

SARAH P. KERRICK, PSY.D.

Murray, KY 42071

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EDUCATION

Psy.D., Clinical Psychology, August 2010
Wheaton College, Wheaton, IL

Dissertation Topic: Positive Coping of Wives of Male Protestant Clergy

Internship: Counseling and Student Development Center, 2006-2007
Northern Illinois University, DeKalb, IL (*APA Accredited*)

MA, Biblical and Theological Studies, May 2007
Wheaton College, Wheaton, IL

MA, Clinical Psychology, August 2000
Eastern Illinois University, Charleston, IL

BS Psychology, May 1998
Milligan College, Milligan College, TN

LICENSURE

Kentucky Licensed Psychologist: 163663

Kentucky Licensed Professional Clinical Counselor: KY-1088 (inactive status)

Illinois Licensed Clinical Professional Counselor: 180-005111 (inactive status)

CLINICAL EXPERIENCE (PROFESSIONAL & TRAINING POSITIONS BY DATE)

Psychologist and Consultant

April, 2015 - Present

Kerrick Psychological Services, Murray, Kentucky

- Consultation and Testing
 - Provides psychological testing and evaluation for adults, especially disability, dementia, adult forensic, and educational assessments
- Mental Health Therapy and Counseling
 - Provides counseling services for adults with a variety of presenting concerns – especially life adjustment, seasons of life, loss, health concerns, caregiver care

Counselor

September, 2009 – April, 2015

Murray State University, Counseling Center, Murray, Kentucky

Director: Angie Trzepacz, Ph.D.

- Counseling Services
 - Provided time-limited counseling to students and staff with a variety of presenting concerns
 - Provided eating disorder assessment, treatment, and coordination of care

- Supervision of Interns
 - Provided counseling skills training and clinical liability oversight for master's level interns
- Consultation
 - Established collaborative relationships and provided case-centered consultation with relevant campus offices, medical professionals, and hospitals as needed
- Outreach
 - Provided programing in classes, residence halls, and campus organizations (see Teaching Experience)
 - Coordinated campus wide Healthy Body Image program

Counselor

February, 2008 – May, 2008

Northern Illinois University, Counseling and Student Development Center (CSDC), DeKalb, Illinois
 Director: Micky Sharma, Psy. D.

- Crisis Intervention
 - Provided individual and group crisis intervention to students following campus shootings in February 2007
- Case Management
 - Provided brief individual and group therapy and case management to graduate and undergraduate college students with a variety of presenting concerns

Pre-doctoral Intern

August, 2006 – August, 2007

Northern Illinois University, Counseling and Student Development Center (CSDC), DeKalb, Illinois
 Training Directors: Barbara Fouts, Psy.D. and Timothy Paquette, Ph. D.
 Supervisors: Shiraz Tata, Ph. D.; Barbara Fouts, Psy. D; Richard Long, Ph. D.; and Elizabeth Garcia, MA

- Women and Depression Specialization
 - Coordinated campus-wide National Depression and Anxiety Screening Day
 - Provided individual counseling to students with depressive disorders
 - Provided semi-structured mood-management group therapy to students
 - Developed liaison relationships between campus religious groups and CSDC
 - Provided developmental programming and presentations related to prevention of depression/suicide:
 - All NIU residence hall assistants: Suicide Prevention
 - Developed the curriculum, organized presenters, and facilitated training sessions and discussion
 - UNIV101 (Transition to university life course): Stress Management
 - First year residence hall: Stress management
 - Association of Campus Religious Organizations: Depression and Christian Students: When to refer
 - Baptist Student Union: Stress management and spiritual coping
 - Impact Christian Fellowship: Stress Management and Relaxation
 - Newman Catholic Center: In collaboration with American Foundation for Suicide Prevention
- Therapy
 - Provided time-limited individual and group counseling to students
- Outreach and Consultation
 - Provided programming to the campus community on topics including anxiety, depression, self-care, multicultural awareness, and international cultural transitions

- Crisis Intervention
 - Provided crisis intervention services as an on-call counselor during evenings and weekends
 - Provided counseling presence during campus tragedies
- Assessment
 - Conducted individualized substance use and eating disorder assessments and generated reports
 - Administered and interpreted the Personality Assessment Inventory
- Supervision
 - Provided supervision to doctoral practicum while under the supervision of a licensed psychologist
- Professional Development
 - Participated in weekly staff meetings and various seminars/case conferences provided by CSDC staff

Pre-doctoral Advanced Practicum Counselor

August, 2005 – May, 2006

Judson College Counseling Center, Elgin, Illinois

Supervisor: Donald Ferrell, Ph. D.

