

We are Racers.

## STUDENT AFFAIRS RESOURCES

Racer Nation Orientation 2025

murraystate.edu/studentaffairs

270.809.6831

## Our Goals for Students:

- ✓ Graduate
- ✓ Get involved
- ✓ Become a part of the Racer family



## Role of Student Affairs

- We care about students. We want them to have a positive campus life experience, be successful academically and graduate.
- To support families and students
- To encourage engagement of students with various living and learning resources







## Topics covered in this presentation include:

- Campus Recreation
- Career Services
- Education Abroad
- Great Beginnings
- Housing and Residence Life
- International Student Services
- Student Enrichment (SEAL)
- Murray State Police Department
- Oakley Resource Center & Student Lounge
- Parking Services

- Racer Dining
- Residential Colleges
- Student Disability Services
- Student Engagement and Success
- Student Support Services
- University Counseling Services
- Veteran and Military Student Success
- Wellness Center

### MENTAL HEALTH SERVICES AVAILABLE

University Counseling Center
Division of Student Affairs
C104 Oakley Applied Science Building
270.809.6851

Students can start the process by completing the initial paperwork online. Request the link to the paperwork by emailing us at <a href="mailto:msu.counselingcenter@murraystate.edu.">msu.counselingcenter@murraystate.edu.</a>

Website: <u>murraystate.edu/counselingcenter</u>

### SERVICES OFFERED

- Counseling sessions are free and confidential
- On-call counselors are available to meet with walk-in clients 9-2 Monday-Friday during the school year
- Ongoing counseling sessions are scheduled biweekly
- Sessions can be in-person or via Zoom

## **ISSUES WE CAN HELP YOU WITH**

- Adjusting to new situations
- Depression
- Managing stress
- Homesickness
- Anxiety, including social anxiety
- Poor anger control
- Grief or loss
- Eating and body image issues

## OTHER COMMON ISSUES

- Relationship or social issues
- Suicidal thoughts
- Family problems
- Diversity and cultural issues
- LGBTQ+ concerns
- Self-awareness and self-care
- Autism Spectrum Disorder
- Trauma recovery

### CONFIDENTIALITY

- Discussions with counselors cannot be shared with anyone without a signed release from the student
- This means that we cannot speak with professors, roommates, or even parents without the student's written permission
- In emergency situations, we may need to break confidentiality if we have safety concerns

## FREE VIRTUAL COUNSELING AVAILABLE

TimelyCare services are available through the TimelyCare app or at timelycare.com/murraystate

Virtual counselors are available 24/7 for TalkNow services all over the world.

Ongoing counseling sessions are available via phone or video chat in all 50 states. Evening and weekend appointments are available.

Limited psychiatry services are also available.

## MORE FREE COUNSELING AVAILABLE

Psychological Center Psychology Department, 401 Wells Hall

270.809.2504

On-call counselors available during business hours Monday through Friday

Weekly counseling sessions and comprehensive assessments available throughout the year

Website: <u>murraystate.edu/psychologicalcenter</u>

## THE GREEN BANDANA PROJECT

The Green Bandana Project is a program intended to raise mental mental health awareness, reduce stigma, and provide information about the mental health resources available on campus. This program is being offered via the QEP and the University Counseling Center and is available to all students.

If you are interested in participating in this project, please email msu.counselingcenter@murraystate.edu for more information.

## Career Services

We're here to assist Racers in all areas of career development and planning!

If it's related to your career, we can help!



## Career Services - What We Do

Career Assessments Career Counseling Major Selection Resume Prep Cover Letter Development Interview Coaching Grad School Advisement Job Search Consultation Internship Searches

Informational Interviewing Networking Advice Professional Headshots Social Media Audits Career Closet Career Presentations Workshops Career Events Interview Days Employer Info Sessions

We host 4-6 career fairs per semester, brining in hundreds of organizations for student to network with!



