

# Bringing Your Vita to Life: Preparing for Internship & Early Career Positions

A curriculum vitae, also known as a CV or Vita, is a document used in our profession to record career accomplishments and achievements that can be included as part of the application process for externships, internships, and practitioner or university positions.

#### Résumé or Vita: What is the Difference?

The differences between curricula vitae and résumés are more than semantics. Typically, a résumé is limited to one or two pages, highlighting only those experiences and credentials that the author considers most relevant to a desired position. On the other hand, a *curriculum vitæ* ó a Latin phrase meaning "course of life," ó encompasses a much broader range of skills and experiences.

The headings and organization presented below and in the accompanying sample are typical of a vita. It is important to note that the order of the sections and presentation style varies with each individual according to personal style and individual strengths. Some individuals may choose to highlight their experiences in a narrative form, while others choose bullets. Still others may experiment with a range of fonts. Additionally, past experiences relevant to the desired position can be brought to the readers' attention by using **bold**, CAPITALIZED, *italic*, or <u>underlined</u> text. No matter which style you choose, information within each section should be listed in reverse chronological order (i.e., most recent experiences listed first) and be presented in a way that emphasizes your unique training and skills.

# Heading

The heading should include your name and contact information (address, telephone number, fax number, and e-mail address) and is frequently centered at the top of the document. You might choose to include both personal and department or employment addresses if you want to emphasize your current academic affiliation.

#### Education

Educational history can be organized in numerous ways; however, each degree entry should contain the university attended, the month and year you graduated (or expected month and year), and the degree major and minor earned, if applicable. If you graduated or will graduate from a NASP-approved program, then this approval should be listed in the entry. Similarly, doctoral students should list NASP approval and/or APA accreditation, if applicable.

Degrees should be entered beginning with your most recent degree earned and ending with your bachelor degree. Listing grade point averages is not necessary, especially for graduate education; however, undergraduate distinctions (other than GPA) should be noted (e.g., cum laude, distinction, completion of a baccalaureate honors thesis). Depending on the intended audience, individuals may list their master thesis or dissertation title as well as their graduate or research advisor@s name. This may be of interest when applying for academic positions; however, if the position is a school-based internship or school psychologist position, the advisorøs name is likely not necessary.

## **Professional Credentials & Certificates**

Individuals applying for jobs in states that require an internship credential and/or basic skills test (e.g., PRAXIS II, jurisprudence examination, etc.) should list their credentials and/or test passage date. In addition, expected credentials such as a (state) school psychology credential or NCSP could be included. Be sure to indicate when the documents were submitted for review. Lastly, related credentials could also be listed, such as an active teaching certificate or credential.

# Language Fluencies

Language fluencies should be an objective representation of your skills. Two to four years of high school language classes rarely, if ever, equal the fluency needed to work with children and parents whose native language is not English. Be honest about your skills. Those with nativelanguage ability should indicate specific levels of fluency in oral communication, reading, and writing. It may be helpful to use a scale, such as The Interagency Language Roundtable (ILR), to help you assess your proficiency.

# Specialized Training in School Psychology

If your program has provided focused or specialized training, then you should list and describe your experiences. Specifically, you can describe an area of specialization that you are pursuing (e.g., neuropsychology, behavior analysis, bilingual certification), or list the federally funded projects in which you are involved (e.g., training and research grants).

## School Psychology Field/Practicum and Internship Experiences

Beginning with the most recent experience, each listing should include: school, district, grade levels, dates, field supervisor, number of days and/or hours on site, and a description of responsibilities (list primary activities first). A minimum 1,200 hour (specialist-level) or 1,500 hour (doctoral-level) internship is required by NASP and should be noted in the entry. Also, completion of an APA accredited pre-doctoral internship should be similarly noted. Lastly, any internship should be listed separately from your work as a fully credentialed practitioner.

#### Graduate Assistantship Experience

Graduate assistantships typically include teaching, research, or other related positions within the school psychology or related program. Many assistantships require a time commitment (e.g., 106 20 hours per week) with assigned responsibilities. Assistantships including your responsibilities should be highlighted in reverse chronological order.

