

Samir Himanshu Patel, Ph.D., LMHC

Murray State University

Department of Educational Studies, Leadership, and Counseling

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May 8, 2010 Doctor of Philosophy in Counselor Education (CACREP accredited)
University of Central Florida, Orlando, Florida

Dissertation Title: *An Investigation of Counselor Educators' Attitudes towards Evidence-Based Practices and Perceived Barriers to the Incorporation of Evidence-Based Practices in Counselor Education Curricula*

April 30, 2004 Master of Arts in Counselor Education
University of Central Florida, Orlando, Florida
Area of Specialization: Mental Health Counseling
Certificate: Marriage and Family Counseling

May 05, 2001 Bachelor of Science in Psychology
University of Central Florida, Orlando, Florida

Licensed Mental Health Counselor (Florida), MH10795

Murray State University, Murray, KY June 2014 – Present

Department of Educational Studies, Leadership, and Counseling

Program Coordinator, Assistant Professor

- Oversaw the counseling program as it related to programmatic issues, monetary issues, and so forth.
- Responded to inquiries regarding the counseling program
- Maintained a 3/3 graduate-level counselor education course load

Murray State University, Murray, KY

August 2010 – June 2014

Department of Educational Studies, Leadership, and Counseling

Clinical Mental Health Counseling Program Coordinator, Assistant Professor

- Responded to inquiries regarding the clinical mental health counseling program
- Taught a 3/3 course load of graduate-level counselor education courses
- Advised counselor education master students
- Supervised student interns and practicum students
- Participated in university related service commitments

University of Central Florida, Orlando, FL

July 2007 – May 2009

Department of Educational Research, Technology, and Leadership

Research Assistant

- Conducted literature reviews for various statistical procedures
- Assisted in the editing process of manuscripts and book chapters
- Spearheaded effort to research, obtain approval, and develop an assessment that measured counselor perspectives regarding the impact of sex offender resistance in the counseling process

University of Central Florida, Orlando, FL

August 2007 – July 2008

Department of Child, Family, and Community Sciences

Instructor/Doctoral Teaching Intern

- Prepared curricula and developed lesson plans for foundational counseling courses
- Taught and co-taught various graduate level counseling courses
- Supervised master's level practicum students

University of Central Florida, Orlando, FL

June 2001 – December 2003

Department of Child, Family, and Community Sciences

Graduate Assistant

- Provided valuable information in a timely manner to prospective students interested in Counselor Education
- Streamlined the application process for prospective counseling-students
- Helped plan and organize applicant interviews and other admission related functions
- Worked as a liaison for the new applicants within the Counselor Education graduate program

SCHOLARLY PRODUCTIVITY

** Denotes student collaboration on scholarly publications*

Publications in Refereed Journals

9. **Patel, S. H., & Choate, L. H.** (2014). Conducting child custody evaluations: Best practices for professional counselors who are court-appointed as child custody evaluators. *Journal of Mental Health Counseling*, 36, 18-30. (30% acceptance rate per Cabell's Directories, 2013)

