, but students can come for questions, injections (except allergy), or to set up a telemedicine visit
- Closed for lunch from 12:30-1:00 pm Monday-Friday.
- If the campus is closed, the clinic will also be closed, but services can still be provided at the main Village Medical office (1000 S. 12th Street). Extended hours at Village Medical's main campus: Monday-Friday: 7am-8pm; Saturday & Sunday: 8am-6pm

Health Services

Services Provided:


- Wellness Visits
 - Preventative Services
 - Physical Exams
 - Treatment of acute illness and injury including IV fluids and suturing
 - Chronic care management
 - Rapid testing on-site
 - Lab testing, including STD testing (send out testing through LabCorp)
 - Immunizations
 - Allergy Injections
 - Radiology and Cardiology Testing (main location)
- 

Health Services

Payment Options:

- Services rendered will be processed through the student's health insurance.
- Most insurances accepted except Ambetter, Healthlinks State of Illinois Benefits, Out of state Medicaid plans, and Tricare PRIME (unless there is a referral from the PCP)
- Self-pay office visits for students without insurance or who do not wish to bill their insurance is \$65 (this does not include additional testing at this time).

Other local health care options:

- Village Medical Primary Care (Main office)
 - Murray Medical Associates
 - Murray Calloway-County Hospital
 - Fast Pace
- 

Multicultural Initiatives, Student Leadership, & Inclusive Excellence

The Mission of the Office of Multicultural Initiatives, Student Leadership & Inclusive Excellence (OMI) is to advocate and encourage a campus environment that embraces diversity and helps students grow personally and academically. Our programs and services are designed to address the development, cultural competency, curricular and co-curricular needs of our student population, to help them adjust to campus life and enjoy a successful college career. The office seeks to enhance the retention, success and graduation rates for students at Murray State University.



Multicultural Initiatives, Student Leadership, & Inclusive Excellence

RETENTION

Programs & Services

Emerging Scholars Institution

Connected-Racer Achievement

On-Track

Find the Leader in You (FLY)

Diversity Scholars Program

Retention Workshops

Study Tables Program

Structured Study Tables

Mentoring Program

Faculty/Staff Mentors

OMI Graduate Fellow Mentors

Scholarship opportunities



Multicultural Initiatives, Student Leadership, & Inclusive Excellence

LEADERSHIP

Registered Student Organizations

- Black Student Council
- International Student Organization

Special Clubs & Groups

- African Students Club
- Brother 2 Brother
- Multicultural Council
- Multicultural Student Roundtable
- Multicultural Parents Advisory Council
- OMI Stem Club
- Radiant Racerettes (Dance Team)
- Sister 2 Sister
- Sueno Latino
- Spectrum (LGBTQ+)



Multicultural Initiatives, Student Leadership, & Inclusive Excellence

Contact Us:

Website: murraystate.edu/omi

Email: msu.multiculturalinitiatives@murraystate.edu

Phone: (270) 809-6836

Instagram: [MSU_OMI](https://www.instagram.com/MSU_OMI)



Murray State Police Department



270.809.2222

**Department Overview and
Personal Safety**

**101 Police Building
Murray, KY 42071**

What Makes Our Campus Safe?

- **University Police Department**
 - 24 hour a day patrol on campus
 - Rapid response times to emergencies
 - Police Officers are sworn and fully certified
- **Racer Patrol**
 - Student employees of Police Department
 - Provide security, surveillance & safety escorts
- **Murray State Police 911 Center**
 - 24/7 answering of emergency calls
 - Certified police Dispatchers



WHAT MAKES OUR CAMPUS SAFE?

Emergency Call Boxes



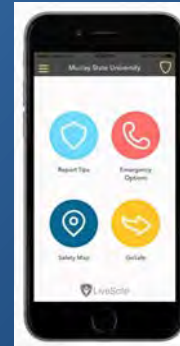
RacerAlert Emergency Notification

- Text messaging
- Outdoor sirens
- All campus emails
- Social media alerts



LiveSafe Mobile App

- Chat with Police
- Report tips
- SafeWalk



Keeping Campus Safe

Safety Programs



- Alcohol education
- Drug abuse
- Sexual assault
- Personal safety
- Property protection
- Fire safety and emergency procedures
- Active Aggressor
- Racer Patrol escorts

