

# Susana Contreras Bloomdahl, Ph.D., NCC

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## EDUCATION

### **University of Arkansas, Fayetteville, 2003-2007:**

**Ph.D., Counselor Education** (CACREP accredited)

Dissertation title: *The Effect of Language Program Type on Latino Immigrant Adolescent Self-Esteem*

### **University of New Orleans, New Orleans, 2000-2002:**

**M.Ed., Counselor Education** (CACREP accredited)

Area of Specialization: School Counseling

### **Louisiana State University, Baton Rouge, 1996-2000:**

**B.S., Psychology**; Minor in Italian

## CURRENT POSITION

### **Murray State University, Murray, Kentucky:**

Chair, Dept. of Educational Studies, Leadership & Counseling, Jan. 2015-present

Associate Professor, 2014-present

School Counseling Program Coordinator, 2012-present

## ACHIEVEMENTS AND AREAS OF EXPERTISE

- Provide vision, leadership and oversight for eight programs within the department, to ensure that attention to optimal learning of the individual student is supported and integrated throughout the academic environment
- Ensure that effective program planning and assessment are carried out to accomplish the goals and objectives of the department faculty that encompass the needs of the program and the students
- Serve as the leader of academic and scholarly excellence, advocating for opportunities for creative teaching initiatives, research, scholarship and creative activities and meaningful engagement of community partners
- Develop and account for department budgets and resource allocation for faculty development and travel, program management and student experience
- Administer and lead strategies for successful accreditation attainment and academic regulations
- Perform a primary role in decisions concerning academic hires, salaries, promotion, and tenure
- Enhance the culture of communication with faculty and staff within and among programs and departments
- Provide avenues of collective and collaborative academic decisions with the Dean, Assistant Dean, Chairs, and other administrators demonstrating commitment to shared governance
- Continue to teach at the college level for over 10 years, including traditional, online, hybrid, and multidisciplinary courses, maintaining an active and continuous classroom teaching role, both on campus and at extended regional sites

**CERTIFICATION**

National Board for Certified Counselors, 76996

**PROFESSIONAL ORGANIZATIONS & MEMBERSHIPS**

**American Counseling Association (ACA)**, 2010 - present

**American School Counseling Association (ASCA)**, 2010 - 2018

**Kentucky Counseling Association (KCA)**, 2008 – 2018

- Regional Chapter Relations Committee Chair, 2016-2018

**Western Kentucky Counseling Association (WKCA)**, 2008 – 2018

- President-Elect, 2017-2018
- Vice-President, 2016-2017

**National Board for Certified Counselors (NBCC), Inc. and Affiliates**

- Board Eligible National Certified School Counselor, 2002 – present

**Arkansas Counseling Association (ArCA)**, 2002-2007

- Student Chairperson, 2004 –2006
- Association for Multi-Cultural Counseling and Development, 2003 –2006

**JOURNAL PUBLICATIONS**

\* *Denotes student collaboration on scholarly projects.*

**REFEREED PUBLICATIONS****International**

1. Lee, S. M., Thorn, A. R., **Bloomdahl, S. C.**, Ha, J., Nam, S. K., & Lee, J. (2012, Jul). Parent involvement in school: English speaking versus Spanish speaking families. *Spanish Journal of Psychology*, 15(2), 582-91. [http://dx.doi.org/10.5209/rev\\_SJOP.2012.v15.n2.38869](http://dx.doi.org/10.5209/rev_SJOP.2012.v15.n2.38869)