8. Burt, I., **Patel S. H.**, Butler, S. K., & Gonzalez, T. (2013). Integrating leadership skills into anger management groups to reduce aggressive behaviors: The LIT Model. *Journal of Mental Health Counseling*, 35, 124-141. (30% acceptance rate per Cabell's Directories, 2013)
7. **Patel, S. H.**, Hagedorn, W. B., & Bai, H. (2013). An investigation of counselor educators' attitudes towards evidence-based practices. *Counselor Education and Supervision*, 52, 96-108. (11-15% acceptance rate per Cabell's Directories, 2012)
6. Shillingford-Butler, M. A., **Patel, S. H.**, & Ngazimbi, E. E. (2012). The role of the professional school counselor in reducing teacher anxiety. In G. R. Walz, J. C. Bleuer, & R. K. Yep (Eds.), *Ideas and research you can use: VISTAS 2012* (pp. 1-10). Retrieved from http://www.counseling.org/resources/library/vistas/vistas12/Article_58.pdf (64% acceptance rate per Counseling Outfitters, 2012)
5. Burt, I., **Patel, S. H.**, & Lewis, S. V. (2012). Anger management leadership groups: A creative intervention for increasing relational and social competencies with aggressive youth. *Journal of Creativity in Mental Health*, 7, 249-261. (30% acceptance rate per editor, 2012)
4. Burt, I., Lewis, S. V., Beverly, M. G., & **Patel, S. H.** (2010). Does high educational attainment limit the availability of romantic partners? *The Family Journal: Counseling and Therapy for Couples and Family*, 18(4), 448-454.
3. Burt, I., Lewis, S. V., & **Patel, S. H.** (2010). Increasing accountability in school-led anger management groups: A push for equity. *VISTAS*. Retrieved from http://counselingoutfitters.com/vistas/vistas10/Article_56.pdf
2. **Patel, S. H.**, Lambie, G. W., & Glover, M. M. (2008). Motivational counseling: Implications for counseling male juvenile sex offenders. *Journal of Addictions & Offender Counseling*, 28(2), 86-100.
1. **Patel, S. H.**, & Jones, K. D. (2008). Assessment of family custody issues using mental health evaluations: Implications for mental health counselors. *Journal of Mental Health Counseling*, 30(3), 189-199.

Articles Submitted for Publication in Refereed Journals

Manuscripts in Preparation to be submitted for Publication in Refereed Journals

3. **Patel, S. H.**, & Burt, I. (In preparation). Motivational interviewing: Implications for the counselor education profession.

2. Shillingford-Butler, M. A., Ngazimbi, E. E., & **Patel, S. H.** (In preparation). The role of mentorship for counselor educators of color.
1. Ieva, K., Lambie, G. W., & **Patel, S. H.** (In preparation). The contribution of professional school counselors' levels of social-cognitive development to ethical and legal knowledge and locus of control.

Articles Published in Non-Refereed Publications/Newsletters

Patel, S. H. (2008, December). To attend or not to attend. *Counselor Ed Chronicles*, 1(3), 6.

Grant Writing

Pleban, F. T., & **Patel, S. H.** (\$2,662 Funded). Assessing health behaviors of international college students – A cross-sectional design. Committee on Institutional Studies and Research Regional Impact Grant, Murray State University, 2014.

Patel, S. H. (\$625 Funded). *Utilizing the Outcome Questionnaire to assess client functioning during counseling students' clinical work*. College of Education Faculty Incentive Grant, Murray State University, 2013.

Burt, I., **Patel, S. H.**, Lewis, S. V., Johnson, J., & Butler, S. K. (\$400 Funded). *Group leadership training for angry adolescents*. Association for Specialists in Group Work Research Grant, University of Central Florida, 2010.

Patel, S. H. *Pathway to the future: Home Depot building healthy communities grant*. (\$2500). A Registered 501(c)(3) nonprofit organization grant, Intervention Services, Inc., 2009.

National and International Refereed Presentations

26. **Patel, S. H.**, Bakes, A., Contreras-Bloomdahl, S. (2013, October). *Assessing counseling-students' counseling skills: An experiential approach*. Program presented at the national conference of the Association for Counselor Education and Supervision, Denver, CO.
25. Bakes, A., **Patel, S. H.**, & Pender, R. (2013, October). *Strategies for teaching effective conceptualization skills*. Program presented at the national conference of the Association for Counselor Education and Supervision, Denver, CO.
24. Shillingford-Butler, M. A., Ngazimbi, E. E., **Patel, S. H.**, & Brooks, M. (2013, October). *Wellness through a diversified lens*. Program presented at the national conference of the Association for Counselor Education and Supervision, Denver, CO.
23. Ieva, K., Kendrick, E. L., & **Patel, S. H.** (2013, March). *Group leaders: How do they develop session by session?* Program presented at the national conference of the American Counseling Association, Cincinnati, OH.

