

September EAP Webinar

Sponsored by: Wayne Corporation
Employee Assistance Program (EAP)

Navigating Divorce

Accessible in September 2022

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Whether you're considering a divorce, or it has already been initiated, this webinar will provide the tools you need to navigate the process with the least amount of stress and conflict possible.

We will explore areas including effective communication, navigating the logistical and emotional aspects of divorce, understanding and managing stages of grief, building resilience, and planning for the next chapter.

