

Student's Name: _____

M#: _____

Nutrition and Foods Course Sequence

Fall Semester – Freshman (16 hours)	Completed	Spring Semester – Freshman (15 hours)	Completed
NTN 100T Transitions (1)		STA 135 Introduction to Probability and Statistics (4)	
BIO 100 Introductory Biology Laboratory (1)		MAT 140 College Algebra (4)	
CHE 105 Introductory Chemistry (4)		COM 161 Introduction to Public Speaking (3)	
ENG 105 Critical Reading, Writing, and Inquiry (4)		NTN 180 – Medical Terminology (1)	
BIO 115 The Cellular Basis of Life (3) <i>or</i> BIO 101 Biological Concepts (3)		PSY 180 General Psychology (3)	
SOC 133 Introduction to Sociology (3)			
Fall Semester – Sophomore (15 hours)	Completed	Spring Semester – Sophomore (15 hours)	Completed
University Studies – Historical Perspectives (3)		HEA 191 Personal Health (3)	
University Studies – Literary & Philosophical Perspectives (3)		NTN 200 Introduction to the Profession (1)	
EXS 200 Scholarly Writing in Exercise Science (2)		NTN 230 Nutrition (3)	
CHE 210 Brief Organic Chemistry (3)		NTN 231 Principles of Food Science and Preparation (4)	
BIO 227 Human Anatomy Lecture (2)		BIO 229 Human Physiology (3)	
BIO 228 Human Anatomy Laboratory (2)		BIO 230 Human Physiology Laboratory (1)	
Fall Semester – Junior (16 hours)	Completed	Spring Semester – Junior (15 hours)	Completed
NTN 303 Research Concepts in Foods and Nutrition (3)		NTN 330 Nutrient Metabolism (3)	
NTN 333 Nutrition Throughout the Life Cycle (3)		NTN 373 Management of Food Service Personnel and Facilities (3)	
NTN 350 Nutrition Counseling and Education (3)		University Studies – Cultural & Diverse Perspectives & Responsible Citizenship (3)	
NTN 371 Quantity Food Production Practicum (1)		Elective – 300 level or above (3)	
NTN 372 Quantity Food Production and Purchasing (3)		Elective – 300 level or above (3)	
Elective – 300 level or above (3)			
Fall Semester – Senior (13 hours)	Completed	Spring Semester – Senior (15 hours)	Completed
NTN 499 Senior Seminar (1)		NTN 412 Community Nutrition and Health (3)	
Elective – 300 level or above (3)		NTN 422 Meal Management (3)	
Elective – 300 level or above (3)		EXS 471 Organizational Management in Health Science (3)	
Elective – 300 level or above (3)		Elective – 300 level or above (3)	
Elective – 300 level or above (3)		Elective – 300 level or above (3)	

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University Studies:

Cultural & Diverse Perspectives & Responsible Citizenship

- INF 101 – Research in the Information Age (3)
- PHI 202 – Ethics (3)
- INT 204 – Appreciation of Intercultural Experiences, Food (3)
- PHI 260 – Death (3)
- NLS 290 – Community Engagement & the Nonprofit (3)
- CHN 340 – Chinese Diversity through Food (3)
- AGR 353 – World Food, Agriculture, & Society (3)

Creative Perspectives

- ART 101 – Drawing 1: Intro to Drawing (3)
- ART 105 – Studio Art for Non-Majors (3)
- ART 111 – Studio Practice (3)
- ART 112 – Studio Research (3)
- ART 113 – Digital Foundations in Art (3)
- ART 121 – Art and Visual Culture (3)
- ART 211 – Survey of Art from Antiquity to Baroque (3)
- ART 212 – Survey of Art from Enlightenment to Present (3)
- ENG 214 – Introduction to Creative Writing (3)
- HON 109 – Interdisciplinary Humanities and Fine Arts (3)
- HON 161 – Honors Seminar in Visual Arts (3)
- HON 162 – Honors Seminar in Music (3)
- HON 163 – Honors Seminar in Theatre (3)
- MUS 102 – School of Rock: History and Stylistic Development (3)
- MUS 103 – Grand Ole Tour: History of Country Music (3)
- MUS 104 – Intro to Jazz History (3)
- MUS 105 – Intro to Music History (3)
- MUS 106 – Music in Film (3)
- MUS 107 – Intro to American Musical Theatre (3)