22. **Patel, S. H.**, & Bakes, A. (2012, September). *Evaluating counseling-students' counseling skills: An experiential approach*. Program presented at the national conference of the Association for Assessment in Counseling and Education, Orlando, FL.
21. **Patel, S. H.**, Burt, I., & Contreras-Bloomdahl, S. (2012, March). *Counselor educators' attitudes towards evidence-based practices*. Program presented at the national conference of the American Counseling Association, San Francisco, CA.
20. Contreras-Bloomdahl, S., & **Patel, S. H.** (2012, March). *Student leadership in a residential college: From dysfunction to effective collaboration*. Program presented at the national conference of the American Counseling Association, San Francisco, CA.
19. **Patel, S. H.**, & Ngazimbi, E. E. (2011, October). *An investigation of counselor educators' attitudes towards evidence-based practices*. Program presented at the national conference of the Association for Counselor Education and Supervision, Nashville, TN.
18. Burt, I., **Patel S. H.**, Gonzalez, T., & Young, T. L. (2011, March). *Redefining anger management with underserved populations: A leadership-driven anger management group with Latino youth*. Program presented at the national conference of the American Counseling Association, New Orleans, LA.
17. **Patel, S. H.**, & Ohrt, J. H. (2011, March). *Motivational interviewing principles: Are they viewed by counselor educators as being important to the therapeutic alliance?* Program presented at the national conference of the American Counseling Association, New Orleans, LA.
16. Ngazimbi, E. E., Daire, A. P., & **Patel, S. H.** (2010, March). *Exploring the relationship between marital expectations and marital satisfaction for African Immigrants and U.S.-born couples*. Program presented at the national conference of the American Counseling Association, Pittsburgh, PA.
15. Hagedorn, W. B., & **Patel, S. H.** (2010, March). *When talking won't work: Implementing experiential activities with resistant and addicted clients*. Program presented at the national conference of the American Counseling Association, Pittsburgh, PA.
14. **Patel, S. H.**, Ngazimbi, E. E., Shillingford, M. A., & Edwards, N. N. (2009, October). *Motivational interviewing in counselor education*. Program presented at the national conference of the Association for Counselor Education and Supervision, San Diego, CA.
13. Ngazimbi, E. E., & **Patel, S. H.** (2009, October). *Using experiential activities to teach multicultural competencies and social justice*. Program presented at the national conference of the Association for Counselor Education and Supervision, San Diego, CA.
12. Swank, J., Robinson, E. H., **Patel, S. H.**, & Shillingford, M. A. (2009, March). *The relationship between learning styles and confidence level in using play therapy*

