STUDENT AFFAIRS RESOURCES

Summer Orientation 2019

www.murraystate.edu/studentaffairs
Goals of Session

• Introduce you to services and resources
• Introduce you to staff/students who are here to assist your student
• Answer your questions
• Reduce anxiety or concerns you have
• Provide you with contact information to use once you return home
• Have fun
Division of Student Affairs

Our goals for your student are to:

- Graduate
- Get involved
- Have an international experience
- Become a part of the Racer family
Topics to be covered:

- Role of Student Affairs
- Great Beginnings
- Counseling Services
- Health Services
- Multicultural Initiatives
- Student Support Services
- Student Engagement
- Veteran Services
- Campus Safety
- Title IX
- Student Disability Services
- Racer Dining
- Residential Colleges
- Housing/Residence Life
Role of Student Affairs

• To assist you and your students
• You can always call us!
• Bottom Line: We care about your students. We want them to have a positive campus life experience, be successful academically and graduate.
Great Beginnings August 17, 2019

- Important for Residential and Commuter students
  - Transition to college life
  - Prepare for first classes
- Meet College Head and Great Beginnings Leader
- Faculty/Staff move-in assistance
- Parents only information sessions
- www.murraystate.edu/greatbeginnings
FREE COUNSELING AVAILABLE

University Counseling Center
Division of Student Affairs
C104 Oakley Applied Science Building
270.809.6851

On-call counselors available 8-3 Monday-Friday
Email: msu.counselingcenter@murraystate.edu
Website: murraystate.edu/counselingcenter
MORE FREE COUNSELING AVAILABLE

Psychological Center
Psychology Department, 401 Wells Hall
270.809.2504

On-call counselors available during business hours Monday through Friday

Counseling and assessments available throughout the year

Website: murraystate.edu/psychologicalcenter
SERVICES OFFERED

• Everything is free and confidential
• On-call counselor available to meet with walk-ins for questions or crisis intervention
• We offer individual, couples, and family sessions when appropriate
• We meet with clients biweekly during the school year
• We are closed for the month of July
ISSUES WE CAN HELP YOU WITH

• Adjusting to new situations
• Depression
• Managing stress
• Homesickness
• Anxiety, fear, nervousness
• Poor anger control
• Grief or loss
• Eating and body image issues
OTHER COMMON ISSUES

- Relationship or social issues
- Suicidal thoughts
- Family problems
- Diversity and cultural issues
- LGBT concerns
- Self-awareness and self-care
- Asperger’s Disorder
- Trauma recovery
CONFIDENTIALITY

• Discussions with counselors cannot be shared with anyone without a signed release from the student.

• This means that we cannot speak with professors, roommates, or even parents.

• In emergency situations, we may need to break confidentiality if we are concerned for the client’s safety.
Health Services

- Students will need an insurance card or pay for services
- Exploring to identify a local provider to provide discount rates for students with no insurance
- Exploring transportation options for students with no transportation
- Local options:
  - Fast Pace
  - Murray Calloway-County Hospital
  - Primary Care Medical Center
Murray State Police Department

Department Overview and Personal Safety
What Makes Our Campus Safe

• University Police Department
  ▪ 24 hour a day patrol on campus
  ▪ Rapid response times to emergencies
  ▪ Police Officers are sworn/certified by Kentucky Peace Officers

• Racer Patrol
  ▪ Student employees of Police Department
  ▪ Provide security, surveillance & safety escorts

• Murray State Police 911 Center
  ▪ 24/7 answering of emergency calls
  ▪ Certified police Dispatchers
WHAT MAKES OUR CAMPUS SAFE

Emergency Call Boxes

RacerAlert
Emergency Notification

- Text messaging
- Outdoor sirens
- All campus emails
- Social media alerts

LiveSafe Mobile App

- Chat with Police
- Report tips
- GoSafe
Keeping Campus Safe

Safety Programs

• Alcohol education
• Drug abuse
• Sexual assault
• Personal safety
• Property protection
• Fire safety and emergency procedures
• Racer Patrol escorts
• Bridging the gap
Parking Services

• Everyone must individually register their vehicle to park legally on campus
• All parking is by license plate only, this is your “Virtual Permit”
• Any vehicle driven to campus must be registered
• Each individual operating the vehicle on campus must have their own parking registration (accounts may not be shared)
• All changes to vehicles driven to campus must be updated on your parking account by you before vehicles on campus to prevent parking citations
• Review Parking Regulations at www.murraystate.edu/parking
• Observe all parking signs
• Questions, concerns, or issues call or email Parking Services
• Check out Murray State University Parking Office on Facebook
Title IX & PARENT Orientation
What is it? It is more than the law that increases participation by women in sports. The law is much broader. Title IX of the Education Amendments of 1972 (Title IX), 20 U.S.C. §§ 1681 et seq., prohibits discrimination on the basis of sex in education programs or activities operated by recipients of Federal financial assistance.