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- MUS 108 – Journeys of Sound: Intro to World Music (3)
- THD 101 – Dance Appreciation (3)
- THD 104 – Theatrical Experience (3)

Historical Perspectives

- ARC 150 – Introduction to Archaeology (3)
- CIV 201 – World Civilizations I (3)
- CIV 202 – World Civilizations II (3)
- HON 150 – Honors Seminar in Archaeology (3)
- HON 201 – Honors Seminar in World History I (3)
- HON 202 – Honors Seminar in World History II (3)

Literary & Philosophical Perspectives

- ENG 201 – Introduction to Literature (3)
- HON 251 – Honors Seminar in Literature & Philosophy I (3)
- HUM 211 – Humanities Tradition (3)
- HUM 213 – Interdisciplinary Approaches to the Humanities (3)
- PHI 142 – Philosophy – The Big Questions (3)
- PHI 201 – Introduction to Philosophy (3)
- POL 261 – Introduction to Political Theory (3)

Suggested Electives:

- BIO 501 Immunology (3) [prerequisite: BIO 300]
- EXS 350 Exercise Physiology (3) [prerequisite: BIO 229 & BIO 230, or permission of instructor]
- EXS 351 Exercise Physiology Laboratory (2) [prerequisite: BIO 229 & BIO 230, or permission of instructor; corequisite: EXS 350]
- EXS 356 Health Promotion Programming (3) [prerequisite: EXS 101 or instructor permission]
- EXS 385 Sport and Exercise Psychology (3) [prerequisite: PSY 180]
- HCA 301 Overview of the Health Care Delivery System (3) [no prerequisites]
- HEA 302 Consumer Health (3) [will need permission from instructor]
- HEA 311 Epidemiology (3) [will need permission from instructor]
- HEA 330 Death and Dying: Issues for Caregivers (3) [will need permission from instructor]
- HEA 350 Foundations of Community Health Education (3) [will need permission from instructor]
- HEA 360 Health Education Services (3) [will need permission from instructor]
- HEA 448 Health Policy (3) [will need permission from instructor]
- HEA 458 Lifestyle and Weight Management (3) [prerequisites: NTN 230, PSY 180, and either EXS 101 or HEA 191 or SOC 133; or instructor

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permission]

- HEA 475 Health Assessment and Evaluation (3) [will need permission from instructor]
- PSY 404 Drugs, Alcohol, and Behavior (3) [prerequisite: PSY 180]
- PSY 471 Behavior Modification (3) [prerequisite: PSY 180]
- SOC 325 Sociology of Food (3) [no prerequisite]
- SOC 340 Medical Sociology (3) [no prerequisite]
- SWK 395 Substance Abuse Prevention (3) [prerequisite: junior standing]

By signing this advising sheet, you attest that you have been advised. Any unapproved deviation from your degree plan created with your advisor may delay your graduation date. Many courses have prerequisites and must be taken in the designated order. It is your responsibility to: (1) know the requirements of the degree, (2) verify information in your RACR Audit, (3) familiarize yourself with University and departmental deadlines, policies, and procedures, and (4) keep up with your grades, GPA, and progress toward the degree. You are responsible for your own academic success.

Student's Signature: _____

Date: _____

Undergraduate Degree Application Deadlines*:

March 1st for August degrees
April 1st for December degrees
November 1st for May degrees

* Payment of \$50 required to apply for graduation * Missing the deadline results in a \$20 late fee