- techniques in counseling: A classroom experience*. Program presented at the national conference of the American Counseling Association, Charlotte, NC.
11. Edwards, N. N., Daire, A. P., Ngazimbi, E. E., & **Patel, S. H.** (2009, March). *African-American marriage: Status, quality and clarification*. Program presented at the national conference of the American Counseling Association, Charlotte, NC.
 10. **Patel, S. H.**, Shillingford, M. A., & Ngazimbi, E. E. (2009, February). *Reducing teacher anxiety to close the achievement gap*. Program presented at the national conference of the Holmes Partnership, Jacksonville, FL.
 9. **Patel, S. H.** (2008, November). *Motivational counseling: Implications for improving treatment outcomes for male juvenile sex offenders*. Program presented at the international conference of the European Branch of the American Counseling Association, Wiesbaden-Niedernhausen, Germany.
 8. Hagedorn, W. B., **Patel, S. H.**, & Young, T. (2008, November). *When talking won't work: Implementing experiential activities with addicted clients*. Program presented at the international conference of the European-Branch of the American Counseling Association, Wiesbaden-Niedernhausen, Germany.
 7. Hagedorn, W. B., Cooper, J., Temme, M., Hughes-Brand, N. S., Brand, C. E., Hirshhorn, M., & **Patel, S. H.** (2008, March). *When talking won't work: Implementing experiential activities with addicted clients*. Program presented at the national conference of the American Counseling Association, Honolulu, HI.
 6. Edwards, N. N., **Patel, S. H.**, & Young, T. L. (2008, March). *Using person centered therapy to treat women with a history of childhood sexual abuse*. Program presented at the national conference of the American Counseling Association Conference, Honolulu, HI.
 5. Ngazimbi, E. E., Shillingford, M. A., & **Patel, S. H.**, (2008, March). *Using narrative therapy with clients diagnosed with bipolar disorder*. Program presented at the national conference of the American Counseling Association, Honolulu, HI.
 4. Edwards, N. N., Ngazimbi, E. E., **Patel, S. H.**, & Shillingford, M. A. (2008, February). *Collaboration between teachers and counselors in reducing teacher anxiety and burnout*. Program presented at the national conference of the American Association of Colleges for Teacher Education, New Orleans, LA.
 3. Blackman, O., Crawford, F., Edwards, N. N., Riley, K., **Patel, S. H.**, & Shillingford, M. A. (2008, February). *Is teacher professional development being over-used in the attempts to bring about large scale reform*. Program presented at the national conference of the Holmes Partnership, Orlando, FL.

2. Glover, M. M., **Patel, S. H.**, & Ngazimbi, E. E. (2007, October). *Factors promoting success in Ph.D. degree programs in counselor education*. Program presented at the national conference of the Association for Counselor Education and Supervision, Columbus, OH.
1. Walter, S. M., **Patel, S. H.**, Ngazimbi, E. E., Shillingford, M. A., & Glover, M. M. (2007, October). *Reflections of a first year doctoral cohort*. Program presented at the national conference of the Association for Counselor Education and Supervision, Columbus, OH.

Regional Refereed Presentations

6. Shillingford-Butler, M. A., Ngazimbi, E. E., **Patel, S. H.** (2014, October). *Redefining professional support for faculty of color*. Program accepted for the biannual conference of the Southern Association for Counselor Education and Supervision, Birmingham, AL.
5. **Patel, S. H.**, Pleban, F. T., *Davies, E. L., & *Siner, J. (2014, October). *Assessing health behaviors of international college students*. Program accepted for the biannual conference of the Southern Association for Counselor Education and Supervision, Birmingham, AL.
4. Ngazimbi, E. E., **Patel, S. H.**, & Shillingford, M. A. (2010, October). *Imparting wellness skills to counselors-in-training: A precursor to help reduce teacher anxiety*. Program presented at the biannual conference of the Southern Association for Counselor Education and Supervision, Williamsburg, VA.
3. **Patel, S. H.**, Shillingford, M. A., & Ngazimbi, E. E. (2008, October). *Motivational interviewing: Implications for counseling male juvenile sex offenders*. Program presented at the biannual conference of the Southern Association for Counselor Education and Supervision, Houston, TX.
2. Shillingford, M. A., **Patel, S. H.**, Ngazimbi, E. E., & Edwards, N. N. (2008, October). *Parallel process: Initial practicum supervision experience of doctoral students*. Program presented at the biannual conference of the Southern Association for Counselor Education and Supervision, Houston, TX.
1. Ngazimbi, E. E., Shillingford, M. A., **Patel, S. H.**, & Edwards, N. N. (2008, October). *Multi-modal approach to supervision*. Program presented at the biannual conference of the Southern Association for Counselor Education and Supervision, Houston, TX.

State and Local Refereed Presentations

9. *Coleman, S. M., & **Patel, S. H.** (2011, October). *Motivational interviewing and readiness to change*. Program presented at the state conference of the Kentucky Counseling Association, Louisville, KY.