Parking Services



- Everyone must purchase a permit and register their vehicle to park legally on campus
- All parking is by permit only and the license plate is your “Virtual Permit”
- Any vehicle driven to campus must be registered
- Each individual operating the vehicle on campus must have their own parking permit (accounts may not be shared)
- All changes to a vehicle including the license plate, driven to campus must be updated on your parking account by you before driving on campus to prevent parking citations
- Review Parking Regulations at www.murraystate.edu/parking
- Questions, concerns, or issues call at 270-809-4812 or email Parking Services at msu.parkingoffice@murraystate.edu
- Check out Murray State University Parking Office on Facebook



Title IX & PARENT Orientation

TITLE IX

What is it? It is more than the law that increases participation by women in sports. The law is much broader. Title IX of the Education Amendments of 1972 (Title IX), 20 U.S.C. §§ 1681 et seq., prohibits discrimination on the basis of sex in education programs or activities operated by recipients of Federal financial assistance.

Why must MSU comply? As a recipient of Federal financial assistance, MSU is required by Title IX to ensure that all of its education programs and activities are free from discrimination on the basis of sex. Non-compliance could mean the loss of federal funding (Student Financial Aid, Grants, etc.)

Title IX: Project RACERS

Resources – Resources available to the university community are provided for students (See information on back of handout)

Advocacy – The Women’s Center and Parents may advocate for those experiencing sexual assault, sexual harassment, relationship violence or sexual misconduct

Consent – Members of the University community understand that consent is necessary

Education – There are some educational components offered to the university community (General Alcohol Education, Campus Climate Survey regarding alcohol and General Title IX Training using Canvas®)

Reporting – All allegations of sexual assault, sexual misconduct, relationship violence and stalking should be reported to the Title IX Coordinator, Ms. Camisha Duffy, 270.809.3155.

Safety – Universities around the country are also required to distribute timely warning notices about alleged crimes on or near the university campus. Download a key safety tool, the LiveSafe app. (See handout for sample)

INSTITUTION WIDE EDUCATIONAL EFFORTS

Our general Alcohol Education online course provides a college-level alcohol education program aimed at educating students about alcohol and its effects on the mind and body. Whether or not they drink, the programming empowers students to make well-informed decisions and better cope with the drinking behavior of peers. All data collected is anonymous and cannot be tied to a single user. The aggregated data collected will be used to inform our alcohol and sexual violence prevention education. First year students will receive an email in late July or August inviting them to begin and complete their online Alcohol Education course.

The Title IX Training is an on-line program designed to help prevent sexual violence, stalking and relationship violence. The program provides general information about Title IX, reporting and campus resources available. Students and the entire university community at MSU will receive an email in late July or August inviting them to begin and complete their annual Title IX training.



Our Title IX Coordinator:
Camisha Pierce Duffy

Executive Director of the Office of Institutional Diversity, Equity and Access (IDEA)

- Oversees Title IX complaints and investigations to provide equitable resolutions
- Assisted by Deputy Title IX Coordinators & Investigators, Blaire Bushart and J. Owen Butler
- Helps the university deter gender-based discrimination
- Grievance procedures online: www.murraystate.edu/titleix
- Contact: 270.809.3155 or msu.titleix@murraystate.edu

Office of Student Disability Services


Mission Statement:

The Office of Student Disability Services is committed to promoting the full participation of students with disabilities in all areas of university life. The Office of Student Disability Services works with MSU faculty and staff to provide equal access to University resources, academics, programs and activities for students with disabilities.




Students WE Serve:

The Office of Student Disability Services provides accommodations and academic support services to students with disabilities. These disabilities include cognitive (i.e. learning disabilities, attention deficit disorders, and traumatic brain injuries), psychological disorders, seizure disorders, autism spectrum disorders, sensory, mobility, or other physical or other chronic health impairments. The SDS office also works with students with temporary disabilities and expecting mothers.