#### Related Experience

Previous positions related to the development of your skills in school psychology can help enhance your employment application. Entries can be listed in reverse chronological order, or if you have had various related experiences, you may want to arrange information in different groups (e.g., counseling, teaching, research, program development, etc.). While a range of presentation styles may be used, the following information should be included: facility (i.e., school, hospital, agency, consortium); grade or age levels; location and time on site (full-time, part-time, or specific hours); and a description of your responsibilities and activities.

#### **Publications**

Organize publications in reverse chronological order. It may be helpful to highlight your name in **bold**, especially if you are one of several authors on a manuscript. See the current edition of the APA Style manual for appropriate formatting.

#### Conference Presentations

Organize presentations in reverse chronological order. Follow the guidelines in the current edition of the APA Style manual for appropriate information to include.

# Workshops Provided

If you have delivered workshops or in-service presentations at a conference or school, you can organize these experiences in reverse chronological order or by topic rather than by date. Provide a brief description of the workshop, and then list the audiences and dates of presentations.

# Professional Development

List important professional development workshops or other training experiences in which you participated, particularly those in which you earned continuing professional development (CPDs) or continuing education units (CEUs). Provide descriptive information for each listing, including the dates (month, year), location, and name of workshop provider.

#### Professional Associations: Membership

List the professional associations in which you hold active membership. Associations can be listed alphabetically or by level of involvement. Dates of membership are optional.

#### Professional Associations: Leadership

If you have served in a leadership role at a local, state, or national level, you should include a separate section to discuss your leadership activities (e.g., service as a Student Representative for your state association, NASP Student Leader). Leadership positions in your school psychology program may also be incorporated here (e.g., participation on the school psychology program committee, advisory board, university-based student association, or admissions advisory committee).

# References

For the purposes of a field-based internship or a credentialed school psychologist position, list references, including names, titles, and contact information. References typically include a range of individuals such as faculty members, field supervisors, and school-based colleagues.

#### Name

123 ABC Street City, State, Zip name@address.com (###) 123 - 4567 (home) (###) 123 - 4567 (fax)

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# PhD School Psychology

University of ABC, City, State NASP-approved, APA-accredited program Dissertation: Title

Research Advisor: John Smith, PhD

Expected August 20XX

# **EdS School Psychology**

ABC State University, City, State NASP-approved, NCATE-accredited program May 20XX

# **BA Psychology**

Minor in Elementary Education ABC College, City, State Cum Laude August 20XX

## **CREDENTIALS AND CERTIFICATES**

Nationally Certified School Psychologist (NCSP) Certification # 12345 7/20XX 6 7/20XX

#### SPECIALIZED TRAINING IN SCHOOL PSYCHOLOGY

# Traineeship, Applied Behavioral Analysis (ABA), 20XX-20XX

Completed the requirements of a USDE grant that trained school psychology graduate students to work with children with autism spectrum and behavioral disorders within urban school systems. Requirements included three courses (nine semester credits) of related coursework, and a year-long practicum at a school site that serves children with autism and behavioral disorders.

#### FIELD EXPERIENCES IN SCHOOL PSYCHOLOGY

# School Psychology Intern, ABC School District, 20XX-20XX

Sally Smith, NCSP, Supervising School Psychologist

Completed a 1500-hour doctoral internship where I provided a range of psychological services to children in grades K-9.

- É Consulted and collaborated with teachers, administrators, and parents
- É Participated on School Consultation Teams
- É Developed, implemented, and evaluated behavior intervention plans
- É Conducted comprehensive evaluations, including ecological, curriculum based measurement, dynamic assessment, and standardized testing
- É Contributed to IEP development for children with learning, language, and emotional disabilities
- É Maintained an individual counseling caseload
- É Provided group counseling that focused on issues related to self esteem and social skills development

#### **GRADUATE ASSISTANTSHIP**

Program Assistant, XYZ University, School Psychology Program, 20XX-20XX Joe Johnson, PhD, NCSP, Supervising Faculty Member A 9-Month assistar ship consisting of 20-hours per week