8. Bakes, A. S., **Patel, S. H.**, Bloomdahl, S. C., & Gitonga, S. K. (2010, October). *Developing your own theoretical framework*. Program presented at the state conference of the Kentucky Counseling Association, Louisville, KY.
7. Burt, I., **Patel, S. H.**, Lewis, S. V., & Johnson, J. (2010, March). *Increasing accountability in school-led anger management groups: A push for equity*. Program presented at the University of Central Florida Graduate Research Forum, Orlando, FL.
6. Burt, I., **Patel, S. H.**, Lewis, S. V., & Johnson, J. (2010, February). *Increasing accountability in school-led anger management groups*. Program presented at the University of Central Florida's Annual Counseling Conference, Orlando, FL.
5. Burt, I., Lewis, S. V., & **Patel, S. H.** (2010, February). *Does high educational attainment increase romantic hardships*. Program presented at the University of Central Florida's Annual Counseling Conference, Orlando, FL.
4. Hagedorn, W. B., Hughes-Brand, N. S., Brand, C. E., Hirshhorn, M., **Patel, S. H.**, & Young, T. L. (2008, November). *When talking won't work: Implementing experiential activities with addicted clients*. Program presented at the state conference of the Florida Counseling Association, Daytona Beach, FL.
3. Shillingford, M. A., **Patel, S. H.**, & Ngazimbi, E. E. (2007, November). *A cognitive behavioral systems approach with ADHD children*. Program presented at the state conference of the Florida Counseling Association, Daytona Beach, FL.
2. Ngazimbi, E. E., Shillingford, M. A., & **Patel, S. H.** (2007, November). *Using narrative therapy with clients diagnosed with bipolar disorder*. Program presented at the state conference of the Florida Counseling Association, Daytona Beach, FL.
1. Shillingford, M. A., Ngazimibi, E. E., & **Patel, S. H.** (2007, January). *Retaining minority students in Ph.D. programs*. Program presented at the state conference of the Florida Holmes Partnership, Orlando, FL.

TEACHING EXPERIENCE

Graduate Courses Taught

Murray State University

CNS 798: Specialty Study

This course is designed to enable the student, with the supervision of his/her graduate committee, to select a problem directly related to the student's area of concentration, survey the research literature, collect research data and write the research paper.

Spring 2012

CNS 795: Internship II

A continuation of CNS 794, culminating in a minimum of 600 contact hours at the internship setting for the total internship experience and will include the capstone oral defense.

Fall 2013 & 2012; Spring 2014

CNS 794: Internship I

Designed to provide a minimum of 300 hours of intensive counseling experience conducted in a setting as similar as possible to that in which the intern subsequently intends to seek employment. Weekly supervision requirements will be provided by faculty and on-site professionals, and interns are expected to apply the knowledge and skills previously acquired in their program.

Fall 2013 & 2012; Spring 2014

CNS 790: Practicum

Closely supervised practice in an appropriate professional setting. See program handbook for criteria for site selection and supervision requirements. Arrangements for the practicum must be made a semester in advance. Also, the student must be admitted to the program. Students must successfully complete CNS 790 with a grade of A or B before being allowed to continue in their program.

Fall 2013, 2011, & 2010; Spring 2013, 2012, & 2011

CNS 734: Marriage and Family Counseling

A graduate course that provides counselors and other human service workers with an overview of the processes and theories involved with counseling couples and families. The focus of this course is to prepare students to think systemically and to learn about family concepts, dynamics, theories and techniques. This will be accomplished through assigned readings, seminar discussions, small group work, role plays, lectures, case presentations, audiovisual materials, guest speakers, and student assignments.

Spring 2012

CNS 694: Advanced Counseling and Supervision

An advanced study in individual counseling procedures and technique/applications.

Fall 2014, 2013, 2012, & 2011; Spring 2014 & 2013

CNS 684: Problems

This course is designed for advanced students who want to work on special problems in the student's program of study according to individual needs. Staff supervision should be arranged prior to enrollment. Approval of instructor is required.