## Career Closet: We offer free professional clothing for students! Suits, shirts, skirts, slacks, and more!

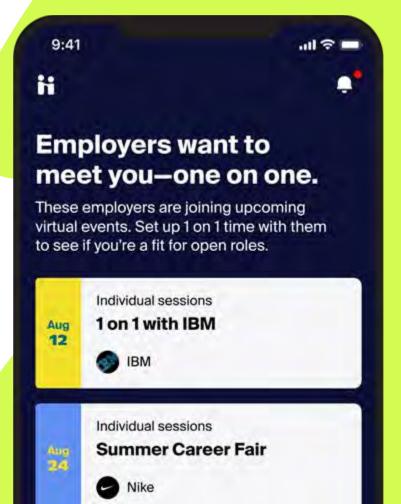


# Handshake is the #1 way college students find jobs

Join today and get recruited by the top employers for full-time, part-time jobs, and internships

Also: On-campus jobs for Racers!

murraystate.joinhandshake.com



## **Health Services**

# \*\*

## Murray State University's health services are provided by Village Medical of Murray.

 The clinic is staffed with an advanced practice provider and clinical staff.

**Location:** First Floor of Wells Hall, facing the quad

#### Hours:

- 8:00 am-12:30 pm & 1:00 4:30 pm Monday-Thursday
- 8:00 am 12 pm (Noon) Friday. Provider not in office after 12pm on Friday, but students can come for questions, injections (except allergy), or to set up a telemedicine visit
- Closed for lunch from 12:30-1:00 pm Monday-Friday.
- If the campus is closed, the clinic will also be closed, but services can still be provided at the main Village Medical office (1000 S. 12<sup>th</sup> Street). Extended hours at Village Medical's main campus: Monday-Friday: 7am-8pm; Saturday & Sunday: 8am-6pm

## **Health Services**

#### **Services Provided:**

- Wellness Visits
- Treatment of acute illness and injury including IV fluids and suturing
- Rapid testing on-site
- Lab testing, including STD testing (send out testing through LabCorp)
- Immunizations
- Allergy Injections
- Radiology and Cardiology Testing (main location)

## **Health Services**

#### Payment Options:

- Services rendered will be processed through the student's health insurance.
- Most insurances accepted <u>except</u> Ambetter, Healthlinks State of Illinois Benefits, Out of state Medicaid plans, and Tricare PRIME (unless there is a referral from the PCP)
- Self-pay office visits for students without insurance

#### Other local health care options:

- Village Medical Primary Care (Main office)
- Murray Medical Associates
- Murray Calloway-County Hospital
- Fast Pace

The mission of the Office of Student Enrichment, Academic Excellence & Leadership (SEAL) is to advocate and encourage a campus environment that embraces and helps students grow personally and academically. Our programs and services are designed to address the leadership development, curricular and co-curricular needs of our student population, to help them adjust to campus life and enjoy a successful college career. The Office seeks to enhance the leadership development, retention, academic success, and graduation rates for students at Murray State University.



### **RETENTION**

Programs & Services

- Emerging Scholars Institute [ESI]
  - Connected-RacerAchievement Program
  - o On-Track
  - Find the Leader in You (FLY)
- Mills Leadership Scholars
   Program
- Retention Workshops
- Structured Study Tables Program
- Financial Literacy Seminars
- SEAL Graduate Fellow Mentors
- SEAL Faculty Liaisons
- Scholarship opportunities



### **LEADERSHIP**

#### Clubs & Groups

SEAL Academic Clubs
SEAL Leadership Council
SEAL Student Experience
Committee
SEAL Parents Advisory Council
Radiant Racerettes (Dance Team)



### **Contact Us:**

Website: <u>murraystate.edu/seal</u>

Email: msu.seal@murraystate.edu

Phone: (270) 809-6836

Instagram: MSU\_SEAL





## What Makes Our Campus Safe?

- University Police Department
  - 24 hour a day patrol on campus
  - Rapid response times to emergencies
  - Police Officers are sworn and fully certified
- Racer Patrol
  - Student employees of Police Department
  - Provide security, surveillance & safety escorts
- Murray State Police 911 Center
  - 24/7 answering of emergency calls
  - Certified police Dispatchers



