

CURRICULUM VITAE

Rebecca Lynn Pender, Ph.D., LPCC (KY), AMFT (IL), NCC
Murray State University
Department of Educational Studies, Leadership, and Counseling
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Murray, KY 42071-3340
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EDUCATION

May 2012 Doctor of Philosophy, Counselor Education and Supervision
Specialization in Marriage, Couple, and Family Counseling
Idaho State University, Pocatello, ID (CACREP accredited)

Dissertation Title: *The learning process of supervisees who engage in the reflecting team model within group supervision: A grounded theory.*

August 2008 Master of Science in Education
Specialization in Marriage, Couple, and Family Counseling
Secondary Specialization in Community Counseling
Southern Illinois University, Carbondale, IL (CACREP accredited)

Thesis Title: *Making meaning: A couple's perspective of the reflecting team process.*

May 2005 Bachelor of Arts in Psychology
Minor in Sociology
Southern Illinois University, Carbondale, IL
Cum Laude, Dean's List

May 2003 Associate of Arts
John A. Logan College, Carterville, IL
Graduated with Honors, Vice President French Club

CERTIFICATION AND LICENSURE

National Certified Counselor (NCC), Certification # 232794

Licensed Professional Clinical Counselor (Kentucky), LPCC #1585

Licensed Professional Counselor (Illinois), LPC # 178.005883

Associate Marriage and Family Therapist (Illinois), AMFT # 208.000146

PROFESSIONAL EXPERIENCE – ACADEMIA

Murray State University, Murray, KY August 2012 – Present

Department of Educational Studies, Leadership, and Counseling

Assistant Professor, Practicum/Internship Coordinator

- Taught graduate-level counselor education course
- Engaged in web, hybrid, traditional, and distance education instruction
- Responsible for approval of all clinical site placements
- Participated in service activities related to the Council for Accreditation of Counseling and Related Education Programs (CACREP) process
 - Created site supervisor training, site supervisor manual, and Practicum/Internship Manual
 - Established a course schedule/sequence for full time students
 - Updated course syllabi to meet standards
 - Developed assignment rubrics to meet standards
- Responsible for continuous assessment of clinical sites, supervisors and program
- Advised counselor education master students
- Supervised student interns and practicum students
- Participated in university related service commitments

Murray State University, Murray, KY May 2012 – July 2012

Department of Educational Studies, Leadership, and Counseling

Adjunct Professor

- Taught graduate-level human development and leadership course online
- Developed course syllabus, exams, case studies, and assignments

Idaho State University, Pocatello, ID August 2009 – May 2012

Department of Counselor Education and Counseling

Doctoral Teaching Assistant

- Delivered lectures and presentations to master's students
- Facilitated discussions and activities amongst master's students
- Supervised master's level practicum and internship students
- Assisted instructor in course development, syllabus construction, grading and test construction
- Facilitated discussions and activities amongst master's students

Southern Illinois University, Carbondale, IL January 2007 – May 2008

Department of Educational Psychology and Special Education

Master's Level Teaching Assistant

- Delivered lectures and presentations to undergraduate students
- Facilitated discussions and activities amongst undergraduate students
- Assisted instructor in course development, syllabus construction, grading and test construction

Southern Illinois University, Carbondale, IL
Department of Psychology
Undergraduate Teaching Assistant

August 2004 – May 2005

- Delivered lectures and presentations to undergraduate students
- Facilitated discussions and activities amongst undergraduate students
- Assisted instructor in course development, syllabus construction, grading and test construction