Summer 2011

CNS 671: Multicultural Counseling

The purpose of this course is to focus on the role that cultural environment plays in the lives of people and the implications of that role for the helping professions and the helping process. There will be an overview of the different micro-cultures to which individuals belong and the implications for the delivery of counseling services. It is expected that the counseling student

will learn how to use the concept of pluralism in the provision of counseling services to multicultural individuals and populations.

Spring 2013, 2012, 2011, & 2010; Summer 2014, 2013, 2012, & 2011

CNS 635: Human Development

A detailed study of the life-span development of the individual in terms of human growth and development, foundations and dynamics of human behavior, and personality, and learning theories and their application.

Fall 2014; Spring 2014 & 2011; Summer 2014, 2013, & 2012

CNS 624: Theories of Counseling

Critical analysis and evaluation of leading theories of counseling and their implications for practice.

Fall 2014, 2013, 2012, 2011, & 2010

University of Central Florida**MHS 6803: Practicum in Counselor Education**

Supervised counseling emphasizing competence in individual counseling, working with groups, tests in educational-career-personal counseling.

Fall 2007; Spring 2008

MHS 6500: Group Procedures and Theories of Counseling

This course is designed to give the student an understanding of the role of theories within group counseling as well as the many process applications of groups.

Spring 2008

MHS 6450: Addictions Counseling

This course is an entry-level graduate course that provides counselors and other human service workers with an overview of the addictive process. Theories of addiction counseling and application of these theories will comprise a significant part of this course, particularly with how they apply to work with individuals, couples, families, and groups. Co-occurring disorders, such as process addictions and mental illnesses will also be addressed. Students will develop conceptual knowledge, practical skills, and self-awareness concerning the etiology of addiction, assessment strategies (including the use of wraparound assessment and intervention services), wellness strategies for facilitating optimal development and preventing clinician burn-out, and diagnosis and treatment planning. This will be accomplished through assigned readings, seminar discussions, videotapes, lectures, case presentations, guest speakers, and student assignments.

Summer 2008

MHS 6421: Foundations of Play Therapy and Play Process

Theories and application of the principles of play in the counseling process with children.

Summer 2008

MHS 6401: Techniques of Counseling

The nature of counseling and its relationships to theoretical concepts.

Fall 2007

Invited Guest Lecturer

College of William and Mary

Summer 2011

EDUC F09 Human Growth and Development: A Life-Span Perspective
Counseling Male Juvenile Sex Offenders

University of Central Florida

Summer 2009

MHS 6450 Addictions Counseling
Drug Classification Addiction: The Family Disease

MHS 6421 Foundations of Play Therapy
Developmental Aspects of Play Therapy Psychodrama and Sociodrama

Spring 2009

MHS 6450 Addictions Counseling
The Intervention/Confrontation Model

Summer 2008

MHS 6401 Techniques of Counseling
Assessment and the Initial Interview

Fall 2007

MHS 6401 Techniques of Counseling
Motivational Interviewing

Summer 2007

MHS 6465 Counseling Victims and Perpetrators of Family Violence
Counseling Male Juvenile Sex Offenders

Invited Guest Speaker

Patel, S. H., & Marrett, C. *Persevering in the doctorate: Suggestions for first, second, and third year doctoral students.* Invited panel speaker for the Holmes Scholar Program, University of Central Florida, April 19, 2010.

PROFESSIONAL SERVICE

Workshops and Consultations

Contreras-Bloomdahl, S., Pender, R., & **Patel, S. H.** (2014). Effective counseling strategies for adolescents. Two-day workshop (10 hours total) presented at the West Kentucky Educational Cooperative, Eddyville, KY.

Bakes, A., & **Patel, S. H.** (2012). Navigating resistance with angry students. Two-day workshop (14 hours total) presented at Hopkins County School District, Madisonville, KY.