**National**

- \*4. Martin, C., Dunham, M., Patel, S., & **Contreras-Bloomdahl, S.** (2016). Anchoring ADHD symptoms to mental age. *Psychology in the Schools*, 53(9), 926-937. doi: 10.1002/pits.21956. (21-30% acceptance rate per online sources)
3. **Bloomdahl, S. C.**, & Navan, J. (2013, Jan/Feb). Student leadership in a residential college: From dysfunction to effective collaboration. *Journal of College Student Development*, 54(1). [http://muse.jhu.edu/login?auth=0&type=summary&url=/journals/journal\\_of\\_college\\_student\\_development/v054/54.1.bloomdahl.pdf](http://muse.jhu.edu/login?auth=0&type=summary&url=/journals/journal_of_college_student_development/v054/54.1.bloomdahl.pdf)
- \*2. Jenkins, M. A., Dunham, M., & **Contreras-Bloomdahl, S.** (2011). The need for grief plan awareness and staff training in schools. *VISTAS: Ideas and Research You Can Use 2011*. [http://counselingoutfitters.com/vistas/vistas11/Article\\_83.pdf](http://counselingoutfitters.com/vistas/vistas11/Article_83.pdf)
1. Thorn, A. R. & **Contreras, S.V.** (2005). Counseling Latino Immigrants in Middle School. *Journal of Professional School Counseling*, 9(2), 167-170.

**NON-REFEREED PUBLICATIONS****National**

2. Wash, P. D., & **Bloomdahl, S.** (2015). Personnel difficulties ranks top in issues facing new academic chairs. *The Department Chair*, 26(1). <https://doi.org/10.1002/dch.30037>

1. Patterson, L., & **Bloomdahl, S. C.** (2011, June). Engaging the immigrant student through respect and genuine concern. *Classroom Tips, Phi Delta Kappa International*.  
[http://www.pdkmembers.org/members\\_online/publications/ClassTips/Tips\\_June\\_11.pdf](http://www.pdkmembers.org/members_online/publications/ClassTips/Tips_June_11.pdf)

#### MANUSCRIPTS IN PREPARATION OR REVIEW

- \*4. Martin, S., Littlepage, B., Wilson, R., & **Bloomdahl, S.** (2018). The effect of community in retaining underrepresented minorities in engineering. *IEEE Transactions on Education*. Submitted for review.
- \*3. **Bloomdahl, S. C.**, Brogan, J., Rowlett, W. H., & Dunham, M. (2018). Using SFBC groups to increase Latino academic self-esteem. *School Mental Health*. Submitted for review.
- \*2. **Bloomdahl, S. C.**, Brogan, J. & Martin, C. (2019). *Bicultural support for Latino middle school students*. Manuscript in preparation.
1. Chapman, M., **Bloomdahl, S. C.**, & Whaley, D. (2019). *Disposition items: Views of education preparation faculty*. Manuscript in preparation.

#### CONFERENCE PRESENTATIONS

#### NATIONAL PRESENTATIONS

7. Chapman, M., **Bloomdahl, S. C.**, & Whaley, D. (2018, October). *Disposition Items: What's Important and How Do Education Preparation Faculty Rate Themselves*. Presentation for the Teacher Education Council of State Colleges and Universities (TECSCU) and The Renaissance Group (TRG) joint fall conference, Charleston, SC.
6. Chapman, M., & **Bloomdahl, S. C.** (2017, October). *Teaching Concepts of Diversity: A Focus on Faculty*. Presentation for the Teacher Education Council of State Colleges and Universities (TECSCU) and The Renaissance Group (TRG) joint fall conference, Philadelphia, PA.
5. **Bloomdahl, S. C.** (2017, March). *Ethnic Identity Exploration: Group Counseling with Latino Middle School Students*. Poster session for the American Counseling Association, San Francisco, CA.
- \*4. **Bloomdahl, S.C.**, & Martin, C. (2016, April). *Biculturally-Focused Counseling with Latino Middle School Students*. Poster session for a collaborative international conference between the American Counseling Association and the Canadian Counselling and Psychotherapy Association, Montréal, Quebec, Canada.
3. Patel, S.H., Bakes, A., & **Contreras-Bloomdahl, S.** (2013, October). *Assessing Counseling-Students' Counseling Skills: An Experiential Approach*. Poster session for the Association for Counselor Education and Supervision Annual Conference, Denver, CO.
2. **Bloomdahl, S.C.** & Patel, S.H. (2012, March). *Student Leadership in a Residential College: From Dysfunction to Effective Collaboration*. Poster session for the American Counseling Association Annual Conference, San Francisco, CA.