- Supported faculty with undergraduate study skills courses
  - o Tasks include grading, occasional lecturing, meeting with students, lab set ups, and other duties as assigned
- Assisted with specific tasks and assignments associated with NCATE accreditation preparation (i.e., electronic documents, web interface, data retrieval and entry into databases, consultant/review team arrangements, correspondence, etc.)
- Developed electronic brochures, student survey and generation of program reports as needed by department faculty

#### RELATED EXPERIENCE

# Support Staff, ABC Mental Health Agency, 20XX-20XX

City, State

Jane Doe, PsyD, Supervising Clinical Psychologist

Purpose: A part-time position providing group therapy as an outpatient service for children with emotional disabilities. Completed 1000 hours.

- É Consulted and collaborated with staff and parents regarding treatment plans and services
- É Developed intervention plans and goals
- É Maintained an individual counseling caseload and provided group counseling that focused on a wide range of issues including divorce, drug abuse, and social skills development

#### **PUBLICATIONS**

- Doe, J. (In press). Culturally competent practice: Training and supervision. *School Psychology Review, XX,* xxx-xxx.
- Smith, J., & **Doe**, **J.** (2008). Working together: The value of supervision. *School Psychology Quarterly*, *XX*, xxx-xxx.

#### **CONFERENCE PRESENTATIONS**

Smith, J., **Doe, J.,** & Brown, R. (2008, March). *Experimental evaluation of a prevention program developing socioemotional competencies*. Symposium presented at the annual meeting of the National Association of School Psychologists, New Orleans, LA.

#### WORKSHOPS PROVIDED

Doe, J. (2008, August, 18). *All the necessary tools for implementing RTI*. It service presented to teachers across grades 668 at ABC Middle School. Information presented included strategies for data collection and monitoring as well as a review of the problem-solving process used by school-based teams.

# PROFESSIONAL DEVELOPMENT

# PREPaRE: Prevention and Preparedness-The Comprehensive School Crisis Team

December 20XX

Presenter: Sam Johnson

Received certificate of continuing professional development for 8 hours of training

#### **Recent Legal Developments in Special Education**

November 20XX

Presenter: ABC Law Offices

Some State Association of School Psychologists Conference 20XX

Received certificate of continuing professional development for 3 hours of training

## Improving Advocacy Skills Within Your School: A Focus on School-Wide Collaboration

May 20XX

Presenter: Sally Smith

XYZ County School System

#### PROFESSIONAL ASSOCIATIONS: LEADERSHIP

Student Leader, 20XX620XX, National Association of School Psychologists
The role of a NASP Student Leader is to serve as a liaison between NASP and the graduate students in a university school psychology program.

- Distributed information to fellow students regarding NASP resources and upcoming events;
- Developed and participated in a School Psychology Awareness Week outreach activity in the fall that included the sale of school psychology t-shirts;
- Developed and participated in an advocacy activity in the spring;
- Gave feedback to NASP as requested on various student initiatives;
- Collected information from colleagues to help with student resource development; and
- Posted regularly on the student and Student Leader Online Communities.

CLD Recruitment Ambassador, 20XX ó 20XX, National Association of School Psychologists The role of a CLD Ambassador is to serve as a spokesperson for the profession and NASP by delivering school psychology recruitment presentations to undergraduate students from culturally and linguistically diverse backgrounds.

- Presented NASP Career PowerPoint presentation to undergraduate classes (psychology & ethnic studies courses) in institutions with large numbers of students from diverse backgrounds
- Provided NASP resources to students, and answered questions
- Distributed surveys at presentations to evaluate the presentation and collect data on the
- Conducted two school psychology career presentations per year

## PROFESSIONAL ASSOCIATIONS: A EMBERSHIP

National Association of School Psychologists State Association of School Psychologists American Psychological Association. Division 16 Local Association of School Psychologists Student Affiliates of School Psychology: APA Psi Chi Honor Society

#### REFERENCES

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This fact sheet was developed by Anna M. Peña, NCSP, School Psychologist and member of the NASP Student Development Workgroup, and reviewed by NASP staff and school psychology faculty members.