Bakes, A., **Patel, S. H.**, Bloomdahl, S. C., & Gitonga, S. K. (2010). *Practical applications of counseling theories*. One-day workshop (3 hours total) presented at the Western Kentucky Counseling Association Fall Meeting, Murray, KY.

Master Thesis Committee Chair

Sloan, M. (2013). *Bridging the gap between economics and counseling*. Murray State University.

Master Thesis Committee Member

Clark, M. P. (2014). *Predictors of overachievement in a college sample*. Murray State University. Chair: Dr. Jana Hackathorn.

Foutch, K. (2013). *Vocational interest factors in clinically referred adults*. Murray State University. Chair: Dr. Mardis Dunham.

Engphaiboon, N. (2011). *Personality traits and burnout among school mental health professionals*. Murray State University. Chair: Dr. Mardis Dunham.

Strong, J. (2011). *Coping strategies and life satisfaction among army chaplain spouses during deployment*. Murray State University. Chair: Dr. Mardis Dunham.

Rideout, D. (2011). *Norm-referenced comparison of elementary students' time-on-task*. Murray State University. Chair: Dr. Mardis Dunham.

King, H. (2011). *A new reality: A transition from incarceration to freedom for substance abusers*. Murray State University. Chair: Dr. Mardis Dunham.

Murray State University Service

University

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| 2010 – Present | Member – Committee on Institutional Studies and Research (appointed by COE Dean) |
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2013 Chair – Committee on Institutional Studies and Research (appointed by Associate Provost for Graduate Education and Research)

College

2013 – Present Member – Committee for Admission to Teacher Education

2011 – Present Co-Chair – Diversity Committee (appointed by COE Dean)

2012 – 2013 Member – Diversity Subcommittee (appointed by COE Dean)

2012 – 2013 Member – Policy and Review Committee

2010 – 2013 Member – Grievance Committee

Department

2011 – Present Chair – Curriculum Committee (appointed by Department Chair)

Editorial Board Experience

2008 – Present Editorial Board Member, *Journal of Addictions & Offender Counseling*
International Association for Addictions and Offender Counseling
(IAAOC)

Organizational Service

2014 – Present Coordinator – NextGen Program for MSU School Administration Students

2013 – Present Faculty Advisor – Chi Sigma Iota, Mu Sigma Chi chapter, Murray State University

2010 – Present President – Kentucky Association for Counselor Education and Supervision (KACES)

2008 – 2009 Secretary – Counselor Education Doctoral Student Organization (CEDSO), University of Central Florida

2007 – 2009 Chair – Past President's Awards Reception, Association for Multicultural Counseling and Development (AMCD)

2002 – 2003 Treasurer – Chi Sigma Iota – Upsilon Chi, University of Central Florida

Community Service

2013 – Present Academic Performance Committee Member – Murray Elementary School

2012, October Mock Interview Volunteer – Kentucky Counseling Association Annual Conference

2008 – 2010 Academic Tutor and Mentor – Stonewall Jackson Middle School Students, Orlando, Florida

Professional Memberships and Affiliation

American Counseling Association (2002 – Present)
Association for Counselor Education and Supervision (2006 – Present)
Association for Multicultural Counseling and Development (2007 – 2011)
International Association for Addictions and Offender Counseling (2006 – 2011)
Southern Association for Counselor Education and Supervision (2006 – Present)
Kentucky Association for Counselor Education and Supervision (2010 – Present)
Kentucky Counseling Association (2010 – Present)
Chi Sigma Iota (2002 – Present)
European Branch of the American Counseling Association (2008)
The Holmes Partnership (2006 – 2010)
Florida Counseling Association (2006 – 2010)

Conferences Attended

International

EB-ACA International Conference, Wiesbaden-Niedernhausen, Germany (November, 2008)