Why must MSU comply? As a recipient of Federal financial assistance, MSU is required by Title IX to ensure that all of its education programs and activities are free from discrimination on the basis of sex. Non-compliance could mean the loss of federal funding (Student Financial Aid, Grants, etc.)
Title IX: Project RACERS

Resources – Resources available to the university community are provided for students (See information on back of handout)

Advocacy – The Women’s Center, Parents and members of the university community may advocate for those experiencing sexual assault, sexual harassment, relationship violence or sexual misconduct

Consent – Members of the University community understand that consent is necessary

Education – There are some educational components offered to the university community (General Alcohol Education, Campus Climate Survey regarding alcohol and General Title IX Training using Canvas®)

Reporting – All allegations of sexual assault, sexual misconduct, relationship violence and stalking should be reported to the Title IX Coordinator, Ms. Camisha Duffy, 270.809.3155.

Safety – Universities around the country are also required to distribute timely warning notices about alleged crimes on or near the university campus. Download a key safety tool, the LiveSafe app. (See handout for sample)
Our general Alcohol Education online course provides a college-level alcohol education program aimed at educating students about alcohol and its effects on the mind and body. Whether or not they drink, the programming empowers students to make well-informed decisions and better cope with the drinking behavior of peers. All data collected is anonymous and cannot be tied to a single user. The aggregated data collected will be used to inform our alcohol and sexual violence prevention education. First year students will receive an email in late July or August inviting them to begin and complete their online Alcohol Education course.

Project R.A.C.E.R.S. is an on-line program is designed to help prevent sexual violence, stalking and relationship violence. The program provides general information about Title IX, reporting and campus resources available. Students and the entire university community at MSU will receive an email in late July or August inviting them to begin and complete their annual Title IX training.
Our Title IX Coordinator

- Camisha Pierce Duffy, Executive Director of the Office of Institutional Diversity, Equity and Access (IDEA)
- Oversees Title IX complaints and investigations to provide equitable resolutions
- Assisted by Deputy Title IX Coordinators & Investigators, Blaire Bushart and Hannah Carroll
- Help the university deter gender-based discrimination
- Talk with us if you learn of sexual harassment, sexual violence, sexual misconduct, stalking or relationship violence
- Grievance procedures online: www.murraystate.edu/titleix
- Contact: 270.809.3155 or msu.titleix@murraystate.edu
Office of Student Disability Services

Mission Statement:

The Office of Student Disability Services is committed to promoting the full participation of students with disabilities in all areas of university life. The Office of Student Disability Services works with MSU faculty and staff to provide equal access to University resources, academics, programs and activities for students with disabilities.
Students WE Serve:

The Office of Student Disability Services provides accommodations and academic support services to students with disabilities. These disabilities include cognitive (i.e. learning disabilities, attention deficit disorders, and traumatic brain injuries), psychological disorders, seizure disorders, autism spectrum disorders, sensory, mobility, or other physical or other chronic health impairments. The SDS office also works with students with temporary disabilities.
The Office of Student Disability Services coordinates and administers accommodations and enhanced academic support services for students with documented disabilities. To receive services and accommodations a student must:

- Be registered with the office.
- Provide Current Documentation of disability (no more than three years old).
- Contact the Office of Student Disability Services to arrange a meeting/intake with a staff member to request accommodations.
Accommodations:

All accommodations are based on each student’s documented disability. Accommodations may include, but are not limited to:

• Extended testing time
• Distraction-reduced testing environment
• Textbooks in alternate format
• Classroom accommodations
• Housing and parking accommodations (main campus)
• Meal plan accommodations (main campus)
Other Support Services (Main Campus Only):

• Project PASS (Program for Achieving Student Success) is an enhanced academic support program for new freshman. This program offers a more comprehensive level of academic support for 50 incoming freshmen each fall semester. Project PASS includes the following areas of enhanced support: scheduling assistance during summer orientation, an early move-in program, specialized support classes, and mentoring services.

• Mentoring/tutoring services $15/hour

There are no fees for Project PASS except for the early move in program & Project Mentor.
Residential Colleges

Clark College  Hart College
Regents College  Springer-Franklin College
Elizabeth College  Hester College
Richmond College  White College
Residential Colleges

What are Residential Colleges?

• NOT “dorms”
• They are living and learning communities for **ALL** of our students.

Why do we have Residential Colleges?