1. Patel, S.H., Burt, I., & **Bloomdahl, S.C.** (2012, March). *Counselor Educators' Attitudes towards Evidence-Based Practices*. Poster session for the American Counseling Association Annual Conference, San Francisco, CA.

#### STATE PRESENTATIONS

- \*11. **Bloomdahl, S. C.**, & Martin, C. (2014, November). *Effects of Biculturally Focused Counseling on Latino Middle School Students*. Presentation for the Kentucky Counseling Association 57<sup>th</sup> Annual Conference, Louisville, KY.
- \*10. Brantley, A., & **Bloomdahl, S. C.** (2013, March). *Responding to Homonegativity to Benefit Student's Resilience*. Presentation for the Kentucky School Counseling Association 2013 Conference, Lexington, KY.
- \*9. Brantley, A., & **Bloomdahl, S. C.** (2012, October). *Impact of 'Homonegativity' on Student Resilience*. Presentation for the Kentucky Counseling Association 55<sup>th</sup> Annual Conference, Louisville, KY.
- \*8. Rowlett, W. H., & **Bloomdahl, S. C.** (2012, October). *Natural Resilience in the Latino Population: Implications for Solution-Focused Counseling*. Presentation for the Kentucky Counseling Association 55<sup>th</sup> Annual Conference, Louisville, KY.
- \*7. Engphaiboon, N. & **Bloomdahl, S.C.** (2011, October). *Personal Experiences of Cultural Diversity in Counseling*. Presentation for the Kentucky Counseling Association 54<sup>th</sup> Annual Conference, Louisville, KY.
6. Bakes, A. S., **Bloomdahl, S. C.**, Gitonga, S. K. & Patel, S. H. (2010, October). *Finding a Theory that Fits*. Presentation for the Kentucky Counseling Association 53<sup>rd</sup> Annual Conference, Louisville, KY.
5. **Bloomdahl, S. C.** (2010, October). *Self-Esteem in Latino Immigrant Students*. Presentation for the Kentucky Counseling Association 53<sup>rd</sup> Annual Conference, Louisville, KY.
4. **Contreras, S.** (2005, November). *Graduate Student in Counseling Organizational Meeting*. Chair for student organization for the 60<sup>th</sup> Annual Arkansas Counseling Association Conference, Hot Springs, AR.
3. **Contreras, S.** (2004, November). *Graduate Student Organizational Meeting*. Chair for student organization for the 59<sup>th</sup> Annual Arkansas Counseling Association Conference, Hot Springs, AR.
2. **Contreras, S.** (2004, November). *School Counseling: Showing Productivity in the School System*. Presentation for the 59<sup>th</sup> Annual Arkansas Counseling Association Conference, Hot Springs, AR.
1. **Contreras, S.** (2003, November). *Dynamics of Teaching Substance Abuse Issues to Hispanic Adolescents*. Presentation for the 58<sup>th</sup> Annual Arkansas Counseling Association Conference, Hot Springs, AR.

#### LOCAL PRESENTATIONS

- \*3. **Bloomdahl, S.C.**, & Engphaiboon, N. (2011, August). *Group Counseling in the Elementary School Setting*. Invited speaker for the Western Kentucky Counseling Association Fall Meeting, Murray, KY.

2. Bakes, A. S., Patel, S. H., **Bloomdahl, S. C.**, & Gitonga, S. K. (2010, August). *Practical applications of counseling theories*. Invited panel speaker for the Western Kentucky Counseling Association Fall Meeting, Murray, KY.

1. **Contreras, S.** (2003, November). *Dangers of Substance Abuse in Adolescents*. Workshop for Crossroads Alternative School, Rogers, Arkansas, Rogers, AR.