## WHAT MAKES OUR CAMPUS SAFE?

## **Emergency Call Boxes**



## RacerAlert Emergency Notification

- Text messaging
- Outdoor sirens
- All campus emails
- Social media alerts



- Chat with Police
- Report tips
- SafeWalk





## Keeping Campus Safe Safety Programs



- Alcohol education
- Drug abuse
- Sexual assault
- Personal safety
- Property protection
- Fire safety and emergency procedures
- Active Aggressor
- Racer Patrol escorts

## **Parking Services**

- Everyone must purchase a permit and register their vehicle to park legally on campus
- All parking is by permit only and the license plate is your "Virtual Permit"
- · Any vehicle driven to campus must be registered
- Each individual operating the vehicle on campus must have their own parking permit (accounts may not be shared)
- All changes to a vehicle including the license plate, driven to campus must be updated on your parking account by you before driving on campus to prevent parking citations
- Review Parking Regulations at www.murraystate.edu/parking
- Questions, concerns, or issues call at 270-809-4812 or email Parking Services at msu.parkingoffice@murraystate.edu
- Check out Murray State University Parking Office on Facebook



Title IX & PARENT Orientation

## TITLE IX

What is it? It is more than the law that increases participation by women in sports. The law is much broader. Title IX of the Education Amendments of 1972 (Title IX), 20 U.S.C. §§ 1681 et seq., prohibits discrimination on the basis of sex in education programs or activities operated by recipients of Federal financial assistance.

Why must MSU comply? As a recipient of Federal financial assistance, MSU is required by Title IX to ensure that all of its education programs and activities are free from discrimination on the basis of sex. Non-compliance could mean the loss of federal funding (Student Financial Aid, Grants, etc.)

## Title IX: Project RACERS

- Resources Resources available to the university community are provided for students (See information on back of handout)
- Advocacy The Women's Center and Parents may advocate for those experiencing sexual assault, sexual harassment, relationship violence or sexual misconduct
- Consent Members of the University community understand that consent is necessary
- Education There are some educational components offered to the university community (General Alcohol Education, Campus Climate Survey regarding alcohol and General Title IX Training using Canvas®)
- Reporting All allegations of sexual assault, sexual misconduct, relationship violence and stalking should be reported to the Title IX Coordinator, Ms. Camisha Duffy, 270.809.3155.
- Safety Universities around the country are also required to distribute timely warning notices about alleged crimes on or near the university campus. Download a key safety tool, the LiveSafe app. (See handout for sample)

## INSTITUTION WIDE EDUCATIONAL EFFORTS

Our general Alcohol Education online course provides a college-level alcohol education program aimed at educating students about alcohol and its effects on the mind and body. Whether or not they drink, the programming empowers students to make well-informed decisions and better cope with the drinking behavior of peers. All data collected is anonymous and cannot be tied to a single user. The aggregated data collected will be used to inform our alcohol and sexual violence prevention education. First year students will receive an email in early August inviting them to begin and complete their online Alcohol Education course.

The Title IX Training is an on-line program designed to help prevent sexual violence, stalking and relationship violence. The program provides general information about Title IX, reporting and campus resources available. Students and the entire university community at MSU will receive an email in late July or August inviting them to begin and complete their annual Title IX training.

### Our Title IX Coordinator:



## Camisha Pierce Duffy

Executive Director of the Office of Equal Opportunity & Title IX (OEO)

- Oversees Title IX complaints and investigations to provide equitable resolutions
- Assisted by Deputy Title IX Coordinators & Investigators,
   Blaire Bushart Gray and J. Owen Butler
- Helps the university deter gender-based discrimination
- Grievance procedures online: www.murraystate.edu/fitleix
- Contact: 270.809.3155 or <u>msu.titleix@murraystate.edu</u>

## Office of Student Disability Services

Mission Statement:



The Office of Student Disability Services is committed to promoting the full participation of students with disabilities in all areas of university life. The Office of Student Disability Services works with MSU faculty and staff to provide equal access to University resources, academics, programs and activities for students with disabilities.