SCHOLARLY PRODUCTIVITY

Publications in Refereed Journals

4. **Pender, R. L., & Stinchfield, T. A.** (2014). Making meaning: A couple's perspective of the reflecting team process. *The Family Journal*, 22(3), 273-281 DOI: 10.1177/1066480714529888 (36% acceptance rate per journal editor)
3. Minor, A. J., Moody, S., Tadlock-Marlo, R., **Pender, R. L.**, Person, M. (in Press) Music as a medium for cohort development. *Journal of Creativity in Mental Health*, 8, 381-394 DOI: 10.1080/15401383.2013.857928. (30% acceptance rate per journal editor)
2. **Pender, R. L.** (2012). ASGW Best Practice Guidelines: An evaluation of the Duluth Model. *The Journal for Specialists in Group Work*, 37(3), 218-231 DOI: 10.1080/01933922.2011.632813. (30% acceptance rate per journal editor)
1. **Pender, R. L. & Stinchfield, T. A.** (2012). A reflective look at reflecting teams. *The Family Journal*, 20(2), 177-122 DOI: 10.1177/1066480712438526. (36% acceptance rate per journal editor)

Articles Submitted for Publication in Refereed Journals

Pender, R. L. (2012). Using structural family theory in treating families dealing with family violence. Manuscript submitted for publication in *The Journal of Family Violence*. (Revise and Resubmit)

Manuscripts in Preparation to be submitted for Publication in Refereed Journals

Pender, R. L., & Wells, P. (in preparation). *Enhancing counseling practice: Incorporating the six thinking hats as a clinical strategy*

Pender, R. L., & Wells, P. (in preparation). *Enhancing counselor educator and supervisor practice: Incorporating the six thinking hats as a teaching strategy*.

Pender, R. L. (in preparation). *Utilizing the reflecting team within supervision: A review of the literature*.

Pender, R. L. (in preparation). *The learning process of supervisees who engage in the reflecting team model within group supervision: A grounded theory inquiry.*

Pender, D. A. & **Pender, R. L.** (in preparation). *Group planning, performing, and processing: Best Practices in CISM Group.*

Pender, R. L. (in preparation). *Counselor's in Training experience with using de bono's Six Thinking Hats in practicum supervision: A phenomenology.*

Book Chapter Published in Non-Refereed Publications

Vereen, L. G., **Pender, R. L.** (2012) *Ethics in criminal justice* for the Idaho Coalition Against Domestic Violence

Grant Writing

Murray State University, College of Education Faculty Mini-Grant: Proposal to purchase play therapy materials for the use of instruction and clinical practices.

Amount requested: \$750.00

Result: Awarded October 2013

National and International Refereed Presentations

7. Bakes, A., & **Pender, R. L.** (2013, October). *Strategies for teaching effective conceptualization skills.* Presentation at the annual meeting of the Association for Counselor Education and Supervision, Denver, CO.
6. Wells, P., Berry, J., **Pender, R. L.** (2013, March). *Resiliency in graduate students.* Presentation at the annual meeting of the American Counseling Association. Cincinnati, OH.
5. **Pender, R. L.**, Kleist, D. K., & Berry, J. (2011, October). *Enhancing counseling student learning: Incorporating the six thinking hats as a classroom and supervision strategy.* Presentation at the annual meeting of the Association for Counselor Education and Supervision, Nashville, TN.
4. Minor, A., Moody, S., **Pender, R. L.**, Person, M., & Tadlock-Marlo, R. (2011, October). *Music as a medium: Creative means to foster cohort development.* Presentation at the annual meeting of the Association for Counselor Education and Supervision, Nashville, TN.
3. Pender, D. A., & **Pender, R. L.** (2009, October). *Transforming critical thinking skills in diagnosis and risk assessment through infusion of instructional technology.* Poster presentation at the annual meeting of the Association for Counselor Education and Supervision, San Diego, CA.

2. Prichard, K. K., Mieling, G., Mack, M. C., Arnold, J., & **Pender, R. L.** (2008, February). *Including diversity in career decision- making groups*. Program presented at the annual meeting of the Association for Specialists in Group Work, St. Petersburg, FL.
1. Pender, D. A., Prichard, K. K., & **Pender, R. L.** (2008, February). *Answering the call for CISD research: Examining the group process debriefings*. Program presented at the annual meeting of the Association for Specialists in Group Work, St. Petersburg, FL.