National

ACES National Conference, Denver, CO (2013, October)
ACA National Conference, Cincinnati, OH (2013, March)
AACE National Conference, Orlando, FL (2012, September)
ACA National Conference, San Francisco, CA (2012, March)
ACES National Conference, Nashville, TN (2011, October)
ACA National Conference, New Orleans, LA (2011, March)
ACA National Conference, Pittsburgh, PA (2010, March)
ACES National Conference, San Diego, CA (2009, October)
ACA National Conference, Charlotte, NC (2009, March)
Holmes Partnership National Conference, Jacksonville, FL (2009, February)
ACA National Conference, Honolulu, HI (2008, March)
Holmes Partnership National Conference, Orlando, FL (2008, February)
ACES National Conference, Columbus, OH (2007, October)
ACA National Conference, Detroit, MI (2007, March)
Holmes Partnership National Conference, San Antonio, TX (2007, January)
ACA National Conference, Anaheim, CA (2003, March)
ACA National Conference, New Orleans, LA (2002, March)

Regional

SACES Annual Conference, Williamsburg, VA (2010, October)

SACES Annual Conference, Houston, TX (2008, October)

State

Kentucky Counseling Association, Louisville, KY (2013, October)

Kentucky Counseling Association, Louisville, KY (2012, October)

Kentucky Counseling Association, Louisville, KY (2011, October)

Western Kentucky Counseling Association Meeting, Murray, KY (2011, August)

Kentucky Counseling Association, Louisville, KY (2010, October)

Western Kentucky Counseling Association Meeting, Murray, KY (2010, August)

UCF Annual Research Symposium, Orlando, FL (2010, April)

UCF Annual Counseling Conference, Orland, FL (2010, February)

FCA Annual Conference, Daytona Beach, FL (2008, November)

FCA Annual Conference, Daytona Beach, FL (2007, November)

Florida Holmes Partnership Conference, Orlando, FL (2007, January)

PROFESSIONAL EXPERIENCE – CLINICAL

Intervention Services, Inc.

May 2009 – May 2010

Maitland, Florida

Mental Health Counselor

- Provided counseling services for children, adolescents, and their families
- Developed treatment plans for a variety of mental health concerns
- Implemented evidence-based practices in an effort to meet client needs and satisfy managed-care requirements

University of Central Florida, Orlando, FL

August 2006 – July 2007

Department of Child, Family, and Community Sciences

Graduate Assistant (Social Investigator)

- Offered no-cost Social Investigations to low-income families who were referred by the 9th Judicial Circuit Court
- Evaluated safety and quality of the child(ren)'s home environment through assessment of home visits and other collateral sources
- Provided recommendations to the 9th Judicial Circuit Court addressing primary residential responsibility, visitation schedule, and any needed mental health treatment

Three Springs, Inc.

August 2005 – August 2006

Daytona Beach, Florida

Mental Health Counselor

- Provided juvenile sexual offender specifics treatment to incarcerated adolescent males placed in a high-risk residential facility
- Performed substance abuse prevention groups in addition to individual, group, and family counseling
- Completed individual needs assessment and led multi-disciplinary team during treatment team sessions

The Grove Counseling Center - G.O.A.L.S. Program
Sanford, Florida

July 2003 – August 2005

Mental Health Counselor

- Provided individual, group, and family counseling to incarcerated adolescent males placed in a moderate risk program
- Offered substance abuse, anger management, legal, school, and vocational counseling
- Completed assessments, treatment plans, performance summaries, and billing in a timely manner

AWARDS AND RECOGNITION

Murray State University

- Finalist for Emerging Scholar Award (2013)
- Senate Bill 1 Learning Community (2012)

University of Central Florida

- College of Education, Dean's Fellowship
- Holmes Scholar
- Graduate Travel Award

RESEARCH INTERESTS

Promotion of Evidence-Based Practices in Counselor Education
Improving Treatment Outcomes for Juvenile Sex Offenders
Exploring Outcome Factors of the Supervisory Working Alliance