How to Register:

The Office of Student Disability Services coordinates and administers accommodations and enhanced academic support services for students with documented disabilities. To receive services and accommodations a student must:

- Be registered with the office.
 - Provide Current Documentation of disability (no more than three years old).
 - Contact the Office of Student Disability Services to arrange a meeting/intake with a staff member to discuss their accommodation needs.
- 

Accommodations:



All accommodations are based on each student's documented disability. Accommodations may include, but are not limited to:

- Extended testing time
- Distraction-reduced testing environment
- Textbooks in alternate format
- Classroom accommodations
- Housing and parking accommodations (main campus)
- Meal plan accommodations (main campus)

Other Support Services (Main Campus Only):



- Project PASS (Program for Achieving Student Success) is an enhanced academic support program for new freshman. This program offers a more comprehensive level of academic support for approximately 50 incoming freshmen each fall semester. Project PASS includes the following areas of enhanced support: scheduling assistance during RACER Nation Orientation, an early move-in program, specialized support classes, and mentoring/tutoring services.
- There is no extra cost to enroll in our Project PASS program, with the exception of a small fee for our early move in program, and our mentoring/tutoring services (\$15/hour).

Office of Student Disability Services



423 Wells Hall, Murray KY 42071

Email:

msu.studentdisabilities@murraystate.edu

Phone: 270.809.2018

Fax: 270.809.4339

Website:

www.murraystate.edu/studentdisabilityservices

Residential Colleges



Clark College



Regents College



Elizabeth College



Richmond College



Hart College



Springer-Franklin College



Hester College



R.H. White College



Residential Colleges

What are Residential Colleges?

- NOT “dorms”
- They are living and learning communities for **ALL** of our students.

Why do we have Residential Colleges?

- Sense of belonging; Making connections
 - Smaller communities within the larger campus
- 

Residential Colleges



- More opportunity to develop leadership skills
- More opportunity to participate in intramurals
- More opportunity to connect with faculty and other students
- Each College has a Faculty Head who is a senior member of the faculty with an office in their respective residential college



HOUSING AND RESIDENCE LIFE

Students who live on campus at least two (2) years are:

- More likely to get involved
- More likely to report satisfaction with their experience
- More likely to get to know a faculty member outside the classroom
- More likely to graduate





HOUSING AND RESIDENCE LIFE - APPLICATION PROCESS

- How to apply - myGate
 - \$150 Housing Deposit
 - Building Preferences
 - Finding Roommates
 - Assignments - first applied, first assigned
- Once assignments are made, students will receive an email to their Murray State email address.

HOUSING AND RESIDENCE LIFE

Whether you live on campus, commuting from home, or are transferring to Murray State, you will need to complete paperwork for Housing. Visit the [Housing Requirements website](#).

If you do not complete the housing application or the proper paperwork to live at home, you will receive a Housing Requirement Charge on your account.



HOUSING AND RESIDENCE LIFE

More Assistance:

- Visit our Housing website, murraystate.edu/housing
- Call or email the Housing Office
- 270.809.2310
- msu.housing@murraystate.edu





Racer Dining

Murray State University

Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility.

Join us to experience the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.

Your Dining Team

WELCOME

AWARDS & ACCOLADES

Chick-fil-A One
Million Dollar
Award for
outstanding sales

Ozzi Earth Day
renewability
contest finalist

**RACER
DINING**
by *sodexo*^{*}



Let's Have Some Fun

. . .

At Racer Dining, food is the foundation for fun. Join us for weekly and monthly special events and promotions, like build-your-own dessert bars, restaurant style dining nights, and classic holiday feasts. We believe that relationships are strengthened around the table.

Limited Time Offers

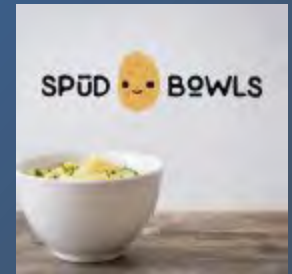
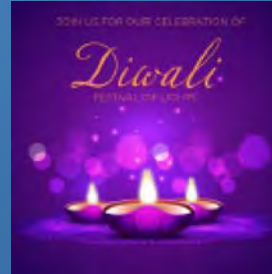
- Meal time is about much more than just great food. It's a chance to recharge, catch up with friends, and have fun! Exciting limited-time offers enhance the dining experience. Join us each month for events, giveaways, and special menus.

Pop Up Restaurants

- Dining halls are great, but every now and then we like to do something special. Pop-up restaurants transform dining locations into high-end restaurants serving a variety of cuisines. From steak to seafood to a create-your-own dessert bar, you'll love all of our options.