Regional Refereed Presentations

9. **Pender, R. L.** (2012, October). *The learning process of supervisees who participate in the reflecting team within group supervision: A grounded theory*. Presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Kansas City, MO.
8. **Pender, R. L.**, Friesman, A., Perron, N., & Pender, D. A. (2012, October). *Trauma Work: Using Interactive Learning and Performance Based Assessment in Teaching Trauma Counseling*. Presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Kansas City, MO.
7. **Pender, R. L.**, & Moody, S. J. (2010, October). *Group leader summaries in education: Evolving knowledge to reflect upon*. Presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Itasca, IL.
6. **Pender, R. L.** (2010, October). *Integrating the reflective process and the Discrimination model in group supervision*. Presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Itasca, IL.
5. Moody, S. J., & **Pender, R. L.**, & Vereen, L. G. (2010, October). *Group leader summaries in education: Evolving knowledge to reflect upon*. Presented at the annual meeting of the Rocky Mountain Association for Counselor Education and Supervision, Jackson Lake, WY.
4. Harrawood, L., **Pender, R. L.**, Moody, S. J., Minor, A. J., Tadlock, R. L., & Person, M. (2010, October). *Transforming dialogue: A synergistic model of supervision*. Presented at the annual meeting of the Rocky Mountain Association for Counselor Education and Supervision, Jackson Lake, WY.
3. **Pender, R. L.** (2008, October). *Making meaning: A couple's perspective of the reflecting team process*. Poster presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Indianapolis, IN.
2. **Pender, R. L.** (2008, October). *And then there were none: A beginning supervisors journey with anxious and resistant supervisees*. Program presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Indianapolis, IN.

1. Stinchfield, T. A., **Pender, R. L.**, & Asner-Self, K. (2006, October). *Using the reflective model of triadic supervision*. Program presented at the annual meeting of the North Central Association for Counselor Education and Supervision Conference, Kansas City, MO.

State and Local Refereed Presentations

16. **Pender, R. L.** (2014, July). *Assessment Strategies for Crisis and Self-Harm*. Presented for the West Kentucky Educational Cooperative, Eddyville, KY.
15. **Pender, R. L.** (2013, October). *Starting from strength: Utilizing a strengths based approach in client assessment*. Presented at the annual meeting of the Kentucky Counseling Association, Louisville, KY.
14. **Pender, R. L.** (2013, October). *Evaluating the Duluth Domestic Violence Program utilizing the ASGW Best Practice Standards*. Presented at the annual meeting of the Kentucky Counseling Association, Louisville, KY.
13. **Pender, R. L.** (2013, October). *Utilizing de Bono's six thinking hats as a clinical tool*. Presented at the annual meeting of the Kentucky Counseling Association, Louisville, KY.
12. **Pender, R. L.**, & McClure, C. (2011, September). *Supervision in counseling*. Presented for the Idaho State University Professional Development Series, Pocatello, ID.
11. **Pender, R. L.**, Moody, S. J. (2011, April). *Group leader summaries in education: Evolving knowledge to reflect upon*. Presented at the annual Idaho State University Research Day, Pocatello, ID.
10. **Pender, R. L.**, Moody, S. (2011, June). *Supervision in counseling*. Pre-Conference presentation presented at the Idaho Counseling Association Conference, Pocatello, ID.
9. **Pender, R. L.**, Kleist, D. K., & Coe-Smith, J. (2011, January). *Enhancing Counseling Practice: Incorporating the Six Thinking Hats as a Clinical Strategy*. Program presented at the Idaho Counseling Association Conference, Pocatello, ID.
8. Mariska, M., & **Pender, R. L.** (2011, January). *Starting from strength*. Program presented at the Idaho Counseling Association Conference, Pocatello, ID.
7. **Pender, R. L.** *Distinguished presenters panel*. (2011, January). Presented at the Idaho Counseling Association Conference, Pocatello, ID.
6. **Pender, R. L.**, Moody, S. J., & Hatcher, L. (2010, September). *Supervision in counseling*. Presented for the Idaho State University Professional Development Series, Pocatello, ID.
5. **Pender, R. L.**, Moody, S. J., & Hatcher, L. (2010, February). *Legal and ethical issues in counseling*. Presented for the Idaho State University Professional Development Series, Pocatello, ID.