### **Students WE Serve:**

The Office of Student Disability Services provides accommodations and academic support services to students with disabilities. These disabilities include cognitive (i.e. learning disabilities, attention deficit disorders, and traumatic brain injuries), psychological disorders, seizure disorders, autism spectrum disorders, sensory, mobility, or other physical or other chronic health impairments. The SDS office also works with students with temporary disabilities and expecting mothers.

# How to Register:

The Office of Student Disability Services coordinates and administers accommodations and enhanced academic support services for students with documented disabilities. To receive services and accommodations a student must:

- Be registered with the office.
- Provide Current Documentation of disability (no more than three years old).
- Contact the Office of Student Disability Services to arrange a meeting/intake with a staff member to discuss their accommodation needs.

## **Accommodations:**



All accommodations are based on each student's documented disability. Accommodations may include, but are not limited to:

- Extended testing time
- Distraction-reduced testing environment
- Textbooks in alternate format
- Classroom accommodations
- Housing and parking accommodations (main campus)
- Meal plan accommodations (main campus)

## Other Support Services (Main Campus Only):

 Project PASS (Program for Achieving Student Success) is an enhanced academic support program for new freshman. This program offers a more comprehensive level of academic support for approximately 50 incoming freshmen each fall semester. Project PASS includes the following areas of enhanced support: scheduling assistance during RACER Nation Orientation, an early move-in program, specialized support classes, and mentoring/tutoring services.

• There is no extra cost to enroll in our Project PASS program, with the exception of a small fee for our early move in program, and our mentoring/tutoring services (\$15/hour).

# Office of Student Disability Services



423 Wells Hall, Murray KY 42071

Email:

msu.studentdisabilities@murraystate.edu

Phone: 270.809.2018

Fax: 270.809.4339

Website:

www.murraystate.edu/studentdisabilityserviçés

# **Residential Colleges**





Clark College



Springer-Franklin



Richmond College



College

Elizabeth



Hart College



R.H. White College



Regents College



Hester College

# Residential Colleges

## What are Residential Colleges?

- NOT "dorms"
- They are living and learning communities for ALL of our students.
- Each College is helmed by a College Head who is a senior member of the faculty or staff with an office in their respective residential college.

## Why do we have Residential Colleges?

- Sense of belonging; making connections
- Smaller communities within the larger campus





# **Residential Colleges**

- More opportunity to develop leadership skills
- More opportunity to participate in intramurals
- More opportunity to connect with faculty and other students





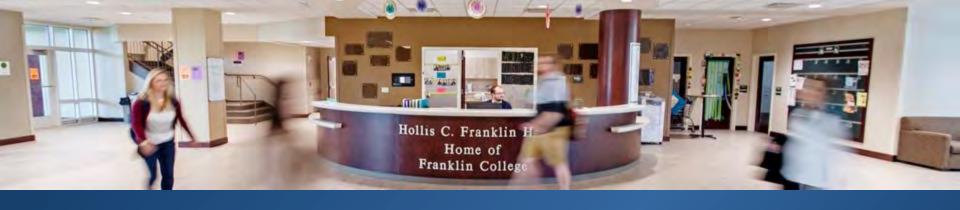
# HOUSING AND RESIDENCE LIFE

Students who live on campus at least two (2) years, four (4) full time semesters (excluding summer) are

- More likely to get involved
- More likely to report satisfaction with their experience
- More likely to get to know a faculty member outside the classroom
- More likely to graduate







## **HOUSING AND RESIDENCE LIFE - APPLICATION PROCESS**

- How to apply myGate
- \$150 Housing Deposit
- Building Preferences
- Finding Roommates
- Assignments first applied, first assigned
  - Assignment emails will go out throughout the summer







# Racer Dining

Murray State University



Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility.

Join us to experience the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.