• Sense of belonging; Making connections
• Smaller communities within the larger campus
Residential Colleges

- More opportunity to develop leadership skills
- More opportunity to participate in intramurals
- More opportunity to connect with faculty and other students
- Each College has a Faculty Head who is a senior member of the faculty with an office in their respective residential college
The mission of the Office of Multicultural Initiatives, Student Leadership & Inclusive Excellence is to advocate and encourage a campus environment that embraces diversity and helps students grow personally and academically. Our programs and services are designed to address the leadership development, cultural competency, curricular and co-curricular needs of our multicultural student population, to help them adjust to campus life and enjoy a successful college career. The Office seeks to enhance the retention, success, and graduation rates for multicultural students at Murray State University.
Office of Multicultural Initiatives, Student Leadership & Inclusive Excellence

Emerging Scholars Institute (ESI)

Diversity Scholars Program

Special Clubs/Interest Groups

Community Outreach

Conferences/Symposiums
Office of Multicultural Initiatives, Student Leadership & Inclusive Excellence

DIVERSITY PLEDGE
“ENTER THIS COMMUNITY UNDERSTANDING THAT YOU WILL BE CHANGED BY HAVING BEEN HERE.”

Each person who accepts membership in the university community must realize that membership obligates him or her, regardless of roles and responsibilities, to commit to and practice several basic principles of diversity:

1. Accepting one another.
2. Learning from one another.
3. Creating an atmosphere of positive engagement.
Housing and Residence Life

Students who live on campus at least 2 years are more likely to:
• Complete their collegiate goals.
• Get to know a faculty member outside the classroom.
• Get involved on campus.
• Enjoy the college experience.
Housing and Residence Life

• We have an online housing application process. Information is in your Summer O app on how to apply or on the website at murraystate.edu/housing.

• Students will receive an email in their Murray State email account with instructions on how to see their housing assignment.
Commuting from home?

Please complete the proper paperwork to avoid a housing charge on your account.

Staff is available to help you with this today.
Housing and Residence Life

Need info?

• Please visit murraystate.edu/housing. For frequently asked questions and housing disability information.

• There will also be info tables in the Curris Center today between 4:30 and 6:00. We will be available with information and help during this time.
MEAL PLANS

All Access and All Access Premium plans allow unlimited access to Winslow Dining Hall.

MEAL PLAN

<table>
<thead>
<tr>
<th>PLAN TYPE</th>
<th>MEAL TYPE</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNLIMITED</td>
<td>$770</td>
<td>$37,992</td>
</tr>
<tr>
<td>150 Dining Hall</td>
<td>$750</td>
<td>$32,080</td>
</tr>
<tr>
<td>175 block</td>
<td>$450</td>
<td>$19,993</td>
</tr>
<tr>
<td>175 Flex Plan</td>
<td>$520</td>
<td>$27,906</td>
</tr>
<tr>
<td>175 Flex Plan</td>
<td>$480</td>
<td>$24,852</td>
</tr>
</tbody>
</table>

HOW TO CHOOSE YOUR MEAL PLAN

MEAL EXCHANGES: All Access and All Access Premium plans include all meals and exchange options. Exchange value at Winslow Dining Hall.

FLEX PLAN: (All All Access and All Access Premium plans are flexible and include a $300 plan fee in addition to the price listed.)

<table>
<thead>
<tr>
<th>PLAN TYPE</th>
<th>FLEX</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dining</td>
<td>$100</td>
<td>$290</td>
</tr>
<tr>
<td>Other</td>
<td>$500</td>
<td>$595</td>
</tr>
<tr>
<td>Flex</td>
<td>$1,820</td>
<td>$1,850</td>
</tr>
<tr>
<td>Premium</td>
<td>$2,120</td>
<td>$2,150</td>
</tr>
</tbody>
</table>

MEALS: All Access and All Access Premium plans include dining hall access and a variety of food options that are sure to satisfy any appetite.

Winslow Dining Hall is our all-you-care-to-eat dining location located in the residential college circle.
WHERE TO EAT

- Winslow Dining Hall is our all you care to eat dining location.

- Current retail locations include the Thoroughbred Room, Market ’22, Curris Café, Business Express, and Fast Track.

- All locations accept Flex dollars as well as cash, credit or debit card.

- Several new retail operations will be opening in the coming months.
WHERE TO EAT – Fall 2019 and Spring 2020
**HEALTH AND WELLNESS**

Simple Servings is our allergen-free station at Winslow, offering freshly prepared foods free of milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and gluten.