4. **Pender, R. L.** (2010, April). *Making meaning: A couple's perspective of the reflecting team process*. Poster presented at the Kasiska College of Health Professions Research Day, Pocatello, ID.
3. **Pender, R. L.** (2010, January). *Making meaning: A couple's perspective of the reflecting team process*. Poster presented at the annual meeting of the Idaho Counseling Association, Boise, ID.
2. **Pender, R. L.** (2008, October). *Making meaning: A couple's perspective of the reflecting team process*. Program presented at the annual meeting of the Illinois Counseling Association, Tinley Park, IL.
1. Pender, D. A., **Pender, R. L.**, & Liao, M. (2006, October). *Celebrating the call to serve: Finding the fun*. Program presented at the annual meeting of the Illinois Counseling Association, Springfield, Illinois.

TEACHING EXPERIENCE

Graduate Courses Taught

Murray State University, Murray KY

CNS 618- *Issues in Mental Health Counseling*
CNS 635- *Human Growth and Development*
CNS 676- *Clinical Diagnosis and Treatment Planning*
CNS 684- *Problems- Independent Study in PTSD*
CNS 684- *Problems- Independent Study in Theories*
CNS 684- *Problems- Independent Study in Military Work*
CNS 684- *Problems- Independent Study in Substance Use*
CNS 684- *Problems- Independent Study in Crisis and Trauma*
CNS 692- *Group Counseling*
CNS 722- *Substance Use and Addictions Counseling*
CNS 734- *Marriage, Couples, and Family Counseling*
CNS 748- *Expressive Arts and Activities Counseling*
CNS 752- *Trauma and Crisis Counseling*
CNS 790- *Practicum*
CNS 794- *Internship I*
CNS 795- *Internship II*
HDL 625- *Legal and Ethical Issues in Human Services*

Idaho State University (Co-Teaching), Pocatello, ID

COUN 6691- *Issues in Mental Health Counseling*,
COUN 6692- *Wellness and Prevention*
COUN 6628- *Application of Counseling Theories*

COUN 6661- *Issues in Family Counseling*
COUN 6694- *Psychodiagnosis*
COUN 6621- *Professional Orientation and Ethics*
COUN 6624- *Cultural Counseling*
COUN 6664- *Family Assessment*
COUN 6623- *Lifestyle and Career Development*
COUN 6662- *Theories of Couples Counseling*
COUN 6630- *Substance Abuse in Counseling*
COUN 6664- *Family Assessment*
COUN 6677- *Group Counseling Techniques*
COUN 6669- *Marriage, Family and Couple Practicum*
COUN 6660- *Theories of Family Counseling*
COUN 6665- *Advanced Family Systems Theory*
COUN 6659- *Grief Counseling*
COUN 6659- *Play Therapy*
COUN 6663- *Parent Education*
COUN 6671- *Small Group Experience*
COUN 6696- *Pre-practicum Counseling Techniques*

Undergraduate Courses Taught

Idaho State University, Pocatello, ID.

COUN 4491- *Introduction to Counseling*
COUN 2299- *Foundations of Leadership*
COUN 4499- *Leadership and Transformation*
COUN 4491- *Wellness and Professional Development*

Southern Illinois University Carbondale, Carbondale, IL.

EPSY 548c- *Career Group Practicum*
EPSY 412- *Introduction to Human Behavior and Mental Health*
PSYC 102- *Introduction to Psychology*

PROFESSIONAL SERVICE

Workshops

Pender, R. L. (2012, November). *Communication skills for the helping profession*. Presented to the New Beginnings Transitions Home Program, Murray, KY.

Consultations

2012- Present New Beginnings Transitions Program in Murray, KY.
2012- Present Merryman House Domestic Violence Shelter, Paducah, KY.

Master Thesis Committee Member

Foutch, K. (2013, August). *Vocational interest factors in clinically referred adults*. Murray State University. Chair: Dr. Mardis Dunham.