- Assisted with program development of a new counseling center
- Provided individual, couples, and group therapy to a variety of students
- Coordinated campus-wide Stress Management Day
- Conducted outreach activities: time-management; self-care, and healthy relationships topics
- Consulted with faculty and administration regarding specific student issues
- Consulted with medical professionals as needed

Outpatient Counselor

May, 2005 – May, 2006

The Christian Counseling Center, Western Springs, Illinois

Director of Counseling Center: Ed McHugh, MSW

- Provided individual, family, and couple therapy to clients from a variety of ages/economic backgrounds
- Assessed students in crisis to make appropriate referrals
- Consulted with professionals, medical staff, and schools

Pre-doctoral Practicum Counselor

August, 2004 – May, 2006

Wheaton College Counseling Center, Wheaton, Illinois

Supervisors: Kristen McKnight, Ph.D. & Donald Ferrell, Ph. D.

- Provided individual, couples, and group therapy to college students including students from a variety of economic backgrounds, and students with disabilities and chronic medical conditions
- Provided semi-structured group therapy: Healthy Relationships
- Prepared case presentations for group supervision
- Consulted with physicians and health professionals as needed

Pre-doctoral Practicum Clinician

July, 2003 – July, 2004

Neurobehavioral Medicine Consultants, Carol Stream, Illinois

Supervisor: Patricia Pimental, Psy.D., ABPN

- Developed skills in administering, scoring, and interpreting various psychological tests
- Reported results of evaluation and recommendations for patients and independent review boards
- Gained familiarity with a range of neurological problems and disorders with a variety of populations

Outpatient Psychotherapist

July, 2000 – August, 2002

Coles County Mental Health, Mattoon, Illinois

Supervisors: Judy Latta, MA, LCPC & Howard Levine, Ph.D.

- Provided individual, group, family, and couple therapy to clients with diverse ethnic, economic, sexual, religious, and developmental backgrounds
- Developed & implemented sexual abuse survivor groups
- Assessed crises to make appropriate referrals
- Consulted with professionals, medical staff, and schools
- Conducted outreach seminars & consulted on the following:
 - After school program - Interventions in community setting for children with ADHD
 - Parent training for parents of children with ADHD
 - Child sexual abuse - Helping day care providers recognize and respond
 - Dealing with Fear when You're Home Alone - University of Illinois Safe Kids program

Child Advocate

May, 1999 – August, 1999

Coles County Mental Health, Mattoon, Illinois

Supervisor: August Supan, MSW

- Modeled and coached social skills with at-risk youth

MA Intern/Family Counselor

August, 1999 – May, 2000

KidsHelp United- Huddleston Region, Charleston, Illinois

Supervisor: Susan Taylor, MSW, LCSW

- Conducted in-home family therapy for referrals from the Department of Child and Family Services
- Initiated and facilitated group therapy for children in foster placement
- Wrote court reports including in-depth social histories
- Provided seminar: Avoiding burnout for Foster Parents

Undergraduate Internship

January, 1997 – May, 1997

Good Samaritan Ministries, Johnson City, Tennessee

Supervisor: Skip Thornton, MSW

- Conducted intake interviews and resource referrals
- Consulted with state and county assistance programs

Social Services Assistant

May, 1994 – August, 1994

Rehab Center of Jackson County, Murphysboro, Illinois

Supervisor: Deborah Brown, MSW

- Contacted residents to provide social support and social needs assessment
- Reported findings from interviews with residents to social service administrator

TEACHING EXPERIENCE**Outreach Presenter**

September, 2009 – April, 2015

Murray State University, Murray, KY

Programs included: Suicide prevention, Peer counseling training for residence assistants and other campus leaders, First Year Experience Classes – Mental Health Check-up, Time-management, Stress-management; First Year Leaders – Professionalism, Boundaries and Self-care