The Bite by Sodexo app displays all menus and information on the items served at Winslow and the T-Room. It can even sync with your MyFitnessPal or FitBit account to help you track your nutritional intake! Available on the Apple App store and the Google Play store.
SUSTAINABILITY

• Implementation of reusable to go container system
• Locally grown produce
• Monitoring waste through portion control
• Recycling
• Trayless dining
DINING EVENTS ON CAMPUS

Chinese New Year
Harvest Dinner
End of the Year Cook Out

Multicultural Night
Almost Midnight Breakfast
• We employ 125+ students

• Opportunity to gain culinary, hospitality, customer service, and management experience

• Free meals during shifts worked

• Starting pay above minimum wage and incentive raises for returning student workers

• Text RacerJobs to 82257 to apply!
GET TO KNOW YOUR DINING TEAM!

JIM HALCOMBE  
General Manager  
Jim.Halcombe@Sodexo.com

SONYA LASATER  
Operations Manager  
Sonya.Lasater@Sodexo.com

KELLY BUCKINGHAM  
Retail Manager  
Kelly.Buckingham@Sodexo.com

LISA POTTER  
Resident Manager  
Lisa.Potter@Sodexo.com

ED SOTO  
Executive Chef  
Edward.Soto@Sodexo.com
THANKS!

racerdining
MurrayStateDining
racerdining

racerdining.sodexomyway.com
Dining Services and Racer Hospitality

Additional Information - murraystate.edu/dining
- Menus for Thoroughbred Room, Winslow, Stampede and Pony Express
- Student Employment Information
- Nutrition Information and Contacts
- Contact Information for Dining & Racer Hospitality Management
- Catering Services
- Electronic Comment Cards for Both Students and Parents
- Upcoming Special Events Plus Photos and Information on Past Events
- Racer Care Packages
What is student support services?

• Student Support Services (SSS) is a federally funded program from the U.S. Department of Education. We provide intensive services for low-income, first-generation students as well as students with disabilities. All students must possess an academic need. Services are absolutely FREE to the student, however they must qualify.

• For more information please contact:

  MeLissa Cooper, Director
  261 Blackburn Science Building
  mcooper@murraystate.edu
  270.809.4510
What can SSS offer your student?

• Free Tutoring
• Free Printing
• Academic Advising
• Financial Aid Guidance
• GUI Series Support Courses
• Computer Lab
• Grant Aid/Scholarships
STUDENT ENGAGEMENT AND SUCCESS

• Student Success…. Our number one goal!
• If students need help and they don’t know where to start, start with us. We can help with:
  – Successful transitions
  – Time management and study habits
  – Campus involvement
  – Connects with faculty and support offices
  – And much, much more!
STUDENT ENGAGEMENT AND SUCCESS

The office is also responsible for

- The Great Beginnings Leader (GBL) program where current students help new students make successful transitions to campus in the fall. New students will be connected with a GBL after move-in. The GBL will help students be a part of Great Beginnings.

- Partnering with Student Affairs to host Family Weekend where parents and family can spend a weekend with their student and enjoy many activities including lunch and a football game. Go to www.murraystate.edu/family for more information.

- Publish the e-newsletter for parents and family. Go to www.murraystate.edu/family to sign-up for the newsletter.

- Advising undeclared majors and supporting these students as they explore opportunities and make an educated decision about a major.

Staff: Peggy Whaley, Director and Kate Johnson, Coordinator
Website: www.murraystate.edu/success
Email: msu.success@murraystate.edu
Phone: 270.809.2274 or 5344
Office: 425 Wells Hall
OFFICE OF VETERAN AND MILITARY STUDENT SUCCESS

Leanna McClure M.S
VA Certification Specialist and School Certifying Official
270.809.4677
llinmcclure@murraystate.edu

General Office contact
270.809.3754
msu.va@murraystate.edu

Helpful Links
VA Education Benefits –
https://www.benefits.va.gov/gibill
To Apply for VA Education Benefits-
https://www.vets.gov
Kentucky Tuition Waiver -
MURRAY, KY

FRIENDLIEST SMALL TOWN IN AMERICA

RAND McNALLY ★ USA TODAY
Safe Communities America

• 23 designated communities in the US/278 worldwide
• Only public university designated in the world
• Designated based on data and evaluation to promote safety and health and to prevent injury
• Determines what areas of safety and health are in greatest need of attention and to focus on those
• Committed to a process of continuous improvement
• Save lives, improve health and reduce injuries
Here to help – Just ASK

Don Robertson, Vice President for Student Affairs

Wells Hall, Room 425

270.809.6831 Toll free: 1.800.909.1507

Email: drobertson@murraystate.edu
Power Point Slides on website: www.murraystate.edu/studentaffairs

Questions?