Brigance, C. (2013, July). *Peaceful alternatives to tough situations: An intervention study*. Murray State University. Chair: Dr. Mardis Dunham.

Murray State University Service***University***

2013-Present	Research Policy Committee (RPC). (Appointed by Department Chair)
2013-Spring	Proxy for MSU Academic Appeals Committee Meeting.

College

2013-Present	College of Education Policy and Review Committee. (Appointed by Department Chair)
2013-Fall	Proxy for College of Education Undergraduate Studies Committee.
2013-Spring	Proxy for College of Education Graduate Studies Committee.
2013- Spring	Proxy for College of Education Undergraduate Studies Committee.

Department

2013 – Present	Curriculum Committee (appointed by Department Chair)
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Program

2013 – Present	Faculty Co-Advisor – Chi Sigma Iota, Mu Sigma Chi chapter, Murray State University
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Professional Service***International***

2010-2012	International Association of Marriage and Family Counseling Graduate Student Representative.
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National

2014-2015	Association for Humanistic Counseling Empty Plate Program Coordinator
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2013	Association of Counselor Education and Supervision (ACES) Program Reviewer
2012- Present	Association of Counselor Education and Supervision (ACES) Awards Committee Member.
2012- Present	Council for Accreditation of Counseling and Related Educational Programs (CACREP) Site Visit Team Member.
2012	American Counseling Association Conference Program Reviewer
2010	Association for Multicultural Counseling Development (AMCD) 2 nd Annual Day of Service Volunteer, Pittsburg, PA.
2010	Volunteer for the Association of Specialists in Group Work convention events at the American Counseling Association annual conference Pittsburg, PA.
2009	Association of Counselor Education and Supervision Conference Volunteer.
2007	Team Member American Counseling Association (ACA) Ethics Competition - Southern Illinois University.

Regional

2013-2014	Co-Chair Southern Association for Counselor Education and Supervision Social Justice and Human Rights Committee
2010	Conference committee member Rocky Mountain Association of Counselor Education and Supervision.

State and Local

2014-2015	Kentucky Association of Specialists in Group Work President
2014-Present	Kentucky Community Crisis Response Team Member (KCCRT)
2013-2014	Kentucky Association of Specialists in Group Work President-Elect
2012-Present	West Kentucky Counseling Association Scholarship Committee
2011-2012	Secretary Idaho Couple and Family Counseling Association (ICFCA).
2011-2012	Undergraduate Student Athlete Mentor.
2011	Volunteer for Idaho Counseling Association (ICA) Annual Conference.
2010-2011	Secretary Chi Sigma Iota- Phi Omicron Chi Chapter.
2008-2009	Region VI Representative Illinois Counseling Association (ICA).
2008-2009	Illinois Counseling Association (ICA) Task Force to Plan Downstate Mini Conference.
2006-2008	President Chi Sigma Iota Delta Chapter.
2006-2007	Couple and Family Representative Chi Sigma Iota Delta Chapter.

Professional Memberships and Affiliation

International:

2006 - Present	International Association of Marriage and Family Counselors (IAMFC)
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2006- Present Chi Sigma Iota Counseling Academic & Professional Honor Society International

National:

2013-Present Association for Creativity in Counseling (ACC)
 2004- Present American Counseling Association (ACA)
 2006- Present Association for Specialists in Group Work (ASGW)
 2006- Present Association of Counselor Education and Supervision (ACES)

Regional:

2012- Present Southern Association of Counselor Education and Supervision (SACES)
 2005- Present North Central Association of Counselor Education and Supervision (NCACES)
 2009-2012 Rocky Mountain Association of Counselor Education and Supervision (RMACES)

State and Local:

2012- Present Kentucky Counseling Association (KCA)
 2012- Present Western Kentucky Counseling Association (WKCA)
 2009- 2012 Idaho Counseling Association (ICA)
 2009- 2012 Idaho Marriage and Family Counseling Association (IDMFC)
 2006-2009 Chi Sigma Iota- Counseling Honor Society Delta Chapter
 2010-2013 Chi Sigma Iota- Counseling Honor Society Phi Omicron Chi
 2004- Present Alpha Kappa Delta- Sociology Honor Society