Promotions

- Every week will bring new promotions and celebrations, including chances to win prizes, such as trips, gaming systems, or Amazon gift cards. Be on the lookout for event calendars and a chance to win!





WHY MINDFUL?

We are committed to creating healthy environments for our guests. Central to this effort is providing **healthy, nutritious foods**. We've listened to our customers. We've researched marketplace trends. Our executive chefs and registered dietitians work together to create an exciting collection of recipes. The result is Mindful - an approach that focuses on **transparency of ingredients, delicious food, satisfying portions** and clarity in message so that making Mindful choices becomes second nature.



mindful.sodexo.com

mindful
enjoy health™



WINSLOW DINING HALL

CHEF'S TABLE

Chef's Table: Main hot line station featuring chef-inspired menus that incorporate seasonally based ingredients.

PRESSED

Pressed: Made-to-order deli station, featuring a wide variety of ingredients and the option to panini press.

HARMONY

Harmony: Our plant-based station, Harmony serves delicious vegetarian and vegan entrees and sides daily.

SIMPLE SERVINGS

ALLERGY-FRIENDLY FARE

Simple Servings: Station that provides safe and appetizing food choices for our customers with food allergies, gluten intolerance, and those who prefer simple foods.

SIMPLE 7

Simple 7: Interactive made-to-order station, highlighting diverse cuisines for a unique experience.

Bistro Grill: Grilled menu items and rotating specials.

Marinara: Selection of rotating pastas, sauces, and breadsticks.

Slices: Delicious fresh made pizzas.



Breakfast options include hot menu items on the Seasons line as well as a made-to-order omelet bar at Craft It.



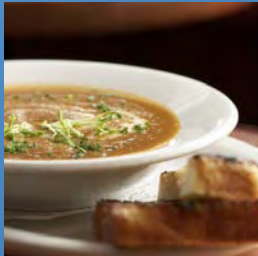
Our salad station hosts a selection of leafy greens, freshly prepared vegetables, toppings and dressings, as well as a variety of prepared salads, hummus, and raw veggies.



Burgers, hot dogs, fries, and rotating specials can be found at the Bistro Grill station, as well as a variety of condiments so you can customize your burger.



Craving breakfast for dinner? No problem! We have waffle irons, bagels, cereal and more available all day.



We serve a rotation of hearty, delicious, made-from-scratch soups every day.



Homemade cookies, cakes, bars and pastries, plus ice cream and festive seasonal treats.

SIMPLE SERVINGS

All foods served at this station are prepared exclusively with ingredients which do not contain the following food allergens.

♥ MILK ♥ WHEAT ♥ SHELLFISH ♥ TREE NUTS
♥ EGGS ♥ SOY ♥ PEANUTS ♥ GLUTEN

They are prepared in a facility which uses these ingredients in the production of other dishes. Although we take measures to ensure against this, the possibility of cross-contamination through contact with other foods does exist.

#SIMPLE



Meet our district dietitian
Joe Chism

Services Include:

- Food allergy management and support for new and/or current students
- Special diet accommodation requests
- Nutrition education and guidance
- Healthy on-campus cooking demonstrations
- Nutrition and wellness programming
- Sports nutrition

QUESTIONS?

Contact Joe Chism at joe.chism@sodexo.com





Local, Sustainable.

We purchase locally whenever possible for the freshest ingredients in our recipes. We source 100% sustainable seafood, eggs from cage-free chickens, ethically and responsibly sourced coffee, and fresh milk from local dairy farms.



Mein Bowl



STARBUCKS

subconnection

by *sodexo*

Market '22 | Fast Track | Business Express | Pony Express

PAYMENTS ACCEPTED

Cash / Credit Card
Apple Pay / Google Pay
Meal Exchange / Flex Dollars

**Restrictions apply*



TRES

HABANEROS

FIRED UP FLAVOR

by *sodexo*

MOBILE ORDERING





Eat Smart. Get a plan.

MEAL PLANS

All students are required to purchase a meal plan for four semesters, excluding summers.

Murray State offers four levels of on-campus dining plans for our students. These plans are available to all undergraduate students, whether you live in an on-campus residence hall or elsewhere off-campus.