## GRANTS AWARDED

“Kentucky Center for School Safety,”  
\$167,540, Kentucky Department of Education, 2018-2019.  
\$141,406, Kentucky Department of Education, 2017-2018.  
\$141,406, Kentucky Department of Education, 2016-2017.  
\$147,269, Kentucky Department of Education, 2015-2016. Primary Investigator. This grant funds the Murray State Center for School Safety that helps schools across Kentucky to plan and train for school safety issues. The Center provides support for K-12 issues such as bullying, classroom management, cyber bullying, drug use and abuse, internet safety, parent aggression, social networking, suicide, and others.

“Next Generation Leaders Fellowship,”  
\$45,000, Kentucky Department of Education, 2017-2018. Primary Investigator. This grant promotes the advancement of the underrepresented professionals in educational leadership by providing tuition support for continued education and training.

“Western Kentucky Educational Cooperative Summer Workshop,” Paid Consultant – 2014. I co-developed and co-facilitated a training to regional school counselors. The training focused on Effective Counseling Strategies for Adolescents. The main objectives were to train participants in 1) Assessment Strategies for Crisis and Self-Harm, 2) The Effect of Social Networking on Self-Concept, and 3) Sexual Orientation and Identity Issues in Adolescents.

“Counseling Latino Students in Western Kentucky,” \$3,000 – 2013. This study will survey Latino families of two Western Kentucky counties. The main objectives for the study are: (1) to provide targeted strategies for local school counselors to better meet the needs of the Latino student population; (2) to foster greater understanding for the Latino student population within the communities; (3) enhance local school counseling programs; and (4) promote academic achievement in the Latino student population through improved school counseling methods. Recommendations, based on collected data and evidence-based research, will be made to local school counselors to enable better understanding of their Latino students.

“Connect to College Pilot Program,” Paid Consultant – 2012. I served as a resource and consultant for this pilot program. I attended meetings and participated in mentoring with local high school students to help them focus on attending college after graduation. I also created and administered the mid-point and final evaluations for the program.

“College of Education Faculty Incentive Grant,” \$2,000 – June, 2009. This money was used to purchase Second Step program material in English and Spanish. This program focuses on violence prevention in the school systems through communication skills training.

**MAJOR SERVICE  
ACTIVITIES**

**State level:**

- Committee member, Kentucky Department of Education (KDE), School Counseling Model for Practice Task Force, 2018
- Committee member, Kentucky Department of Education (KDE), School Counselor Preparation Standards Review Task Force, 2018
- Participant, Kentucky Association for Career and Technical Education (KACTE), for the development of a statewide dispositions inventory in educator preparation, 2017-2018
- Participant, Education Professional Standards Board (EPSB), Principal Preparation Standards Review Task Force, 2017-2018.

**University level:**

- Co-Chair, MSU Council of Chairs, 2017-present
- Council of Chairs member, 2014-present
- ADVANCE Advisory Board member, Increasing the Participation and Advancement of Women in Academic Science and Engineering Careers, NSF grant, 2016-present
- Commission on Strategic Enrollment Management committee member, 2018
- Chair, President's Commission on Diversity and Inclusion, 2016-2017
- Provost Search Committee member, 2015- 2017
- Strategic Plan Action Step committee member, 2015-2016
- President's Commission on Diversity and Inclusion member, 2013- 2017
- Consultant Women's Center G.R.O.W. Program, 2014 – 2016
- CPE Diversity Plan Writing Committee, Spring 2015
- Faculty Senate representative, 2008 –2014
- Rules, Elections & Bylaws sub-committee member, 2008 –2014
- MSU President Search Faculty Committee, Spring 2014
- University Research Policy Committee member, 2010 –2013
- Emerging Scholar Awards sub-committee chair, Spring 2013
- Minority Graduate Fellowship Selection Committee member, Spring 2013
- Graduate Assistant supervisor – Spring 2013
- Registrar search committee member, MSU, Spring 2012
- ITV Ad Hoc Advisory Committee member, Fall 2010
- Graduate Kentucky: A Community Approach Regional Dropout Prevention Summit committee member, Spring 2010

**College level:**

- EPSB & CAEP Accreditation Leadership Team member, 2014- present
- Faculty Development Team member, 2014- present
- Graduate Studies Committee member, 2011 – present
- College Administrative Cabinet member, 2014 – present
- College Transitions Committee member, 2014 – 2016
- College Scholarship Selection Committee member, spring 2015, spring 2018
- Assist Dean search committee, fall 2014
- Multicultural Committee member, 2008 –2010.