Conferences/Trainings Attended

National

National Institute of Health (NIH) Office of Extramural Research. Protecting Human Research Participants. Online Training. (March, 2014).
 Federal Emergency Management Agency Training. National Incident Management Systems (NIMS): An introduction., Online Training (January, 2014).
 Federal Emergency Management Agency Training. Introduction to the Incident Command System, Online Training (January, 2014)
 National Child Traumatic Stress Network. Psychological First Aid (PFA), Online Training, (January, 2014).
 Publishing in *Counselor Education and Supervision*, Web Conference, (November, 2013).
 Association for Counselor Education and Supervision Conference, Denver, CO (October, 2013).
 Association for Counselor Education and Supervision Research Inform, Denver, CO (October, 2013).
 Council for Accreditation of Counseling and Related Educational Programs Training. Training conducted at the American Counseling Association Conference (March, 2013)

American Counseling Association Annual Conference, Cincinnati, OH (March, 2013).
American Counseling Association Annual Conference, San Francisco, CA (March, 2012).
Association of Counselor Education and Supervision Conference, San Diego, CA, (October, 2011).
American Counseling Association Annual Conference, New Orleans, LA (March, 2011).
Council for Accreditation of Counseling and Related Educational Programs Training. Training conducted at the Rocky Mountain Association of Counselor Education and Supervision (October, 2010).
Association of Counselor Educators and Supervisors Conference, San Diego, CA (October, 2009).
Creating a process of change for men who batter, Duluth Domestic Violence Curriculum. Indianapolis, IN. (November 2008)
Association for Specialists in Group Work Conference, St. Petersburg, FL (February, 2008).
Association of Counselor Educators and Supervisors Conference, Columbus, OH (October, 2007).
American Counseling Association Conference (March, 2005).

Regional

North Central Association for Counselor Education and Supervision Annual Conference, Kansas City, Missouri (October 2013).
Rocky Mountain Association for Counselor Education and Supervision Conference, Jackson Lake, WY, October, 2010.
North Central Association for Counselor Education and Supervision Conference Itasca, IL. (November, 2008).
North Central Association for Counselor Education and Supervision Conference, Indianapolis, IN, (October, 2008).
North Central Association for Counselor Education and Supervision Conference Kansas City, MO. (November, 2008).

State

Supervision Training for LPCC's, Online Training (February, 2014).
Kentucky Counseling Association Conference, Louisville, KY (October, 2013).
Kentucky Counseling Association Annual Conference, Louisville, KY (October, 2012).
Western Kentucky Counseling Association Workshop, MSU, KY (September, 2012).
Resilient Families Initiative Training, Boise, ID (September, 2011).
Idaho Counseling Association Conference, Pocatello, ID (January, 2011).
Idaho Counseling Association Conference, Boise, ID (January 2010).
Creating a process of change for men who batter, Duluth Domestic Violence Curriculum. Indianapolis, IN., (November, 2008).
Group processes for domestic violence survivors. Illinois Counseling Association Annual Conference (November, 2008).
Illinois Counseling Association Conference, Tinley Park, IL (November, 2008).
Illinois Counseling Association Conference (October, 2006).

University

Blueprint for Funding in COE, MSU, KY Roark, J. (November, 2013)
 Canvas III Training – Assessments, MSU, KY (April, 2013).
 Canvas II Training – Creating Course, MSU, KY (April, 2013).
 Canvas I Training- Getting Started, MSU, KY (April, 2013).
 COE Brown Bag Luncheon, Interviews with 20 Nobel Laureates: Their Recollections of Parental Support and Familial Experiences Leading to Future Success. Wu, E. (Spring 2013).
 New Faculty Introduction: International Experiences for Faculty and Professional Staff, MSU, KY (November, 2012).
 The Impact of SB1 on the College Classroom, MSU, KY (August, 2012).
 New Faculty Orientation, MSU, KY (August, 2012).
 ITV Training, MSU, KY (August, 2012).
 Blackboard Training, MSU, KY (May, 2012).
 Kasiska College of Health Professions Research Day, Pocatello, ID (April, 2011).
 Kasiska College of Health Professions Research Day, Pocatello, ID (April, 2010).