Detailed information about meal plans can be found at www.murraystate.edu/dining

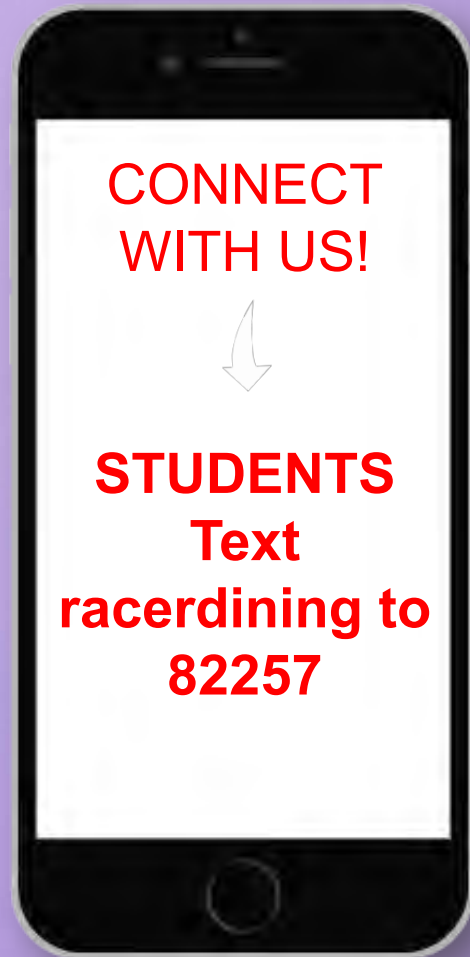
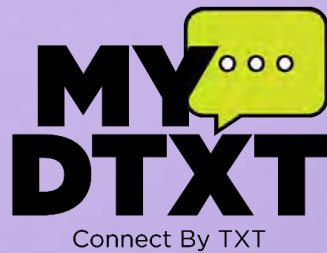
ARE YOU OUR NEWEST STUDENT EMPLOYEE?



Join our team!

We employ hundreds of students across campus every semester. With positions available in our dining hall, retail locations, and catering staff, we've got a place for you! Working for Racer Dining means wages starting at \$9/hour, flexible scheduling, opportunities for advancement, free food, and more perks!

<https://external-careers-frontlinesodexo.icims.com>



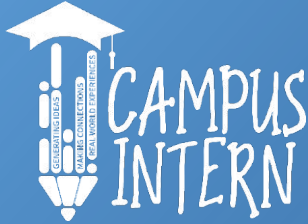
**CONNECT
WITH US!**



**STUDENTS
Text
racerdining to
82257**



Our student culinary council meets with the Racer Dining management biweekly to discuss student satisfaction, exchange ideas, share sneak peeks of upcoming projects and more!



At Racer Dining, we offer paid internships, particularly in marketing and human resources. If you are interested in getting real-world experience in either of these fields, send us an email for more information!

myGtxt.com
THE DIGITAL CONNECTION

Text **RacerDining** to **82257** to receive text alerts about campus dining.

 racerdining.sodexomyway.com

 msu.dining@murraystate.edu

 (270) 809-4600

 @RacerDining

 @RacerDining

 @RacerDining

What is Student Support Services?

Student Support Services (SSS) is a federally funded program provided by the U.S. Department of Education. SSS provides FREE services for under-resourced, first-generation students, as well as students with disabilities, who qualify and have an academic need. We offer one-on-one tutoring, free printing services, grant aid, scholarships and much more!

- For more information please contact:



MeLissa Cooper, Director
261 Blackburn Science Building
mcooper@murraystate.edu

270.809.4510

What can SSS offer your student?



- Free Tutoring
- Free Printing
- Secondary Academic Advising
- Financial Aid Guidance
- GUI Series Support Courses
- Computer Lab
- Grant Aid/Scholarships



CENTER FOR STUDENT ENGAGEMENT AND SUCCESS

Staff in Student Engagement and Success are committed to the success and retention of all students through guidance, support, and cultivation of their personal well-being and academic success.

Supporting students to:

- Transition successfully to college
- Develop successful academic habits
- Create connections with faculty, staff, and resources
- Persist during challenging times
- Engage in their Racer living and learning experience to reach their career and personal goals
- And much, much more!