**Department level:**

- Department Executive Committee chair, 2014 – present
- Human Development and Leadership Program Advisory Committee member, 2014-present
- Ed.D. P-20 and Community Leadership Program Advisory Committee member, 2014-present

- Counseling Program Advisory Committee member, 2012-present
- CACREP Liaison, MSU Counseling Program, 2012 – 2015; 2016-present
- Gifted and Talented Education Program Advisory Committee member, 2014-2018
- Faculty search committee chair, Foundations, Spring 2017
- Library Liaison for the Educational Studies, Leadership and Counseling Department, 2008 –2014.
- Faculty search committee, Counseling Program, Spring 2014
- Faculty search committee, Postsecondary Education, Spring 2014
- New Faculty Mentor, 2013-2014
- New Faculty Mentor, 2012-2013
- Faculty search committee member, Counseling Program, 2011- 2012
- Faculty search committee member, Human Development & Leadership Program, 2010- 2011
- Faculty search committee member, Counseling, Fall 2010

#### **OTHER PROFESSIONAL SERVICE**

##### **Murray State University, Murray, Kentucky**

- *ADVANCE Administrator Q&A*, invited panelist to discuss and respond to audience questions on the topic of MSU policies and procedures that may benefit or inhibit women's advancement on campus, April 17, 2018.
- *Women's Leadership Program*, invited panelist to discuss and respond to audience questions about challenges of becoming a professional as a woman, March 5, 2013
- *White Residential College*, instruction of half-semester course: Being Socially Understanding, Fall 2011
- *Teacher Education Services*, Counseling Alternative Certification, supervise three regional professionals seeking Alternative Certification in School Counseling, 2008 – 2009.
- *White Residential College*, presented on conflict resolution skills for Conflict Management Program for residents, September 2, 2009.
- *White Residential College*, follow-up on student leadership group, March 2, 2009.
- *White Residential College*, facilitated student leadership group to help resolve underlying issues that inhibited cohesion, October 27, 2008.

##### **Mayfield City School System, Mayfield, Kentucky**

- *Career Day Volunteer*, Mayfield Elementary School, facilitated discussion with 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> grade student groups about mental health and the counseling profession, March 24, 2017
- *The Effects of Biculturally-Focused Counseling on Latino Students project activity*, Mayfield Middle School, attended student orientation and registration night to explain the project to the parent assembly; facilitate eight counseling sessions with Latino students on a weekly basis for 45 minutes in the fall and spring semesters, May 2014-May 2015
- *The Effects of Solution-Focused Counseling on Latino Students project activity*, Mayfield Middle School, attended student orientation and registration nights to explain the project to the parent assembly; facilitate eight counseling sessions with Latino students on a weekly basis for 45 minutes in the fall and spring semesters. May 2013-May 2014
- *Operation Preparation*, Mayfield High School, career advising for 8<sup>th</sup> and 10<sup>th</sup> grade students by reviewing with them their Individual Learning Plan and discuss their interests and aptitudes; was asked to work with the ESL students who would have needed translation, March 27, 2013.
- *Connect to College grant activity*, Mayfield High School, support student participants in the MSU Connect to College program, January – December, 2012.