PROFESSIONAL EXPERIENCE – CLINICAL

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| The H Group of Southern Illinois
West Frankfort, IL
<u>Crisis Counselor</u> <ul style="list-style-type: none"> • Conducted crisis assessments and counseling • Facilitated crisis assessments in hospitals, client homes, juvenile detention centers • Completed CCBYS and SASS screenings | June 2012 – Present |
| Southern Illinois Critical Incident Stress Management
Southern IL
<u>Volunteer Counselor</u> <ul style="list-style-type: none"> • Conducted mental health debriefings to individuals who experience traumatic events • Facilitated group debriefings for police officers, emergency medical technicians/paramedics, and firefighters | May 2006 – Present |
| Idaho State University Pocatello Counseling Clinic
Pocatello, ID
<u>Counselor</u> <ul style="list-style-type: none"> • Completed clinic coverage • Conducted site supervision • Facilitated client intake assessments | August 2011 – May 2012 |
| Family Services Alliance of Southeast Idaho
Pocatello, ID
<u>Doctoral Practicum</u> <ul style="list-style-type: none"> • Conducted individual and family counseling | May 2010 – August 2010 |

- Completed intake assessments
- Participated in weekly supervision
- Case management
- Led group counseling sessions

Family Services Alliance of Southeast Idaho
Pocatello, ID

May 2011 – August 2011

Advanced Group Counseling

- Facilitated group counseling for survivors of domestic violence and sexual assault
- Utilized de Bono's Six Thinking Hats as clinical tool
- Participated in weekly supervision

Family Services Alliance of Southeast Idaho
Pocatello, ID

May 2010 – May 2012

Counselor and Site Supervisor

- Conducted individual and family counseling
- Completed intake assessments
- Participated in weekly supervision
- Case management
- Led group counseling sessions
- Facilitated site supervision for three interns

The H Group of Southern Illinois
Marion, IL

September 2008 – July 2009

Clinician II

- Conducted individual, couple, family counseling
- Completed intake assessments
- Participated in weekly supervision
- Case management, documentation, and treatment planning
- Led group counseling sessions including self-esteem, parenting, grief and loss, and Family Violence Intervention Program (FVIP) for domestic violence offenders

Southern Illinois University Clinical Center
Carbondale, IL

January 2007 – May 2008

Graduate Assistant/Counseling Intern

- Conducted individual, couple, family counseling
- Completed intake assessments
- Participated in weekly supervision
- Case management, documentation, and treatment planning
- Provided on-call crisis services

Jefferson County Comprehensive Services
Marion, IL

August 2007 – December 2007

Intern

- Conducted individual counseling
- Completed intake assessments

- Participated in weekly supervision
- Case management, documentation, and treatment planning
- Facilitated parenting group

Southern Illinois University
Carbondale, IL

January 2007 – May 2007

Group Facilitator

- Facilitated psychoeducational group work focused on career issues
- Participated in weekly supervision
- Case management, documentation, and treatment planning

Southern Illinois University Clinical Center
Carbondale, IL

August 2006 – December 2006

Practicum Student

- Conducted couple and family counseling
- Completed intake assessments
- Participated in weekly supervision
- Case management, documentation, and treatment planning

Southern Illinois University Clinical Center
Carbondale, IL

January 2006 – December 2006

Practicum Student

- Conducted individual counseling
- Completed intake assessments
- Participated in weekly supervision
- Case management, documentation, and treatment planning

PROFESSIONAL EXPERIENCE- SUPERVISION

Spring 2014	<i>Internship Supervisor.</i> Murray State University-Department of Educational Studies, Leadership, and Counseling.
Spring 2013	<i>Practicum Supervisor.</i> Murray State University- Department of Educational Studies, Leadership, and Counseling.
Fall 2013	<i>Internship Supervisor.</i> Murray State University- Department of Educational Studies, Leadership, and Counseling.
Fall 2012	<i>Group Supervisor.</i> Murray State University- Department of Educational Studies, Leadership, and Counseling.
Fall 2011	<i>Group Supervisor.</i> Idaho State University- Department of Counselor Education and Counseling.
Fall 2011	<i>Site Supervisor.</i> Idaho State University Pocatello Counseling Clinic.