Adjunct Instructor

August, 2014 – October, 2014

Murray State University, Murray, KY

Course: Student Success Seminar

Adjunct Professor

January, 2006 – May, 2006

Judson College, Elgin, Illinois

Courses: Undergraduate Counseling Practicum I & II

Proficiency Instructor/Tutor

January, 2003 – May, 2006

Wheaton College Psy. D. Program

Subject: Physiological Psychology

Graduate and Teaching Assistant

January, 2003 – May, 2006

Wheaton College Psy. D. Program

Professor: Helen M. DeVries, Ph. D., Program Director

Courses: Family Therapy (MA Program), Neuropsychological Assessment I & II (Psy.D. Program),

Geropsychology I & II (Psy. D. Program)

Graduate and Teaching Assistant

August, 1998 – May, 1999

Eastern Illinois University

Professor: Genie O. Lenihan, Ph. D., Program Director

Courses: Clinical Assessment and Assessment Laboratory

COMMITTEES, OFFICES, AND LEADERSHIP

Professional Search Committees, Murray State University	May, 2011 & May, 2012
Admissions Committee, Wheaton College	January, 2005 – May, 2006
Graduate Academic Affairs Committee, Wheaton College Student Representative	January, 2005 – May, 2006
Graduate Psychology Student Association, Wheaton College President	January, 2004 – May, 2005
Graduate Psychology Student Association, Wheaton College Student Representative	August, 2002 – January, 2004
Council of Graduate Studies, Eastern Illinois University Psychology Representative	January, 1998 – May, 2000

RESEARCH EXPERIENCE

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- Kerrick, S.P.** Doctoral dissertation. Positive Coping among Wives of Male Protestant Clergy: Translating research findings to a lay audience.
- McMinn, M.R.; **Kerrick, S.P.**; Duma, S.J.; Campbell, E.R.; & Jung, J.B. (2008). Positive coping among wives of male Christian clergy. *Pastoral Psychology*, 56 (4): 445- 457.
- DeVries, H.M.; **Kerrick, S.**; Oetinger, M. (2007). Satisfaction and Regrets of Midlife Parents: A Qualitative analysis. *Journal of Adult Development*, 14 (1-2): 6 - 15.
- DeVries, H.M.; Wiens, L.J.; Fitzsimmons, R.; **Kerrick, S.P.**; & Jenkins, E. (2005, Aug). Meaning-Making as a Developmental Marker in Midlife: A narrative approach. Poster Session presented at the Annual Meeting of the American Psychological Association; Washington, DC.
- McMinn, M.R.; **Kerrick, S.P.**; Duma, S.J.; Campbell, E.R.; & Jung, J.B. (2005, Aug). Positive Coping among Wives of Male Christian Clergy. Poster Session presented at the Annual Meeting of the American Psychological Association; Washington, DC.
- McMinn, M.R.; McMinn, L.G.; Griffin, J.; Haskell, J.; **Kerrick, S.P.**; Etienne, N. (2003, June). Perceptions of Sin: Toward the Development of a Sin Awareness Scale. Poster Session presented at the annual meeting of the Christian Association for Psychological Studies (CAPS), Anaheim, CA.
- Kerrick, S.P.** (2000). Prevalence Rates and Factor Analysis of DSM-IV Specific Phobia Types. Unpublished Master's Thesis. Eastern Illinois University.
- Sapp, R. & Pierson (**Kerrick**), S. (1998). [Sex abuse, sexual behaviors, and sexual attitudes among a sample of undergraduate students]. Unpublished raw data.
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RELEVANT VOLUNTEER EXPERIENCE

Crisis Support Outreach September, 2022

Alpha Sigma Alpha Sorority

- Provided individual and group crisis intervention to Murray State students following an off-campus crisis

Crisis & Hotline Volunteer

May, 1994 – August, 1997

The Women's Center, Rape Action Committee; Carbondale, Illinois

- Maintained crisis hotline services to sexual assault survivors in university setting
- Received 40 hours of training in crisis intervention and diversity, and medical, legal, and prevention issues related to survivors of sexual assault

PROFESSIONAL MEMBERSHIP AND AFFILIATION

American Psychological Association 1999 – Present

Kentucky Psychological Association 2015 – Present

Christian Association for Psychological Studies, Graduate Student Affiliate 2002 – 2012

Center for Rural Psychology: F.A.R.M. (Frontier and Rural Ministry) 2004 – 2006