**Murray City School System, Murray, Kentucky**

- *Mock Interviews*, Murray High School, “interviewed” high school students who were interested in the mental health field, November 24, 2015
- *Cultural Awareness Presentation*, Murray Elementary School, presented global awareness concepts to 2<sup>nd</sup> grade class, including citizenship and diversity; exposed students to different cultural traditions, dress and food; discussed methods of interacting with diverse students, exploring feelings and social skills, November 19, 2015

**Kentucky School Counselor Educator Coalition, Erlanger, KY**

- *Reach Higher White House Initiative*, invited participant to restructure the involvement of school counselors in the College to Career Readiness movement for Kentucky, January 8, 2015

**Calloway County School System, Murray, Kentucky**

- *Operation Preparation*, Calloway County High School, career advising for 8<sup>th</sup> and 10<sup>th</sup> grade students by reviewing with them their Individual Learning Plan and discuss their interests and aptitudes, February 17, 2015
- *Operation Preparation*, Calloway County High School, career advising for 8<sup>th</sup> and 10<sup>th</sup> grade students by reviewing with them their Individual Learning Plan and discuss their interests and aptitudes, February 19, 2014.
- *Career Awareness Mock Interview Day*, Calloway County High School, “interviewed” high school students who were interested in the mental health field, April 24, 2013.
- *Operation Preparation*, Calloway County High School, February 13, 2013.
- *Operation Preparation*, Calloway County High School, February 15, 2012.
- *Career Awareness Mock Interview Day*, Calloway County High School, December 4, 2008.

**Future Educators Association, Murray, Kentucky**

- *Summer Camp*, presented a group session on the requirements and basic skills of School Counseling, June 7<sup>th</sup>, 2012.
- *Summer Camp*, presented a group session on the requirements and basic skills of School Counseling, June 8<sup>th</sup>, 2011.
- *Summer Camp*, presented a group session on the School Counseling Profession, June 9, 2010.
- *Regional Conference*, volunteer to judge middle/high school student created scrapbooks focused on “*Preparing for a Successful College Career/College Life*,” September 30, 2009.

**Murray-Calloway County Area Tech, Murray, Kentucky**

- Guest speaker for local 4<sup>th</sup> grade student Career Day visits, March 26 – 27, 2009.

**Kentucky Academy of Technology Education, MSU, Murray, Kentucky**

- Volunteer for Student Technology Leadership Program showcase, December 3, 2008.

**Rogers Public Schools, Rogers, Arkansas**

- *Physical Health Presentation*, English as Second Language Academy and Crossroads Alternative School, series to student population- Awareness of messages in tobacco advertisements & dangers of substance abuse, spring 2004.
- *Mental Health Presentation*, English as Second Language Academy and



Crossroads Alternative School, series to student population - Managing stress: The importance of good mental health, fall 2003.

## **FURTHER EXPERIENCE**

### **Murray State University, Murray, Kentucky:**

*Interim Chair, Dept. of Educational Studies, Leadership & Counseling, fall 2014*  
*Assistant Professor, 2008-2014*

- CACREP accreditation liaison; main author of the CACREP self-study and managed the accreditation process, including program revisions
- Facilitated the restructure and revision of the Counseling Program, such as curriculum and assessment development, development of data management system and analysis procedures, and organization of feedback loop with community partners
- Teach graduate level courses and advise students in School Counseling and Clinical Mental Health Counseling tracks

### **University of Arkansas, Fayetteville, Arkansas:**

*Graduate Assistantship, 2003 –2006*

- Updated internship and practicum manual for masters and doctoral level programs
- Developed school counseling certification/licensure manual
- Prepared department syllabi for CACREP accreditation
- Research for Case Management and Supervision in Counseling courses
- Instruction of Classroom Human Relationship Skills and The Helping Relationship courses
- Supervision of masters level Practicum students

### **English as Second Language Academy and Crossroads Alternative School, Rogers, Arkansas:**

*Mental Health Counselor Intern, 2003 –2004*

- Counsel immigrant, Spanish-speaking students, ages 8-21, using Cognitive Behavioral and Solution-Focused approaches.
- Facilitated various group counseling activities: a series of Girl Power Group of adolescent females, a series of Substance Use Awareness Groups for the more at-risk students, The Immigrant Experience Group and others.
- Consult with parents, teachers, administration and the university about meeting the needs of the immigrant student population.