May 2010- May 2012	<i>Site Supervisor.</i> Family Services Alliance of Southeast Idaho.
May 2010- Dec 2010	<i>Supervision of Group Work.</i> Idaho State University- Department of Counselor Education and Counseling.
August 2010 Dec 2010	<i>Couple and Family Practicum Supervisor.</i> Idaho State University- Department of Counselor Education and Counseling.
August 2009- May 2012	<i>Internship Supervisor.</i> Idaho State University- Department of Counselor Education and Counseling.
January 2011- May 2011	<i>Practicum Supervisor.</i> Idaho State University- Department of Counselor Education and Counseling.
August 2009- Dec 2010	<i>Pre-Practicum Supervisor.</i> Idaho State University- Department of Counselor Education and Counseling.
January 2008- May 2008	<i>Supervision of Practicum.</i> Southern Illinois University Carbondale Department of Educational Psychology and Special Education.

PROFESSIONAL EXPERIENCE- RESEARCH

Research Assistant, *Mothering and Anxiety: An Evaluation of the Anxiety Levels of First-time Mothers in Rural Kentucky and Rural Michigan.* Llena Chavez' Doctoral Dissertation, Southern Illinois University Carbondale.

Counselor's in Training experience with using de bono's Six Thinking Hats in practicum supervision: A phenomenology. Idaho State University. Principle Investigator.

Doctoral Dissertation: *The learning process of supervisees who engage in the reflecting team model within group supervision: A grounded theory.* Idaho State University HSC Study #3630 – Principle Investigator

Group leadership supervision summaries: An evaluation of counselor-in-training group leadership skill development. Idaho State University Study HSC #3492. Co- Researcher

Group leadership summaries: An evaluation of counselor-in-training group skill development. Idaho State University HSC Study #3477. Co- Researcher.

Quantitative Cohort Research Project: *Single case design evaluating the use of the Discrimination Model in individual supervision and the change over time.* Idaho State University.

Qualitative Cohort Research Project: *Peer to peer music exchange group: Identifying the impact on counselor-in-training cohort development.* Idaho State University Study HSC # 3497.

Master's Thesis: *Making meaning: A couple's perspective of the reflecting team process.* Southern Illinois University Carbondale.

Research Assistant, Instructional Design Project: *Using Second Life to enhance diagnostic skills of counselors in training.*

AWARDS AND RECOGNITION

International

2012 International Association of Marriage and Family Counselors Distinguished Service Award.

National

2011 Association of Counselor Educators and Supervisors Emerging Leader.
2008 Association for Specialists in Group Work Barb Gazda Scholarship Recipient.
2007 Association of Counselor Educators and Supervisors Emerging Leader.
2007 American Counseling Association Graduate Students Ethics Competition-1st place.

Regional

2011 Rocky Mountain Association of Counselor Educators and Supervisors Scholarship.
2010 Rocky Mountain Association of Counselor Educators and Supervisors Scholarship.

State and Local

2010 ASISU Graduate Discretionary Scholarship.
2010 Certificate of Honor, Idaho Counseling Association, Graduate Student Poster Presentation.
2008 Chi Sigma Iota Outstanding Masters Student, Southern Illinois University.
2008 Outstanding Masters Student Research Award Recipient, Southern Illinois University.

RESEARCH INTERESTS

Clinical Supervision

Couple and Family Counseling
Trauma and Crisis Counseling
Diagnosis and Treatment Planning

PROFESSIONAL REFERENCES

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