**Need help and don't know where to start?
Start with us!**



STUDENT ENGAGEMENT AND SUCCESS



The office is also responsible for

- ▶ **Supporting student success** through many avenues including the use of the Starfish Student Success Network and student “Raise Your Hand” for help feature, tutoring, first-year professional advising, success coaching, and more.
- ▶ **Celebrating families** by hosting Family Weekend where parents and families can spend a weekend with their student and enjoy many activities. Visit www.murraystate.edu/family for more information.
- ▶ **Publishing the e-newsletter** for parents and family. Visit www.murraystate.edu/family to sign-up for the newsletter.
- ▶ **Visit the website to learn more about the exceptional programming offered by the Center.**

Lead Staff: Peggy Whaley, Director and Jennifer Smith, Assistant Director

Website: www.murraystate.edu/success

Email: msu.success@murraystate.edu

Phone: 270.809.2274 or 2684

Offices: Wells Hall and Lowry

First-Generation Community at Murray State

First in the Family!

- ▶ Murray State is committed to supporting first-generation Racers and their families.
- ▶ A first-generation college student is someone whose parents or legal guardians have not completed a 4-year degree at a college or university.
- ▶ **Learn more** about the support and programming offered to our first-gen Racers on the next slide and at murraystate.edu/firstgeneration

SUPPORTING OUR FIRST-GEN RACERS



MURRAY STATE
UNIVERSITY

Center for Student Engagement
and Success

Academic Advising

Connecting first-gen students with first-year professional advisors
Professional development for faculty and staff

Education Board

In March 2024, first-year, first-gen students completed a London Spring Break experience.
Grant received to financially support students

42%
First-Generation
Undergraduate
Population at Murray
State University (FA23)

First-Gen Thrive Lounge

Launched in August of 2023, the Lounge provides a new space for belonging.
Created with repurposed and donated items
Featured in Kentucky Living magazine (Student success February 2024 issue)

Celebrations, Recognitions

5th Annual First-Gen Celebration held in November 2023 in the Lounge
Scholarships created specific for first-gen students

Student and Family Support

Parent/Family newsletter sent bi-weekly highlighting information for first-gen students and families
Glossary of terms created (murraystate.edu/glossary) to help students and families navigate college terms



VETERAN & MILITARY STUDENT SUCCESS



Supporting Veterans and military connected students as they pursue their education through certification of benefits, Veterans Lounge (444 Blackburn), programming, and advocacy.

Staff: Marshall Hayes, Coordinator; Colleen Anderson, Certifying Official

Office: 456 and 444 Blackburn

Phone: 270.809.3754

Email: msu.va@murraystate.edu

Website: murraystate.edu/va

RACERS HELPING RACERS FOOD PANTRY FOR STUDENTS



Food Pantry:

Spring and fall hours: Mondays, Wednesdays, Fridays 10:00 am to 2:00 pm,
Thursdays from 4:00 pm - 7:00 pm.

Summer hours: Mondays and Wednesdays from 10:00 am - 2:00 pm. No questions asked – students only need to bring their student ID (Racer Card).



Location: 244 Blackburn Science Bldg,
Phone: 270-809-4499

Curbside Service:

- Students place a confidential, online food order.
- Order is prepared then students are notified by email to pick up their order at the Curris Center.
- Curbside is available year round.

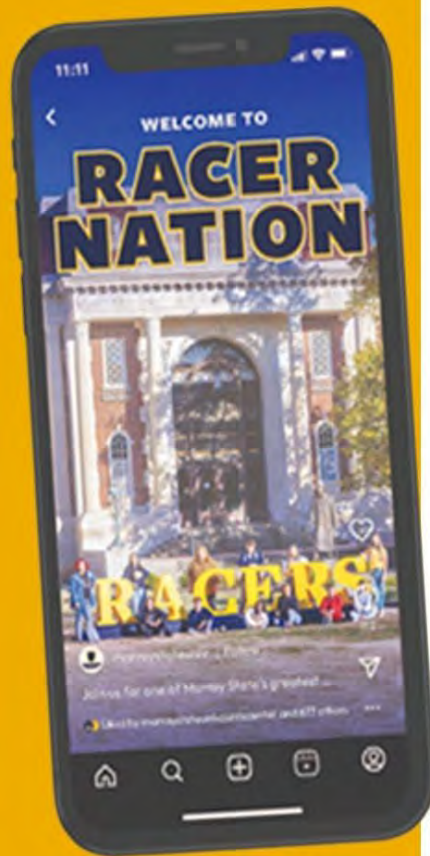
For more information on Racers Helping Racers:
murraystate.edu/racershelpingracers