## **AWARDS & ACCOLADES**

Chick-fil-A One Million Dollar Award for outstanding sales

Ozzi Earth Day renewability contest finalist

Your Dining Team

# WELCOME





## Let's Have Some Fun

At Racer Dining, food is the foundation for fun. Join us for weekly and monthly special events and promotions, like build-your-own dessert bars, restaurant style dining nights, and classic holiday feasts. We believe that relationships are strengthened around the table.











Market '22 | Fast Track | Business Express | Pony Express

### **PAYMENTS ACCEPTED**

Cash / Credit Card Apple Pay / Google Pay Meal Exchange / Flex Dollars

\*Restrictions apply

### **MOBILE ORDERING**









#### Limited Time Offers

 Meal time is about much more than just great food. It's a chance to recharge, catch up with friends, and have fun! Exciting limited-time offers enhance the dining experience. Join us each month for events, giveaways, and special menus.

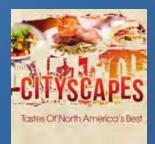
### Pop Up Restaurants

Dining halls are great, but every now and then we like to do something special. Pop-up restaurants transform dining locations into high-end restaurants serving a variety of cuisines. From steak to seafood to a createyour-own dessert bar, you'll love all of our options.

#### **Promotions**

Every week will bring new promotions and celebrations, including chances to win prizes, such as trips, gaming systems, or Amazon gift cards. Be on the lookout for event calendars and a chance to win!

















WINSLOW DINING HALL



Breakfast options include hot menu items on the Seasons line as well as a made-to-order omelet bar at Craft It.



Our salad station hosts a selection of leafy greens, freshly prepared vegetables, toppings and dressings, as well as a variety of prepared salads, hummus, and raw veggies.



Burgers, hot dogs, fries, and rotating specials can be found at the Bistro Grill station, as well as a variety of condiments so you can customize your burger.



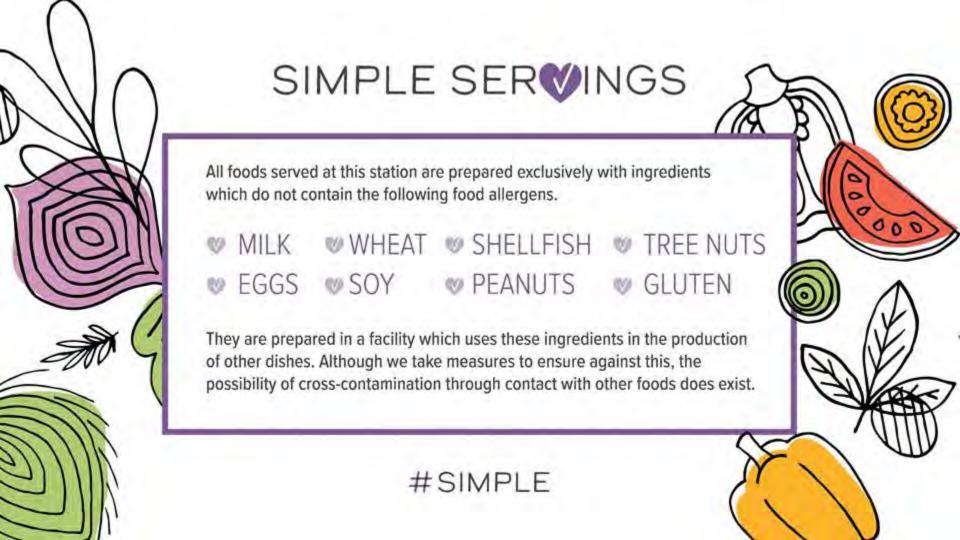
Craving breakfast for dinner? No problem! We have waffle irons, bagels, cereal and more available all day.



We serve a rotation of hearty, delicious, made-from-scratch soups every day.



Homemade cookies, cakes, bars and pastries, plus ice cream and festive seasonal treats.