### **Marian Central Catholic Middle School, New Orleans, Louisiana:**

*School Counselor, 2002 –2003*

- Individual and group counseling with students, ages 10-14, using Cognitive Behavior techniques.
- Consult with parents, teacher, and administration to discuss helpful strategies for student development.
- Clinical observations, developmental assessments, crisis intervention and preventive interventions for student well-being.
- Coordinate Quiz Bowl, National Junior Honor's Society, and Builder's Club (a community service program) for the school.

### **Seton Resource Center, New Orleans, Louisiana:**

*Mental Health Counselor Intern, 2001 –2002*

- Counsel individual students, ages 4-14, using Cognitive Behavioral approaches.
- Work with students in group therapy, role-play social activities and scenarios for life preparation.

- Consultation with families and faculty, to advocate for support for the child.
- Teach social skills, such as anger management, empathy and problem-solving, to students.

**University of New Orleans, New Orleans, Louisiana:**

*Group Leader and Techniques Coach, Spring 2002*

- Facilitated a group to help master's level students gain expertise in group interaction.
- Observe and coach masters level students, in and out of the classroom, to refine their individual counseling skills.
- Demonstrate individual and group therapy activities as tutorial for other masters level students.

**COURSES TAUGHT** **Murray State University (graduate level)**  
 Administration and Organization of Personnel Services  
 Advanced Practicum  
 Behavioral Assessment and Intervention  
 Effective Practices in School Counseling  
 Elementary School Counseling  
 Group Counseling  
 Human Development  
 Individual, Group and Team Dynamics  
 Internship I  
 Internship II  
 Introduction to Counseling  
 Introduction to Guidance and Counseling  
 Introduction to School Counseling  
 Middle/Secondary School Counseling  
 Practicum  
 Wellness & Prevention Counseling

**Murray State University (undergraduate level)**  
 Self-Development and Career Exploration

**University of Arkansas, Fayetteville (undergraduate level)**  
 The Helping Relationship  
 Classroom Human Relations Skills

**FORMAL  
LEADERSHIP  
TRAINING**

Kentucky Counseling Association Leadership Training, Rough River State Park, KY, August 4-5, 2017  
 Kentucky Counseling Association Leadership Training, Carter Caves State Park, KY, August 5-6, 2016  
 Murray State University, Council of Chairs Bootcamp, Murray, KY, August 8, 2015  
 AACTE 2015 Leadership Academy, Cincinnati, OH, June 28-July 2, 2015  
 AACTE Annual Meeting, Atlanta, GA, February 26-March 1, 2015  
 Provost's Faculty Leadership Academy, MSU, KY, 2014-2015  
 AACTE 2014 Leadership Academy, Milwaukee, WI, June 23-26, 2014  
 CACREP Training, Nashville, TN, October 26, 2011

**WORKSHOPS AND  
SEMINARS**

West KY Edu Coop., Superintendent Retreat, Bowling Green, KY, Sept 18-19, 2018  
 Ky Excellence in Edu Prep (KEEP) Conference, Louisville, KY, May 20-21, 2018