Great Beginnings: Begins August 14



- Activities to get acquainted with campus and ease the transition into college life
- Fun events for Residential and Commuter students to meet, interact, and learn from each other
- Visit Racer One Stop for assistance with financial aid, Bursar, and registration
- Residential college move-in and so much more!

www.murraystate.edu/greatbeginnings



DOWNLOAD THE 

2024 GREAT BEGINNINGS

NEW STUDENT GUIDE

Have all of the Great Beginnings events at your fingertips! Enable notifications to remind you of upcoming activities! Follow these steps to download the app and guide.

Great Beginnings Events Start
August 14, 2024

DOWNLOAD YAPP
ON YOUR DEVICE!



SCAN TO GET
THE GUIDE!



- Access the daily event schedule
- Bookmark favorite events to get reminders
- Quickly find links to important information
- Get move-in directions
- Subscribe to notifications to receive up-to-the minute additions and changes
- Download campus map and more.

VISIT OUR WEBSITE
FOR MORE INFO

murraystate.edu/greatbeginnings

www.murraystate.edu/greatbeginnings

Susan E. Bauernfeind Student Recreation and Wellness Center

- 73,000 sq. ft. facility
- 3 full size basketball/volleyball courts
- 2 racquetball courts
- 1/11 mile indoor walking/running track
- 50+ Cardio machines
- Free weights
- 40+ Selectorized weight equipment
- 2 aerobic studios
- Lounge area (couches, TVs, ping pong tables, and vending machines)
- Pool with adjoining locker rooms (6 lane lap pool, leisure pool, hot tub, and vortex)



Intramural Sports

Mens/Womens/Corec Leagues



4 week leagues

- Softball
- Flag Football
- Basketball
- Volleyball
- Soccer
- Tennis
- Sand Volleyball



One-Day/Weekend

- Pickleball
- 3v3 Basketball
- Quidditch
- Ping Pong
- Racquetball
- Ultimate Frisbee
- Spikeball
- Dodgeball

Campus Recreation and Wellness Contact Information

Primary Contacts:

- Jordan Williams Director - Wellness Center
- Omarcus Jenkins Assistant Director - Intramural sports

Offices: Wellness Center
1000 Racer Dr.

Email: msu.wellnesscenter@murraystate.edu
msu.intramurals@murraystate.edu

Phone: 270-809-6000

Websites:

- [Wellness Center](http://murraystate.edu/wellnesscenter) (murraystate.edu/wellnesscenter)
- [IMleagues](http://www.imleagues.com/spa/portal/home) (www.imleagues.com/spa/portal/home)





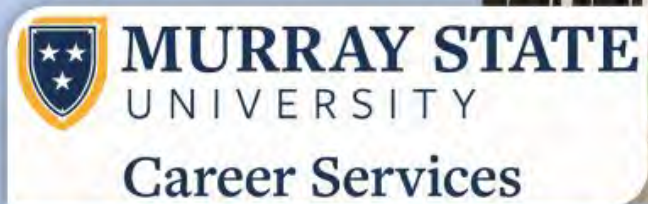
Pride Center

- N101 Oakley Applied Science
- Monday through Friday, 9:30 to 4 pm
- Student Lounge: coffee, hot chocolate, tea, cold drinks, couches, art activities and more
- Monthly Newsletter
- 3 Student Organizations
- Director: Abigail Cox - acox33@murraystate.edu
- Instagram: msu_pridecenter



Women's Center

- C102 Oakley Applied Science
- Monday through Friday, 8 am to 4:30 pm
- Monthly Newsletter
- Free Period Products, Second-Hand Bra Closet, Personal Hygiene Products, Safe Sex Products, and Cold Weather Accessories
- Director: Abigail Cox - acox33@murraystate.edu
- Instagram: [msu.womenscenter](https://www.instagram.com/msu.womenscenter)