# Meet our district dietitian Joe Chism

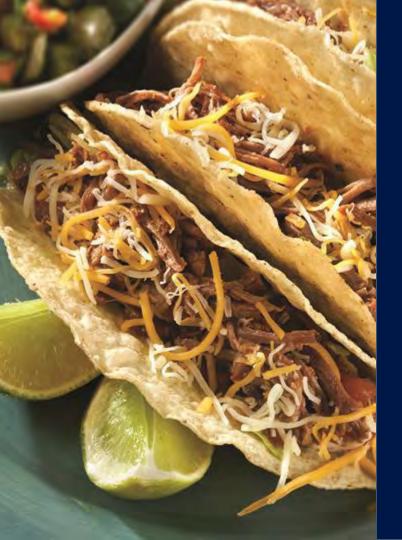
#### Services Include:

- Food allergy management and support for new and/or current students
- Special diet accommodation requests
- Nutrition education and guidance
- Healthy on-campus cooking demonstrations
- Nutrition and wellness programming
- Sports nutrition

### **QUESTIONS?**

Contact Joe Chism at joe.chism@sodexo.com





# Meal Plans

Racer Dining offers a variety of meal plan options to meet your needs. All students are required to purchase a meal plan for four semesters, excluding summers. For specific requirements and detailed information about meal plans, please visit **murraystate.edu/dining** 







STUDENTS
Text
racerdining to
82257



Our student culinary council meets with the Racer Dining management biweekly to discuss student satisfaction, exchange ideas, share sneak peeks of upcoming projects and more!



At Racer Dining, we offer paid internships, particularly in marketing and human resources. If you are interested in getting real-world experience in either of these fields, send us an email for more information!



Text RacerDining to 82257 to receive text alerts about campus dining.

- racerdining.sodexomyway.com
- msu.dining@murraystate.edu
- (270) 809-4600
- @RacerDining
- @ @RacerDining
- @RacerDining

## What is Student Support Services?

Student Support Services (SSS) is a federally funded program provided by the U.S. Department of Education. SSS provides FREE services for under-resourced, first-generation students, as well as students with disabilities, who qualify and have an academic need. We offer one-on-one tutoring, free printing services, grant aid, scholarships and much more!

For more information please contact:



MeLissa Cooper, Director

261 Blackburn Science Building

mcooper@murraystate.edu

270.809.4510

# What can SSS offer your student?



- Free Tutoring
- Free Printing
- Financial Aid Guidance
- SSS Series Support Courses
- Computer Lab Use
- Grant Aid/Scholarships
- Cultural and Educational Trips
- Graduate School Tours



## CENTER FOR STUDENT ENGAGEMENT AND SUCCESS

Staff in Student Engagement and Success are committed to the success and retention of all students through guidance, support, and cultivation of their personal well-being and academic success.

### Supporting students to:

- Transition successfully to college
- Develop successful academic habits
- Create connections with faculty, staff, and resources
- Persist during challenging times
- Engage in their Racer living and learning experience to reach their career and personal goals and to THRIVE!
- And much, much more!

Need help and don't know where to start?

Start with us!



## STUDENT ENGAGEMENT AND SUCCESS

The office is also responsible for

- Supporting students and their success through many avenues including the use of the Starfish Student Success Network and student "Raise Your Hand" for help feature, tutoring, first-year professional advising, success coaching, and more.
- Celebrating families by hosting Family Weekend where parents and families can spend a weekend with their student and enjoy many activities. Visit www.murraystate.edu/family for more information.
- ▶ **Publishing the e-newsletter** for parents and family. Visit <u>www.murraystate.edu/family</u> to sign-up for the newsletter.
- ▶ Visit the <u>website</u> to learn more about the exceptional programming offered by the Center.

Website: www.murraystate.edu/success

Email: <u>msu.success@murraystate.edu</u>

**Phone:** 270.809.2274 or 2684

Offices: Wells Hall and Lowry

# First-Generation Community at Murray State

# First in the Family!

- Murray State is committed to supporting first-generation Racers and their families.
- A first-generation college student is someone whose parents or legal guardians have not completed a 4-year degree at a college or university.
- Learn more about the support and programming offered to our first-gen Racers on the next slide and at <u>murraystate.edu/firstgeneration</u>



## SUPPORTING OUR FIRST-GEN RACERS

### ₩

## MURRAY STATE

Center for Student Engagement and Success

#### MURRAYSTATE.EDU/FIRSTGENERATION

## 44%

First-Generation Undergraduate Population at Murray State University (FA24)

#### **Education Aboard**

In March 2024, first-year, first-gen students completed a London Spring Break experience.