KACTE Disposition Workshop, ECU, KY, April 27, 2018  
 West KY Edu Coop., Superintendent Retreat, Bowling Green, KY, April 24-25, 2018  
 Western Ky Counseling Assoc Conference, Lake Barkley, KY, March 29-30, 2018  
 AACTE National Conference, Baltimore, MD, March 1-3, 2018  
 West KY Education Coop., Implications of Proposed Budget Cuts, Eddyville, KY,  
 Feb. 13, 2018  
 Kentucky Counseling Association Conference, Louisville, KY, November 2-3, 2017  
 KACTE Disposition Meeting, Frankfort, KY, October 23, 2017  
 TECSCU/TRG National Conference, Philadelphia, PA, October 6-8, 2017  
 West KY Edu Coop., Superintendent Retreat, Bowling Green, KY, Sept. 26-27, 2017  
 West KY Education Coop. School Counselor Training, Eddyville, KY, Sept. 19, 2017  
 Western Kentucky Counseling Association Workshop, MSU, KY, Sept. 15, 2017  
 KCEWS Conference, Louisville, KY, August 23-24, 2017  
 West KY Edu Coop., Superintendent Retreat, Bowling Green, KY, April 25-26, 2017  
 AACTE National Conference, Tampa, FL, March 2-4, 2017  
 Kentucky Counseling Association Conference, Louisville, KY, November 9-11, 2016  
 Western Kentucky Counseling Association Workshop, MSU, KY, August 26, 2016  
 AACTE National Conference, San Diego, CA, February 24-27, 2016  
 WKCA Conference, Lake Barkley, KY, March 17-18, 2016  
 Western Kentucky Counseling Association Workshop, MSU, KY, Sept. 4, 2015  
 Council of Chairs Bootcamp, August 5, 2015  
 Using Assessment Results Workshop, MSU, Murray, KY, April 17, 2015  
 Active Shooter Training, MSU, Murray, KY, April 16, 2015  
 Reporting Assessment Results Workshop, MSU, Murray, KY, April 9, 2015  
 Program Assessment Planning Workshop, MSU, Murray, KY, April 8, 2015  
 ACE National Conference, Chicago, IL, Oct. 21-23, 2014  
 Western Kentucky Counseling Association Meeting, Aug. 29, 2014  
 Webinar: Non-Suicidal Self Injury: A Treatment Overview, Mar. 25, 2014  
 Webinar: Self-Care for Counselors Working with NSSI, Dec 10, 2013  
 Webinar: Working with Teen Moms, Dec. 6, 2013  
 Webinar: Non-Suicidal Self-Injury, Dec. 4, 2013  
 Webinar: Suicide: Ethical, Legal and Risk Management Issues, Nov. 20, 2013  
 Webinar: Teen Depression, Nov. 13, 2013  
 Webinar: Suicide: Assessment Considerations, Nov. 13, 2013  
 Webinar: True Brotherhood: Lifelong Learning Skill Development, Nov. 11, 2013  
 Webinar: Distinguishing between Depression and Suicidal Ideation, Nov. 6, 2013  
 Webinar: Non-Suicidal Self-Injury: Assessment and Risk, Oct. 30, 2013  
 Cumberland Hall Workshop, Hopkinsville, KY – June 6, 2013  
 KY Counseling Assoc 55<sup>th</sup> Annual Conference, Louisville, KY – Oct. 24-26, 2012  
 Webinar: From Playgrounds of Prejudice to Respectful Elem Schools, Oct. 3, 2012  
 Western Kentucky Counseling Assoc Workshop, MSU, KY – September 24, 2012  
 Webinar: Bootstrapper's Guide to Building a Private Practice, Aug., 15, 2012  
 Webinar: Understanding Sch. Couns. Program grants, US Dept. of Ed. – May, 8, 2012  
 KY Counseling Assoc 54<sup>th</sup> Annual Conference, Louisville, KY – Oct. 11-13, 2011  
 Western Kentucky Counseling Association Workshop, MSU, KY – August 26, 2011  
 ACA National Conference, New Orleans, LA – Mar., 23-27, 2011  
 KY Counseling Assoc 53<sup>rd</sup> Annual Conference, Louisville, KY – Oct.20-22, 2010  
 Western KY Counseling Assoc Conference, Lake Barkley, KY – Mar.19- 20, 2009  
 Western Kentucky Counseling Assoc Conference, MSU, KY – September 12, 2008

## LANGUAGES

- Bilingual in Spanish and English
- Elementary knowledge of Italian, German and French

- HONORS/ AWARDS**
- CoEHS Outstanding Research and Creativity Award co-awarded with two faculty members, May 2017
  - Appreciation of service and support of Latino students at Mayfield Middle School, May, 2014
  - MSU Certificate of Appreciation for outstanding leadership in all matters related to the successful CACREP accreditation of the Counseling Education program, December, 2013
  - “Noted by a student, or students, as making a difference in their university experience.” - from the Office of the Vice Chancellor, University of Arkansas, May 2004
  - Rene *Matos Scholarship* – The National Hispanic Coalition of Federal Aviation Employees, Fall 2003