Location: 100 Oakley Applied Science

Phone: 270.809.3735

Email: msu.careerservices@murraystate.edu

Website: murraystate.edu/career

Career Services

	CAREER SEARCH	
<input type="checkbox"/>	JOB SEARCH ASSISTANCE	INTERVIEW COACHING
	RESUME REVIEW	COVER LETTER REVIEW
<input type="checkbox"/>	NETWORKING ADVICE	CAREER COUNSELING
	CAREER CLOSET	SOCIAL MEDIA AUDITS
	FREE HEADSHOTS	MAJOR SELECTION
	GRADUATE SCHOOL	
<input type="checkbox"/>	PROGRAM EVALUATION	MOCK INTERVIEWS
	PERSONAL STATEMENT CRITIQUES	
	REAL-WORLD EXPERIENCE	
<input type="checkbox"/>	ON-CAMPUS JOBS	MICRO-INTERNSHIPS
	VOLUNTEER OPPORTUNITIES	INTERNSHIP COUNSELING

Career Services



<http://murraystate.joinhandshake.com>

- On Campus Employment
 - Internships and Jobs
- Appointments with Career Services
- Register for Events Including Career Fairs

Education Abroad

The World Awaits...

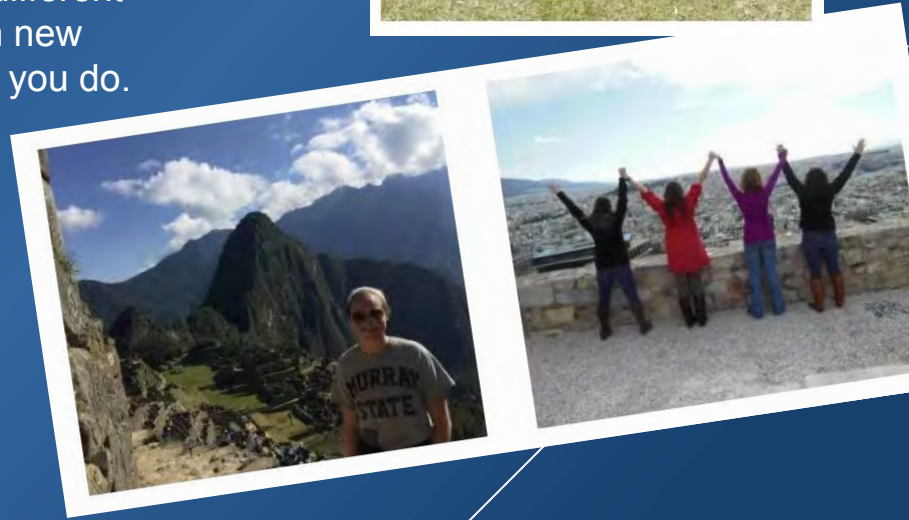
Let us help you get on a plane to discover the world and yourself! Challenge yourself to learn anew and interact with people from around the world - people who have been raised in a different culture and tradition. Give yourself the chance to open new doors. You'll be surprised at what you might find when you do.

Location: 131 Blackburn

Phone: 270.809.2277

Email: msu.studyabroad@murraystate.edu

Website: murraystate.edu/studyabroad



International Student Services

Welcome to Murray State University's Office of International Student and Scholar Services. The office provides support services to incoming and current international students.

Location: B0019 Blackburn

Website: murraystate.edu/admissions/international/StudentScholarServices/

Staff:

- **Dr. Bill McKibben: bmckibben@murraystate.edu or 270.809.3089**
- **Misty Lanham Brown: mbrown@murraystate.edu or 270.809.2964**



Here to help – Just ASK!

- **Don Robertson**, Vice President for Student Affairs and Enrollment Management, EMAIL: drobertson@murraystate.edu
 - **Main Office:** Wells Hall, Room 425
 - **Phone:** 270.809.6831 Toll free: 1.800.909.1507
 - **Student Engagement and Success:**
 - msu.success@murraystate.edu
 - murraystate.edu/success
 - 270.809.2274 or 2684
- 

Division of Student Affairs

425 Wells Hall

270.809.6831

murraystate.edu/studentaffairs

msu.success@murraystate.edu

A decorative graphic consisting of several parallel white lines of varying lengths, slanted from the bottom right towards the top right, located in the lower right quadrant of the slide.