Grant received to financially support students

#### Celebrations, Recognitions

Annual First-Gen Celebration held in November in the Lounge Scholarships created specific for first-gen students

#### First-Gen Thrive Lounge

Academic Advising

Connecting first-gen students with first-

year professional advisors

Professional development for faculty and

staff

Launched in August of 2023, the Lounge provides a new space for belonging. Created with repurposed and donated items. Faces of First-Gen and meeting space added in fall 2024.

#### Student and Family Support

Parent/Family newsletter sent bi-weekly highlighting information for first-gen students and families

Glossary of terms created (murraystate.edu/glossary) to help students and families navigate college terms

## VETERAN & MILITARY STUDENT SUCCESS





Supporting Veterans and military connected students as they pursue their education through certification of benefits, Veterans Lounge (444 Blackburn), programming, and advocacy.

Joshua Williams, Coordinator

**Phone:** 270.809.3754

Email: msu.va@murraystate.edu

Website: murraystate.edu/va

# RACERS HELPING RACERS FOOD PANTRY FOR STUDENTS

The Racers Helping Racers food pantry is a free resource to so no student has to choose between a meal and their education. Our mission is to help students thrive—not just survive—during their college journey. No proof of need is required — just bring your Racer ID. Your well-being matters to us.





### **Two Locations:**

- 244 Blackburn Science Bldg, Main Campus
- Hopkinsville Regional Campus

### **Online Curbside Service:**

Place an order online and pick it up at the front of the Curris Center when your order is ready.

For more information on Racers Helping Racers Student Food Pantry:

murraystate.edu/racershelpingracers

# Susan E. Bauernfeind Student Recreation and Wellness Center

Campus Recreation and Wellness

- •73,000 sq. ft. facility
- •3 full size basketball/volleyball courts
- •2 racquetball courts
- •1/11 mile indoor walking/running track
- •50+ Cardio machines
- Free weights
- •40+ Selectorized weight equipment
- •2 aerobic studios
- •Lounge area (couches, TVs, ping pong tables, and vending machines)
- •Pool with adjoining locker rooms (6 lane lap pool, leisure pool, hot tub, and vortex)









## **Facility Hours**

Monday-Thursday 5:30 a.m. - 11:00 p.m.

5:30 a.m. – 9:00 p

Saturday 12:00 p.m. - 9:00

Sunday 3:00 p.m. - 11:00 p



## **Pool Hours**

Monday-Thursday: 6:30 a.m. - 8:30 a.m, 11 a.m. - 1 p.m, 3 p.m. - 9 p.m.

Friday 6:30 a.m. - 8:30 a.m, 11a.m. - 1 p.m, 3 p.m. - 8:30 p.m.

Saturday 12:30 p.m. – 6:00 p.m.

Sunday 3:00 p.m. - 6:00 p.m.



# Intramural Sports Mens/Womens/Corec Leagues



## 4 week leagues

- -Softball
- —Flag Football
- -Basketball
- -Volleyball
- -Soccer
- -Pickleball
- –Sand Volleyball





## One-Day/Weekend

- Water Polo
- -3v3 Basketball
- -Quidditch
- -Ping Pong
- -Racquetball
- -Ultimate Frisbee
- -Spikeball
- –Dodgebaĺl

### Campus Recreation and Wellness Contact Information

#### Primary Contacts:

- Jordan Williams Director Wellness Center
- Omarcus Jenkins Assistant Director Intramural sports

Offices: Wellness Center

1000 Racer Dr.

Email: <u>msu.wellnesscenter@murraystate.edu</u>

<u>msu.intramurals@murraystate.edu</u>

Phone: 270-809-6000

#### Websites:

- Wellness Center (murraystate.edu/wellnesscenter)
- <u>IMleagues</u> (www.imleagues.com/spa/portal/home)





# Oakley Resource Center & Student Lounge

- → Director: Abigail Cox
- → C102 Oakley Applied Science
- $\rightarrow$  Open M F | 9 am to 4 pm
- → murraystate.edu/resourcecenter
- **→ 270.809.3140**
- → msu.oakleyresourcecenter@murraystate.edu
- → Follow us on Instagram @msu.oakleyrc



# Oakley Resource Center & Student Lounge

- → Academic Support: Study Lounge, Study Club, 1:1 Support, Faculty Office Hours, Faculty Led Workshops
- → <u>Campus Safety Resources</u>: Alcohol and Drug Education, Violence Prevention Education, NightCap Drink Covers
- → <u>Basic Needs Resources:</u> Toiletries, Period Products, Winter Weather Closet, and More
- → <u>Student Social Clubs:</u> Board Game Club, Puzzle club, Silent Book Club, and Creative Writing Club



Location: 100 Oakley Applied Science

Phone: 270.809.3735

Email: msu.careerservices@murraystate.edu

Website: murraystate.edu/career

# **Career Services**

	CAREER SEARCH	
	JOB SEARCH ASSISTANCE	INTERVIEW COACHING
	RESUME REVIEW	COVER LETTER REVIEW
	NETWORKING ADVICE	CAREER COUNSELING
	CAREER CLOSET	SOCIAL MEDIA AUDITS
	FREE HEADSHOTS	MAJOR SELECTION
	GRADUATE SCHOOL	
	PROGRAM EVALUATION	MOCK INTERVIEWS
	PERSONAL STATEMENT CRITIQUES	
	REAL-WORLD EXPERIENCE	
	ON-CAMPUS JOBS	MICRO-INTERNSHIPS
	VOLUNTEER OPPORTUNITIES	INTERNSHIP COUNSELING

## **Career Services**

# ii Handshake

#### http://murraystate.joinhandshake.com

- · On Campus Employment
  - Internships and Jobs
- Appointments with Career Services
- · Register for Events Including Career Fairs

## **Education Abroad**

#### The World Awaits...

Let us help you get on a plane! Challenge yourself to learn and interact with people from around the world - people who have been raised in a different culture and tradition. Give yourself the chance to open new doors. You'll be surprised at what you might find when you do.

Education Abroad scholarships available PLUS use your existing MSU scholarships and financial aid!

Location: 131 Blackburn Phone: 270.809.2277

Email: msu.studyabroad@murraystate.edu

Website: <u>murraystate.edu/educationabroad</u>

Instagram: @msu.studyabroad





# International Student Services

Welcome to Murray State University's Office of International Student and Scholar Services. The office provides support services to incoming and current international students.

**Location: B0019 Blackburn** 

Website: murraystate.edu/admissions/international/StudentScholarServices/

Staff:

• Dr. Bill McKibben: bmckibben@murraystate.edu or 270.809.3089

Misty Lanham Brown: mbrown@murraystate.edu or 270.809.2964





# Great Beginnings: Begins August 13





- Jumpstart Your College Adventure! Get to know your new campus and kick off college life with exciting activities to make your transition smooth and unforgettable.
- **Meet & Mingle:** Whether you're living on campus or commuting, join us for fun-filled events where you'll connect with fellow Racers and make new friends!
- Racer One Stop: Need help with financial aid, registration, or bursar questions? Swing by Racer One Stop – your one-stop shop for all things student support!
- Move-In Magic & More: Residential College move-in days are are filled with welcome parties and high-energy activities across campus. The fun starts the moment you arrive!

www.murraystate.edu/greatbeginnings





- Access the daily event schedule
- Bookmark favorite events to get reminders
- Find important links
- Get move-in directions
- Subscribe to notifications,
- Download campus map and more.

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# Here to help – Just ASK!

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